

For the Love of Learning



University-quality, non-credit classes for members ages 50+







lifelonglearning.asu.edu

Class Offerings



OLLI at ASU Zoom Classes Zoom link provided at time of registration

Please utilize the calendar on pages 25-26 to track the classes you are interested in signing up for to avoid double-booking yourself (selecting classes that take place simultaneously) at the time of registration.

Our Mission

The mission of OLLI at ASU is to provide learning experiences and a community where adults ages 50+ engage in non-credit, university-quality classes, member-driven programs, campus-based learning opportunities, and pathways to public service.

Our Vision

As an exemplar of global best practices for innovative lifelong learning, OLLI at ASU creates multiple intentional pathways for transformative connections and learning, inside and outside of its community of learners.

Our Values

Active Participation, Community Commitment, Access and Inclusion, Sustainable Foundations, Trust and Respect, Intentional Innovation, and Empathetic Service

Policies

Refund Policy

Membership fees are nonrefundable. Class fees are non-refundable, except in the event a class is canceled. Refunds are not available in instances of double-booking (selecting classes that take place simultaneously).

Student Member Code of Conduct

Agreeing to the terms and conditions of the OLLI at ASU Student Member Code of Conduct is mandatory to become an OLLI at ASU member. To read the Student Member Code of Conduct, visit lifelonglearning.asu.edu/membercodeofconduct.

Important Class Updates

All OLLI at ASU classes for the Spring 2022 Semester have been moved to Zoom.

Due to heightening concerns about the COVID-19 pandemic that results in risks for our members, we must balance considerations about how to provide the widest possible sense of community with the safety of our staff, instructors, members, loved ones, friends, and caregivers.

The decision to move in-person classes online was reached based on an influx of responses we received from the OLLI at ASU community to the OLLI at ASU Spring 2022 COVID-19 Survey about learning modality preferences, which leaned heavily towards online classes. The good news: Now you can take as many classes as you like from anywhere you have access to internet!

Your OLLI at ASU staff will continue to offer Learning Enrichment Groups, Member Moderator opportunities, and Social Circle Gatherings all on Zoom, while working to build other opportunities for members to connect, share, and grow together!

Registration

Visit our website **lifelonglearning.asu.edu/registration** to register online!

Great news: OLLI at ASU staff are able to take credit card payments over the phone. Staff will still be unable to accept checks/cash by mail in Spring 2022.

\$20 Spring Semester Membership Fee

A one-time, per-semester membership fee entitles you to register and take as many classes as you wish.

Anyone 50+ can become a member! You become a member and pay membership fees at the time you register for classes each semester.

+ Class Fees

Classes cost \$14/session and run between 1-6 sessions.

Important Note

Registration and payment for membership and class fees is per-person, not per-household.

Your membership and class fees support our budget, and contribute to providing an accurate numerical representation of our community.

From the Director



Dear OLLI at ASU community,

Selah. I focused upon that ancient Hebrew word during my message to you last spring. It was the height of the pandemic, and I mentioned how selah reminds us of the importance of pause. The ancients had it right. We all need selah – a life pause that invites us into deeper reflection, deeper connectivity, and deeper revelation. The pandemic gave us selah – we had no choice but to break away, reinterpret, and reground.

And now, anchored with our new wisdom, we move on – as individuals and as an OLLI. We both have a deeper and sharper sense of calling than ever before. For all of its disruption, the pandemic

has catalyzed us. To never take things for granted, and to more intentionally dwell upon the things that matter. We each are awakening into a new spirit, a new raison d'etre.

One thing we all learned so clearly from the pandemic is that humans need connectivity and purpose. This is no surprise to scientists who study aging. In all national and international studies of human longevity, social connectivity is the most powerful predictor of long life. Negative influencers – such as smoking, poor eating habits, obesity, or alcohol abuse – do not even come close to damaging the lifespan as does dwindling social connectivity.

And then there is sense of purpose. The same powerful influence on successful aging. The Yale study discovered that reflective, purpose-driven people lived 7.5 years longer. To make a long scientific story short, scientists have proven that socially connected, "filled with purpose" older adults not only live longer, but are substantially healthier no matter how you measure "health."

So, what does all of this have to do with your OLLI at ASU community? We must move forward to surround this emerging wisdom with action. I am thrilled to announce that a newly formed OLLI at ASU Advisory Committee is working diligently to bring learning, connection, and purpose all together in innovative ways as part of the OLLI at ASU experience.

You will be hearing from the OLLI at ASU Advisory Committee regularly through the ideation process, as they work arm-in-arm with the staff to design a new OLLI at ASU that maintains the rigor of our class offerings, yet also unleashes amazing new post-pandemic ventures to re-build community and offer pathways to purpose. There is a new future for your OLLI at ASU, and it will be exhilarating to experience.

This spring, we are also thrilled to announce that we are beginning a cautious, carefully calculated (with safety in mind) return to the classroom. Over one-third of our offerings this spring will be in the classroom! And, we are delighted to announce our new hub at the ASU Health Futures Center. This new ASU building, with state-of-art learning centers and technologies, is where Mayo and ASU faculty from diverse disciplines work together to push the frontiers of knowledge forward in health and medicine. As our programming unfolds there in the coming years, you will find an intriguing array of classes and events on the very health-related things I discussed above, as well as on breaking news in medicine.

Financially, as a direct result of your donations, OLLI at ASU has survived through the ravages of the pandemic. We are grateful the results of this past year's fundraising campaign which netted \$85,232 with 26% of you participating! We couldn't have done it without you!

And, I do not want to let this moment slip by without a thunderous applause for Abby Baker, who is departing us – and destined toward tremendous accomplishments as she continues to pursue her "close-to-heart" caring for others in her new small business. Through her leadership, she navigated our OLLI at ASU well and has created a sense of FamOLLI. Please join all the staff in sending our heartfelt love and appreciation for all Abby has done in service to our community!

Keep Learning! Keep Growing! Keep Serving!

Richard C. Knopf, PhD, Director

Osher Lifelong Learning Institute at ASU

ashington St.

Romeo and Juliet: Studio to Stage

PART I: Studio

Wednesday, Feb. 2 10:30 a.m.

Ballet Arizona Studio

the curtain into the world of aret dancers. See the latest evolution of this 400 year old art form and learn about the process of how dance is shared, practiced, and perfected. Afterward, engage in discussion with staff and professional artists and enjoy a tour of Ballet Arizona's state-of-the-art facility. Please plan to arrive at the studios at 10:15 a.m. to allow ample time

PART II: Stage Saturday, Feb. 12

for preparations and seating.

Curtain at 2:00 p.m. Phoenix Symphon

ir dancers a week later and see them Tull production of lb Andersen's "Romeo and Juliet." Set in 16th century Verona, Romeo and Juliet chronicles Shakespeare's tale of two passionate teenagers from great families on opposing sides of a bitter feud. With its sweepingly regal ballroom scenes, vivacious swordplay and poignant pas de deux, lb Andersen's production is a visual tour de force. Post-performance, join us for a chat with some of our artists and a brief backstage tour of the theatre.

DEADLINE TO REGISTER: Monday, January 27

Instructor: Claire Schmaltz

Series Cost: \$70 - includes Part I and Part II, and

> OLLI at ASU member's theatre ticket. Tickets are non-exchangeable and valid for

this performance only. No refunds.

Eligibility:

Exclusively for OLLI at ASU

members.

Limited to 50 OLLI at ASU

Capacity: members.

BALLET ARIZONA

IB ANDERSEN ARTISTIC DIRECTOR

DEADLINE TO REGISTER: Monday, April 18

Claire Schmaltz Instructor:

Series Cost: \$70 - includes Part I and Part II, and

> OLLI at ASU member's theatre ticket. Tickets are non-exchangeable and valid for

this performance only. No refunds.

Eligibility:

Exclusively for OLLI at ASU

members.

Capacity: Limited to 50 OLLI at ASU

members.

Juan Gabriel: Studio to Stage

PART I: Studio

Wednesday, Apr. 27 10:30 a.m.

Ballet Arizona Studies

elling the curtain into the world of allet dancers. See the latest evolution of this 400 year old art form and learn about the process of how dance is shared, practiced, and perfected. Afterward, engage in discussion with staff and professional artists and enjoy a tour of Ballet Arizona's state-of-the-art facility. Please plan to arrive at the studios at 10:15 a.m. to allow ample time for preparations and seating.

PART II: Stage Saturday, May 7

Curtain at 2:00 p.m. Phoenix Symphony Hall 75

Reconnect with every ice or ib Andersen's "Juan Gabriel" perfor in the ... while pared world premiere pays homage to the legendary performer and music of Mexican singer and songwriter Juan Gabriel who captured the hearts of millions worldwide and whose works have transcended generations. Post-performance, join us for a chat with some of our artists and a brief backstage tour of the theatre.

Classes on Zoom

Spring 2022 Semester Jan. 24 - Apr. 27

Monday

001 | Transforming Junk to Treasure: **Upcycling Junk Mail Into Jewelry**

Instructor: Shari Keith (she/her) 2 sessions: Mondays, Jan. 24, 31 10:00 - 11:30 a.m. | Zoom Classroom Cost \$28

We all receive lots of unwanted catalogs in the mail. When you think about all of the resources that are consumed in the production of a catalog from the design phase to the printing, paper, transportation, and home delivery, it seems a shame to discard them. In this class, we will look at catalogs a little bit differently with an eye toward appreciating how we can utilize their colors and papers as an art material to create a funky necklace. Please note: This class will be making decorative embeleshments to accomodate members on Zoom.

002 | "What Did You Say?": A Few Good Reasons to Take Hearing Loss Seriously

Instructor: Dr. Kristin Samuelson (she/her)

1 session: Monday, Jan. 24

noon - 1:30 p.m. | Zoom Classroom

Did you know that hearing loss is a modifiable risk factor for dementia? There are approximately 37 million Americans with measurable hearing loss, and another estimated 26 million who may have "hidden hearing loss" - a normal audiogram but difficulty hearing in noisy situations. Yet, even with today's advanced technology, only a fraction of these individuals choose to seek treatment. In this class, we will explore the myths and misinformation that surround hearing loss and hearing aids. Come and learn about the importance of good, evidence-based hearing healthcare and how it can improve your quality of life.

003 | Food, Music, and Memory

Instructor: Dr. Larry Edmonds (he/him), **Professor Emeritus**

Cost \$56

4 sessions: Mondays, Feb. 7, 14-21 11:00 a.m. - 12:30 p.m. | Sand

as nave tasted a food item, smelled At one time aking, or heard a piece of music that has taken us (namally) back to a past experience. This discussion

based class addresses how food and music affect our memories.

004 | The Art of Giving Support: **Hidden Opportunities for Interpersonal** Connections

Instructor: Dr. Masumi lida (she/her) **Cost \$42** 3 sessions: Mondays, Mar. 7, 14, 21

noon - 1:30 p.m. | Sands Bldg. Classroom

Have you ever had an every end w well-meaning words or actions release has face? Do you want to better support your lovel ones of gatheir challenging times? In this experiential class, you want to better support your loved one (and others) in * Tice : Do you want to better support the most effective ways. You will learn your personal support styles and patterns, and we will discuss the science behind social support and how we apply it in our daily lives. You will also learn the keys to becoming an empowering support provider!

005 | Brain Health, Sensory Systems, and Memory

Instructor: Dr. Billie Enz (she/her), **Professor Emerita**

3 sessions: Mondays, Apr. 4, 11, 18 10:00 - 11:30 a.m. | Zoom Classroom

This highly interactive class offers a hands-on understanding of how we perceive the world through our senses, organs, and integrate these sensory experiences to make memories through our incredibly interconnected brain. We will focus on the senses of sound and sight and the direct correlation between sensory health and brain health. We will also feature taste and olfactory systems and reveal how deficits with these senses may reveal dementia. Lastly we will discuss the vast sense of touch and how our brain integrates all our senses to create our world view and long-term memory.

006 Living in the Past or Living in the Future?

Instructor: Dr. Larry Edmonds (he/him) **Professor Emeritus**

Cost \$56

Cost \$28

Cost \$42

4 sessions: Mondays A . . 4,

11:00 a.m - 12.30

ds Bldg. Classroom 213

Many of us aream about going back and living in the past, perhaps to remedy a mistake we made or to capture a missed opportunity when we were younger. Others of us imagine living in the future to see how our world evolves (or devolves) and to find out how we or our children, grandchildren, neighbors, or friends turned out. This class brings together attendee desires and/or perceptions of what things might be like for them if they could return to the past or advance to the future.

007 | Understanding Sex Offenders: **Deviance, Motivations, and Offense** Cvcles

Instructor: Dr. Rebecca Loftus (she/her) 2 sessions: Mondays, Apr. 4, 11

noon - 1:30 p.m. | Zoom Classroom

It is not uncommon to hear about sex crimes on the news, but what is less known is why people sexually violate others. This class will examine the sex offender cycle of offending, which helps explain how people veer into the world of sexual deviancy, from negative thought processes to development of deviant fantasies, to offending, and all the ways offenders justify continued offending. This class comes with a warning: sexuality is discussed very frankly, and the instructor uses terminology most people would not generally use in polite conversation.

008 | It Didn't Start on January 6: Conspiracy Theories in American **History**

Instructor: Steven Cooper (he/him)

Cost \$14

1 session: Monday, Apr. 25

noon - 1:30 p.m. | Zoom Classroom

This class will look at the continual presence of conspiracy theories that have been utilized by various groups to explain events in American history and/or to justify actions in response to historic trends and events. We will focus on several of the major conspiracy theories of the 19th and 20th centuries such as those targeting Freemasons, Catholics and Abolitionists, the Red Scare during WWI, Lindbergh and his acolytes in the 1930s, McCarthyism, the Kennedy Assassination, 9/11, and the "Death Panels" relating to Obamacare. This class will also focus on how social media has fostered the ability of conspiracy theories to spread and mutate.

Wednesday

009 | River Cruising: Riding the Wave to **Fascinating Destinations**

Instructor: Dan Fellner (he/him) 3 sessions: Wednesdays, Feb. 9, 16, 23

Cost \$42 1:30 - 3:00 p.m. | Zoom Classroom

Have you considered taking the plunge into one of the fastest growing segments of the cruise industry? River cruising is an enriching and luxurious way to learn about unique cultures and visit exotic locales. This class will discuss some of the pros and cons of river cruising and how it compares to traditional ocean cruises. Take a fast-paced and highly visual tour of several river-cruise itineraries and perhaps get some ideas for your next vacation.

010 | Self-Disclosure, Meeting New People, and Building Relationships

Instructor: Dr. Larry Edmonds (he/him), **Cost \$56 Professor Emeritus**

4 sessions: Wednesdays, Mar. 9, 16, 22, 30 1:00 - 2:30 p.m. | Sands Bldg, 245, 0, 1 1:00 - 2:30 p.m. | Sands Bldg. 2 15

n, we begin to determine When y ay with a we think we might want to enter into a the indehin, romantic, and even at interviews for jobs, relation banking relationships, and others) with that person. But how do we do that? This class applies an "onion" metaphor to illustrate "self-disclosure" and how we determine whether to enter into that relationship or to move on without that relationship.

011 | The Fundamentals of Drawing with Charcoal

Instructor: Allen Reamer (he/him) Cost \$28 2 sessions: Wednesdays, Mar. 23, 30 10:00 a.m. - noon | Zoom Classroom

Have you ever had a desire to draw but thought you did not have the skills for it? That is because no one ever taught you the two techniques to draw a straight line. In this class you will learn skills and techniques to draw specific fundamental lines and shapes. You will also learn how to draw, shade, and blend each shape with charcoal. This class is for beginner drawers who would like to engage in step by step learning.

012 | Painting Arizona Sunsets with Color and Composition

Instructor: Allen Reamer (he/him) 2 sessions: Wednesdays, Mar. 23, 30 1:30 - 3:00 p.m. | Zoom Classroom

Cost \$28

Arizona sunsets are a sight to behold. In this class, you will be able to become an artist by producing southwest sunset paintings with color and composition. With the help of the instructor these paintings will become easy to paint.

013 | Useful, Everyday **Conversational Spanish**

Instructor: Susan Roemer (she/her) 4 sessions: Wednesdays, Apr. 6, 13, 20, 27 10:00 - 11:30 a.m. | Zoom Classroom

Cost \$56

Have you ever been in a situation where you were unable to express yourself in Spanish and wished you had the vocabulary to do so? This class will give you four scenarios in which you will practice what to say as a greeting; when eating out; doing the yardwork; and cleaning the house. You will learn correct pronunciation in Spanish with the author's "Phonetic Transcription" technique which uses the letters of the English alphabet to give you a visual image of what each word sounds like.

Learning Enrichment Groups (LEGs)

Current Affairs Discussion Group with Jim Stephens

The purpose of this Learning Enrichment Group is to engage with ongoing events that touch on everything from global diplomacy to public health, and other major social developments impacting the everyday lives of citizens around the world.

This LEG meets on the third Saturday of each month starting at 10:00 a.m. (MST) Jan. 16 on Zoom. Various topics will be discussed!

Discussions are drawn from selected topics in the Great Decisions 2021 Edition. Also included are topics relevant to the members including speeches, articles, and books. Great Decisions 2021 can be purchased online or call 800.477.5836. To gain the most from the sessions, it is strongly encouraged that all members be prepared to share their perspectives amongst the group.

Understanding Modern U.S. Culture with Carol Kubo-

The purpose of this LEG is to begin to uncover and understand the variety of cultural dynamics and dimensions in the U.S.

This LEG meets on the first and third Thursdays each month starting at 2:30 p.m. (MST) Jan. 20 on Zoom. We will engage with thought-provoking content to assist us in understanding and appreciating the cultural groups that live in the towns, cities, and neighborhoods we call home.

We can begin to improve our understanding of culture through exposure to different learning styles, increasing our tolerance of those who are perceived to be different, and participating in opportunities that inclusively connect and unite, from an individual to a collective. This LEG seeks to appreciate and celebrate how cultural dynamics can enhance our quality of life and increase the overall well-being of the communities we know and love.

How do I sign up?

Email us at lifelong@asu.edu, or call us at 602.543.6440, and let us know which LEG you would like to join.

Classes on Zoom | Spring 2022 Semester Jan. 24 – Apr. 14

Monday

014 | Nutrition for "Waist Management"

Instructor: Dr. Christy L. Alexon (she/her) **Cost \$14**

1 session: Monday, Jan. 24

1:00 - 2:30 p.m. | Zoom Classroom

This lecture will explore nutrition concepts to help us learn how to achieve and maintain a healthy body weight, prevent unwanted weight gain with age, and identify key components of healthy eating for optimal health and wellness.

015 | The History of Valentine's Day

Instructor: Ken Sorensen (he/him) **Cost \$14**

1 session: Monday, Feb. 14

1:00 - 2:30 p.m. | Zoom Classroom

All of our holidays have interesting backgrounds and traditions about their origins. Valentine's Day is no exception. Come and hear the stories as they wind through ancient Greece, Rome, and Ireland and hear about how the Catholic Church was involved. What happened in the Middle Ages that impacted Valentine's Day? Expressions of love throughout time have helped us all understand how important that emotion is in our lives. Even today we have choices of Hallmark movies and the Hall Brothers are a part of the long traditions of that holiday. Flower shops benefit greatly from that holiday.

016 The Case of the Indian Necklace

Instructor: Jan Krulick-Belin (she/her) Cost \$14

1 session: Monday, Apr. 4

10:30 a.m. - noon | Zoom Classroom

Do you ever wonder who owned that antique piece of jewelry of yours before you got it? Jewels have the ability to time travel, but unfortunately, their stories often don't travel with them. By focusing on one necklace from my own collection, I will illustrate the layers of research and information gathering that go into "knowing" that one object and learning about its past lives. The object in question – an 1840 gold and painted miniature necklace from India.



017 The Wonderful World of Salads

Instructor: Larry Canepa (he/him) Cost \$14

1 session: Wednesday, Jan. 26 10:30 a.m. - noon | Zoom Classroom

Have you ever noticed that any time you order salad at a restaurant, it has a way of tasting a little more special than the ones you whip up at home? There's something about the crunch, the zip of the dressing and the full flavor that permeates every bite. But when you recreate it at home, even with what you'd think are the same ingredients, it falls flat. Take a peek behind the kitchen door with us, and you will be making better versions at home in no time.

018 | Art and Architecture: **Early Christian to Romanesque**

Instructor: Allen Reamer (he/him) 1 session: Wednesday, Jan. 26 1:00 - 2:30 p.m. | Zoom Classroom

Cost \$14

The visual arts flow with pools and eddies, twists and turns, from Greek, Roman, Early Christian, and Byzantine eras. Here, art divides at a symbolic geographic location. This division continues today. We will lightly touch on the Greek and Roman aesthetic to understand the future. Early Christian and Byzantine art, architecture, and historical events will be covered. Time permitting, we will follow the Romanesque flow of art and architecture.

019 Bam! Superfoods to the Rescue

Instructor: Larry Canepa (he/him) Cost \$14 1 session: Wednesday, Feb. 9 10:30 a.m. - noon | Zoom Classroom

Superfoods and super heroes come together in this fun, interactive STEAM-focused presentation of foods that are nutritional dynamos. Superfoods don't come in packages. These are whole foods, produced by nature that are extremely nutritious or beneficial to your overall health and wellness and have a combination of low calories, high fiber, high in vitamins and minerals, and inherently designed to provide super nutrition.

020 | The Phenomenon of New Atheism

Instructor: Dr. Vicki Cabot (she/her) Cost \$14 1 session: Wednesday, Mar. 16 1:00 - 2:30 p.m. | Zoom Classroom

Atheism, an absence of belief in a divine power, has gained more prominence and garnered more interest in the last two decades across the American religious landscape. This class will explore this rising phenomenon – including the growing number of NONES, Americans who do not identify with any religious tradition - looking at its place within the context of the American religious landscape and its social, cultural and political implications.

Thursday

021 | British Art: Neolithic to Modern

Instructor: Allen Reamer (he/him) Cost \$14

1 session: Thursday, Feb. 3

10:30 a.m. - noon | Zoom Classroom

In this lecture we will have an overview of the art and architecture of Britain from Neolithic tombs to Barbara Hepworth's and Henry Moore's sculpture. We will cover architectural styles and characteristics of some of the major buildings in Britain. We will also cover the major painting and sculpture styles and their characteristics plus some specific artists.

Cost \$14

Cost \$14

022 | The Urban Imagination in 19th Century Paris

Instructor: Dr. Mark Cruse (he/him)

1 session: Thursday, Feb. 24

10:30 a.m. - noon | Zoom Classroom

How did Paris acquire the appearance that it has today? We will look into the major monuments (Arc de Triomphe, Eiffel Tower, Notre-Dame, etc.) and their historical contexts. During the 19th century, in the wake of the French Revolution, developments in politics, society, engineering, hygiene, architecture, and painting led to a break with traditional urban design and to a new Parisian landscape. Under Emperor Napoleon III and Baron Haussmann, the medieval city was transformed into a modern commercial center, the working class was pushed to the margins, and new buildings and roads created the picturesque tableaux that we associate with Paris.

Please note: The date for this class has changed.

023 | The King Was a Mensch: Tracing Elvis Presley's Jewish Roots

Cost \$14 Instructor: Dan Fellner (he/him)

1 session: Thursday, Feb. 10 1:00 - 2:30 p.m. | Zoom Classroom

Locked away in a crate for several decades until its recent public unveiling, a grave marker in Memphis revealed a littleknown fact about one of America's most iconic figures of the 20th century. Yes, Elvis Presley, the King of Rock & Roll, had Jewish roots. This highly visual presentation by travel writer Dan Fellner will take you to Elvis' birthplace in Tupelo, Mississippi, and to the Graceland mansion in Memphis, to uncover the secrets of Elvis' surprising connection to Judaism. It's a fascinating glimpse into Presley's life and the multiculturalism that inspired his music.

024 | From Maccabees to Mel Brooks: A Concise History of the Jewish People (Continued)

Instructor: Dr. Stanley Mirvis (he/him)

1 session: Thursday, Mar. 10

1:00 - 2:30 p.m. | Zoom Classroom

Join us as we continue our tour of nearly 2,500 years of Jewish history from late antiquity until the establishment of the State of Israel. This highly visual two-part presentation explores the concept of diaspora in a longue durée social historical discussion of the Jewish people and their interactions with the people among whom they lived.

025 | Irish in America

Instructor: Ken Sorensen (he/him) 1 session: Thursday, Mar. 17

1:00 - 2:30 p.m. | Zoom Classroom

Cost \$14

Cost \$14

Our country has a long and varied history. Its development has been dramatically impacted by immigration from a plethora of countries. One of those countries that have had many of their people come to America is Ireland. There are many reasons, but one of the main ones was the potato blight in the 1840s. That disaster undid the lives of thousands of Irish and they migrated with the hope of survival. This presentation will talk about the Irish who have impacted our country in the following ways: politicians, sportsmen and women, movie stars, authors, and many presidents trace their lineage to Ireland. Come and hear about the impact of that country on our country.

026 | Global Threats Related to **Misinformation: A Discussion**

Instructor: Dr. Juan Mundel (he/him)

1 session: Thursday, Apr. 14

1:00 - 2:30 p.m. | Zoom Classroom

In our digital age, misinformation has become a prominent issue and threat to our national security. But what does misinformation look like outside the United States, and how have communication professionals worked to remedy it? Four ASU Hubert H. Humphrey Fellows - Mohamed Asmieu Bah, Atok Dan, Elita Dilshad Karim, Anum Hanif – will discuss misinformation in their home countries and the strategies they have used to dispel it.

"Thank you for continuing to offer classes online. It is the only safe way to conduct classes at this time."

- Anonymous, OLLI at ASU member

"I am thrilled with the opportunity to access quality educators from the comfort of my home. I have social connections and my activities are getting back to normal. Yet I want to continue my educational interests, so taking classes at home is perfect. Thank you for offering the Zoom option."

- Anonymous, OLLI at ASU member

"Given the current situation and uncertainty about COVID, I feel more comfortable with online **Zoom classes. Thank you for** continuing to offer them."

- Anonymous, OLLI at ASU member

Classes on Zoom

Spring 2022 Semester Jan. 31 - May 9

Monday

027 | Passwords and Technology Security for All **Cost \$28**

Instructor: Kevin Sebesta (he/him) 2 sessions: Mondays, Jan. 31, Feb. 7 1:00 - 2:30 p.m. | Zoom Classroom

Protecting your technology and yourself will no longer be overwhelming with the skills you will learn in this class. We will discuss passwords, logins, payments, devices, and even encryption. This class will equip you with actionable items that can keep you safer and more in control of your information. Join us and learn how to modernize your "little password book."

028 The Four Schools of Psychology

Instructor: Dr. Larry Waldman (he/him)

2 sessions: Mondays, Feb. 7, 14 10:30 a.m. - noon | Connections Pro m Room

How are behavioral and order the thickness viewed, caused, and treated? If the four schools of psychology to answe these are sorte, including the forces that always these different than the contract these different these d what we become, mental issues from these different perspectives. We will then look at the basic, underlying view of our healthcare system and what perspective your therapist should use to be most effective for you.

029 | "Trample the Weak": Attila the Hun and the Fall of the Roman Empire

Instructor: Dr. Sarah Bolmarcich (she/her) **Cost \$14** 1 session: Monday, Feb. 14 1:30 - 3:00 p.m. | Zoom Classroom

One of the Western Roman Empire's final enemies in the fifth century CE was Attila the Hun. Although the Western Empire outlasted Attila by almost 25 years, Attila exposed the Empire's weaknesses and enabled her final conquerors. Who was the man whom the Roman Empire feared? How could he, a "barbarian," make so much headway against the world's greatest empire? Why did he fail to conquer Rome and make himself Emperor? Attila's failure is one of the what-would-havebeen moments of history; what can we learn from him today?

030 | American Music, Part II: The 19th Century

Instructor: Dr. Stephen Siek (he/him), **Professor Emeritus**

Cost \$42

3 sessions: Mondays, Feb. 28, Mar. 7, 14 10:30 a.m. – noon | Zoom Classroom

Though the term "American music" often suggests images only of jazz, Broadway, country, or rock, the story is far more textured. Last semester, we began with the music of Native Americans, the Spanish, the Pilgrims, the English, and the Founding Fathers. Now, we will extend that survey into the richness of the 19th century. Songs protesting every cause from Temperance to the Civil War, the parlor songs of Stephen Foster, and a wealth of little-known symphonic works will be discussed, as well as the compositions of remarkable pianists such as Louis Moreau Gottschalk and Edward MacDowell. The class includes recorded examples and live keyboard demonstrations.

031 | The People and Physics **Behind the Atom Bomb**

Instructor: Dr. Richard Jacob (he/him). **Professor Emeritus**

Cost \$56

4 sessions: Mondays, Mar. 7, 14, 21, 28

1:00 - 2:30 p.m. | Connections Program Room

The development of the "aton so fascinating scientification of the s no is one of the most a mernational effort pursued by countries and an enversarial. We address the basic nuclear physics and bomb physics to understand what lead to the Trinity test on July 16, 1945. We visit the 24 primary actors in the process and many in the supporting cast. Time restrictions allow only coverage of events from discovery of the atomic nucleus in 1911 to the Trinity test of the "Big Boy" plutonium bomb in New Mexico. The class is designed for adults without formal science background, at the level of a college introductory class.

032 | Will Rogers: The Conscience of America

Instructor: Ken Sorensen (he/him)

Cost \$14

1 session: Monday, Apr. 4

Cost \$28

1:00 - 2:30 p.m. | Zoom Classroom

Will Rogers came from obscure beginnings out of the Oklahoma badlands, born in 1879 when the West was still wild. His formal education was sketchy, he said he "studied the Fourth Grade Reader for 10 years." He loved the outdoors, ranching, horses, and rope tricks. His eventual careers included radio personality, film actor, humorist, newspaper columnist, and social commentator. His Oklahoma twang, endearing personality and witty, yet folksy style, resonated with all Americans. He famously said "I never met a man I didn't like" and pretty much everyone believed him. Join us as we look at the life, tragic death and legacy of Will Rogers, American icon.

033 | Much Ado About Nothing: **A Merry War of Wits**

Instructor: Dr. Heather Ackerman (she/her) Cost \$28 2 sessions: Mondays, Apr. 18, 25 10:30 a.m. - noon | Zoom Classroom

Shakespeare's "Much Ado About Nothing" is arguably his best comedy, a dazzling showcase of wordplay, humor, charm, and optimism. The plot centers on a series of reversals - Beatrice and Benedick are tricked into loving each other despite mutual disdain, while Claudio is misled into believing his love is unfaithful - that call attention to how we gauge truths (hence the pun, much ado about "nothing"). It is a rich play about good conflict and better resolutions; it speaks to us in the 21st century as it explores the art of reconciliation and preconditions for joy. Our two-week seminar will focus on a close reading of the play, explicating its historical contexts, and examining its current significance.

034 | Mendelssohn's "Elijah" and Its Cultural Context

Instructor: Dr. Craig Westendorf (he/him) 3 sessions: Mondays, Apr. 25, May 2, 9 1:00 - 2:30 p.m. | Zoom Classroom

Cost \$42

Cost \$28

This oratorio, now part of our standard repertoire, actually is the product of the confluence of several currents in Western history. In addition to surveying Mendelssohn's genius, we will examine nationalism, change in theology, the Romantic movement, the choral festival, the cult of conducting, and, of course, the rise of the middle class for a deeper understanding of this magnificent work.

Tuesday

035 | The Latin American Table: A History of Food

Instructor: Dr. Glen Goodman (he/him) 2 sessions: Tuesdays, Feb. 1, 8 10:30 a.m. – noon | Zoom Classroom

Let's explore the social and cultural history of Latin America through the lens of food – its production and its consumption. From the Colombian agricultural exchange to expansive plantation complexes, we see how food affected this region's cultural formation. The rise of its "national" cuisines and identities make it a distinctive part of today's global food industry. Join us as we discover why Argentines are masters of beef, corn is the backbone of the Mexican diet, and the world's best sushi comes from Brazil. Peer into Latin America's colorful history and culture through the analytical tools of "food studies." Please note: The dates for this class have changed.

036 | A Third Helping of Chemistry in the Real World

Instructor: Dr. Kjir Hendrickson (they/them) **Cost \$56** 4 sessions: Tuesdays, Feb. 1, 8, 15, 22 1:00 - 2:30 p.m. | Zoom Classroom

If you've taken any of Dr. Hendrickson's "Chemistry in the Real World" classes, you know that chemistry is more fun, more visible, and more relevant than you ever thought it could be. Chemistry is nothing less than what happens inside and all around us. How do cells generate energy from the food we eat, and how do we use that energy as we exercise? What are scientists learning about the role of microbes in human health, and are we unintentionally creating disease and superbugs by using antibiotics to treat infection (and as prophylaxis in animal feed)? When is a health product worth using, and can we learn to separate the science from hype? The answers are rooted in "real world chemistry."

037 | The Evidence for Evolution

Instructor: Dr. Kjir Hendrickson (they/them) **Cost \$28** 2 sessions: Tuesdays, Mar. 15, 22 1:00 - 2:30 p.m. | Zoom Classroom

How can we be sure humans evolved from a branch of the Great Apes? If we evolved from apes, why are there still apes? How does one species give rise to another? Is evolution still happening? What is the "theory of evolution by natural selection," where did it come from, and how sure are scientists about it? In this class, we will look at the evidence scientists use to understand evolution, speciation, and the variety of life. In addition to examining ancient evolution, we will explore some of the ways in which humans have continued to evolve since taking our modern form, all as part of the fascinating story of how life came to be as it is on our planet today.

038 | An International Perspective: The United States Healthcare System

Instructors: Dr. Natalie Landman (she/her), **Cost \$14**

Robert Smoldt (he/him) 1 session: Tuesday, Mar. 29

10:30 a.m. – noon | Zoom Classroom

Does the U.S. have the best healthcare system in the world? The worst? Something in between? This class will analyze our country's healthcare system and compare it to other countries around the globe. As a group, we will outline practices we in the U.S. might adopt from others and, in turn, aspects of healthcare other countries could learn from the U.S. This presentation is based on a popular session given annually to all Mayo Medical School students.

039 | Christianity: The First 300 Years **Cost \$42**

Instructor: Dr. Karen Bruhn (she/her), **Professor Emerita**

3 sessions: Tuesdays, Apr. 5, 12, 19 10:30 a.m. - noon | Zoom Classroom

How did a marginalized Jewish sect that began in a forgotten corner of the Roman Empire become the "official" religion of that empire in little more than 300 years? This class will examine the early controversies, the successes, and the failures of the sect that came to be known as Christianity. What historical/cultural phenomena contributed to "orthodox" Christianity's success? What did Christian "heresy" look like, and why did these ideas become heretical? How did understandings of gender roles change? Join us as we examine the historical events, the texts, and the winners and the losers that played a role in forming one of the most influential religions the world has seen.

Wednesday

040 | The Heart of London: The Royal Academy of Arts

Instructor: Allen Reamer (he/him) 2 sessions: Wednesdays, Feb. 2, 9 10:00 a.m. - noon | Zoom Classroom **Cost \$28**

Come and enjoy viewing and discussing the work of artists found in The Royal Academy of Arts without the hassle of flying to London. The Royal Academy of Arts was established over 250 years ago, during the reign of King George III. Thirtysix artists and architects sought to "establish a society for promoting the Arts of Design." The Royal Academy of Arts, the Royal Academy Schools, and an annual art exhibition were born. We will cover a short history of the Academy, followed by a look at some of the art by past and current artist academics in the collection.

"I love OLLI at ASU. I am almost certain that you have saved my sanity during the past season."

- Anne, OLLI at ASU member



041 | World-Class Art and Design: The Victoria and Albert Museum

Instructor: Allen Reamer (he/him) 2 sessions: Wednesdays, Feb. 16, 23 10:00 a.m. – noon | Zoom Classroom

Come, view, and enjoy works found in London's Victoria and Albert Museum, the world's largest museum of decorative arts, applied arts, and design. The museum has collections from art to underwear, furniture to fashion, pottery to prints in a vast permanent collection of over 2.3 million objects that span 5,000 years of human history. Its original mission was to educate designers, manufacturers, and the public in art and design. Founded in 1852, it was later renamed after Queen Victoria and her husband Prince Albert to commemorate their role in its establishment. We begin with a brief history of the museum and continue with viewing and discussing some of its works.

042 | Creative Reading: "The Best American Short Stories 2021" Instructor: Barbara Nelson (she/her) Cost \$56

4 sessions: Wednesdays, Mar. 2, 9, 16, 23 10:30 a.m. – noon | Zoom Classroom

Join us in reading this annual anthology, an invigorating sampler of very current American literature. These 20 stories are windows on American life. They suggest both what is definitive of our contemporary culture and what transcends it. We will discuss their craft and effects while cultivating creative discovery of ourselves as readers. The 2021 guest editor, two-time National Book Award winner Jesmyn Ward ("Salvage the Bones"; "Sing, Unburied, Sing"), has selected work by well-known authors as well as some that will introduce you to new writers. This class is an excellent place to start if you are new to creative reading. Students obtain their own books in whatever format they prefer.

043 | Creative Reading: The 2021 Pulitzer Prize for Fiction

Instructor: Barbara Nelson (she/her) Cost \$14 1 session: Wednesday, Mar. 30 10:30 a.m. – noon | Zoom Classroom

In "The Night Watchman," recipient of the 2021 Pulitzer Prize for Fiction, Louise Erdrich continues her renowned Native American chronicle. This novel is based on the life of her grandfather and his role in resisting the 1953 attempt by the U.S. government to terminate the identity of the Turtle Mountain band of Chippewa. Through this historical drama runs a current of predation against Native women still resonant today. Erdrich, a member of this tribe herself, tells this epic story with authenticity and power. We will approach the novel through lecture and discussion while cultivating creative discovery of ourselves as readers. Students obtain their own books in whatever format they prefer.

Thursday

Cost \$28

044 | Delusion, Deception, and Distortion: Double-Dealings of the Brain

Instructor: Dr. Lynda Mae (she/her) 1 session: Thursday, Mar. 10 1:00 - 2:30 p.m. | Zoom Classroom Cost \$14

It can be hard to wrap our brains around the concept that the brain can fool itself. But, in fact, the brain often does just that, messing with our perceptions and/or biasing our attention, interpretation, and memory. In this engaging workshop, we will demonstrate several of these phenomena and, in the process, help raise our awareness of such vulnerabilities. Finally, we will explore how we can use this knowledge to help deflect misinformation and disinformation.

045 | The Films of Nicholas Ray

Instructor: Dr. Kevin Sandler (he/him) Cost \$70 5 sessions: Thursdays, Mar. 24, Apr. 7, 14, 21, 28 (no class Mar. 31)

10:30 a.m. - noon | Zoom Classroom

Nicholas Ray was one of the most innovative and consistently entertaining filmmakers of the post-war era of Hollywood. Despite a relatively short career and working within myriad generic confines at disparate studios, Ray managed to infuse his films with distinctive visual and thematic style and iconic results. We look at five of his films that defined the peculiar anxieties and contradictions of America in the 1950s: the film noirs "They Live By Night" (1949) and "In a Lonely Place" (1950), the western "Johnny Guitar" (1954), the melodrama "Rebel Without a Cause" (1955), and the social problem film "Bigger than Life" (1956).

046 | A Geological Narrative of Arizona and the Southwest

1:30 – 100 10 Constitutions Program Room

In this class, we will apply basic principles of earth science to investigate the rocks and landscapes of Arizona and the Southwest in order to decipher the stories they encode and to interpret the geologic history, scenery, resources, dynamic processes of change, and natural hazards of the complex and fascinating desert and mountain region we inhabit and love.



Classes on Zoom

Spring 2022 Semester Jan. 24 - May 19

Cost \$14

Beginning Week of Jan. 24

Monday

047 | Light in Art:

From the Renaissance to Now

Instructor: Dr. Deborah Robin (she/her) Cost \$28

2 sessions: Mondays, Jan. 24, 31 10:00 - 11:30 a.m. | Zoom Classroom

Throughout the history of art, light – its manipulation, its expert rendering, its natural beauty - has often been a dominant focus. This class will explore how iconic artists from Caravaggio to Monet used light to dramatic effect in their paintings; while contemporary artists like James Turrell use light itself to create art.

Tuesday

048 | Why Should I Be a Member **Moderator?**

Instructor: OLLI at ASU Staff Free 1 session: Tuesday, Jan. 25

9:30 - 11:00 a.m. | Zoom Classroom

If you have recently attended OLLI at ASU classes, you may have noticed that your class was facilitated by a Member Moderator. These are fellow OLLI at ASU members who have stepped up to serve lifelong learners in the Zoom classroom. The OLLI at ASU Member Moderator program is the perfect opportunity to connect with our amazing instructors, engage with your peers, and learn some new tech skills - all while supporting the community we love! Join an OLLI at ASU staff member and our Member Moderator Trainer, Judy Bailey, for a hands-on orientation to moderating OLLI at ASU classes and learn about the advantages of becoming a Member Moderator!

Wednesday

049 | Sharing Experience and Wisdom in East Africa

Instructor: Dr. Mary Poole (she/her) 1 session: Wednesday, Jan. 26

11:00 a.m. - 12:30 p.m. | Zoom Classroom

Join us in conversation centered on Kenya and learn with people of the Maasai Indigenous community on what connects us and to share our collective skills and wisdom. This class will introduce you to Maasailand and the people who coexist with wildlife, who seek to continue to expand friendships with people across the world while maintaining the beauty and integrity of Maasai culture. You will also learn about ASU's collaborative projects in Maasailand and ways that you can contribute!

Cost \$14

Thursday

050 | Memoir Writing Workshop: Your Life's Journeys, Part I

Instructor: Dr. Elizabeth McNeil (she/her) Cost \$84 6 sessions: Thursdays, Jan. 27, Feb. 3, 10, 17, 24, Mar. 3

10:00 a.m. - noon | Zoom Classroom

Though you are welcome to write about any of your memories, we will focus on travel in this class. Most of us treasure travel memories as deeply significant to our lives. Memoir writing can help us preserve past trips, as well as affect how we imagine, seek, and encounter new experiences, new journeys. Each week, you will read and do exercises in Beth Kephart's "Tell the Truth. Make It Matter. A Memoir Writing Workbook" and read a short sample travel memoir from "The Best American Travel Writing 2020," edited by Robert Macfarlane. You will also develop a short memoir of your own every week for us to workshop. This class is for people at any level of writing experience.

051 | State Birds of the West

Instructor: Kathe Anderson (she/her)

1 session: Thursday, Jan. 27

11:00 a.m. - 12:30 p.m. | Zoom Classroom

Focusing on the state birds of the area west of the Mississippi, this class explores the question of what a state bird should be, as well as the state nickname and some other quirky state symbols of the wilder west. Find out why the California gull is Utah's state bird, what bird is shared by at least five states, and which state also has a state raptor.

052 | Controversial Statues: Should They Stay or Should They Go? **Cost \$14**

Instructor: Dr. Kathleen Lamp (she/her) 1 session: Thursday, Jan. 27

1:00 - 2:30 p.m. | Zoom Classroom

Recent acts of racial violence led to renewed conversations about controversial monuments commemorating confederates and other colonizers. Over 150 confederate monuments have been removed in the last six years, though more than 700 remain in place. The decision to remove statues that commemorate colonial violence as well as what to do with them once removed remains fraught. Prof. Lamp, who specializes in the relationship between material culture and civic identity, will discuss the history of statues in relationship to societal values broadly from antiquity to contemporary times.

"Zoom is awesome! Even when the pandemic is over, I would enjoy taking Zoom classes. It is better for the planet and gives me more time for life!"

- Roxanne, OLLI at ASU member

053 | Dr. Chandler and Frank Lloyd Wright

Instructor: Donald Larry (he/him)
1 session: Thursday, Jan. 27
1:30 - 3:00 p.m. | Zoom Classroom

Through Poetry
Instructor: Dr. Rosemarie Dombrowski (she/her) Cost \$14

057 | Navigating Cancer and Illness

1 session: Friday, Jan. 28

Cost \$14

1:30 - 3:00 p.m. | Zoom Classroom

At the beginning of the 20th century, the industry and vision of Dr. Alexander Chandler left Arizona with a vibrant city bearing his name, and two major structures of architectural innovation. The famed collaboration and friendship of Frank Lloyd Wright furthered his architectural legacy. Through the archives of Frank Lloyd Wright we will explore the lavish drawings and potential wonder of their proposed San Marcos in the Desert, which lead to the establishment of Taliesin West in Scottsdale.

In this class, we will explore some of the clinical studies that support the myriad benefits of reflective writing for cancer patients, as well as those living with chronic illness and disability. More importantly, we will read and discuss the poetry of cancer patients, including the work of former U.S. Poet Laureate Donald Hall and former New Hampshire Poet Laureate, Jane Kenyon.

054 | Considerations of an Afterlife

Instructor: Rabbi Sheldon Moss (he/him) Cost \$28 2 sessions: Thursdays, Jan. 27, Feb. 3 1:30 – 3:00 p.m. | Zoom Classroom

This class examines notions of an afterlife across 16 world religions. Join this class to learn about the sources of spiritual and psychological comfort to address our fear of death and move us from denial into curiosity. We will trace the origins of the afterlife, agnosticism, apotheosis, finitism, immortality, resurrection, reincarnation, sublimation, Sheolism, and the world to come.

Friday

055 | Co-Creating the Age-Friendly University: Lessons Learned from OLLI at ASU Research

Instructor: Dr. Craig A. Talmage (he/him) Cost \$14

1 session: Friday, Jan. 28

11:00 a.m. - 12:30 p.m. | Zoom Classroom

The lifelong learning institute (LLI) began as an experiment in 1962 in New York City. Since then, over 400 institutes have sprung up across the globe for adults in their "third age" in life. Universities are seeking to become age-friendly, expanding beyond LLIs in their embrace of the burgeoning older adult population. Following suit, researchers are studying the impacts of age-friendly approaches. This class will showcase current research on age-friendly universities, LLIs, and their learners. Members will learn about research at OLLI at ASU and OLLIs across the United States. Members will also have a chance to help researchers interpret the implications of their research for the OLLI at ASU community.

056 | Sisters in Sorrow: The Women of Civil War Kansas

Instructor: Michelle Martin (she/her) Cost \$14 1 session: Friday, Jan. 28 11:00 a.m. – 12:30 p.m. | Zoom Classroom

Join this class to learn about the shared experiences of women who made Kansas their home from 1854-1865. The national debate over the issue of slavery spurred on waves of migration to Kansas, and women made their way to settle the Sunflower State along with their male family members. Using diaries, letters, newspaper accounts, and other first-hand accounts, we will explore the lived experiences of women amidst the violence, bloodshed, and suffering of one of the nation's most tumultuous periods of history.

Tips to Prepare for Zoom Classes

How do I join a class in Zoom?

Please keep your registration confirmation email!

Your registration confirmation email has the Zoom links for all of your upcoming OLLI at ASU class(es).

Next to each class title, you will see a link – click on the link to enter the digital classroom. If your class has multiple sessions, you'll use the same link every week the class meets.

A Zoom account isn't required to attend a class session.

- If you haven't used Zoom before, leave about 5 minutes to set it up before your first use.
- If you are planning on using a laptop or desktop, the first time you click on a link it will download a free and secure program to your computer.
- If you are planning on using a tablet or smartphone, you'll want to download the free and secure Zoom application from your application store.

What equipment do I need to get started?

Anyone can attend a class session using their laptop or desktop (Windows or Mac), tablet, or smartphone (iPhone or Android).

The following equipment will enhance your experience but is not necessary:

- Web camera: This will increase social connection by allowing people to see each other face-to-face. We love seeing your faces in class! If you do not have access to a web camera, you will still be able to see the instructor.
- Headset with a microphone: This will let you hear and be heard more clearly. Examples include earbuds (wired), over-ear headphones, Bluetooth or wireless headphones.
- Charger: Charging your device during class will ensure that you do not have an unexpected power outage interrupting your learning.

Visit **lifelonglearning.asu.edu** to learn more.

Beginning Week of Jan. 31

Wednesday

058 | Photo Sharing: Celebrating and Telling Your Story

Instructor: Celeste Soong-Tang (she/her) Cost \$14

1 session: Wednesday, Feb. 2

11:00 a.m. - 12:30 p.m. | Zoom Classroom

This follow-up class to "Photo Organization" will explore ways to share and celebrate your treasured photos, discover the joy of including journaling with your photos, learn how to manipulate videos to capture still images and edit into segments, tell your life story for posterity, and have it preserved in the Library of Congress. Examples of simple tips and tricks will be demonstrated using technology and other resources.

Thursday

059 | A Very Short Introduction to Quantum Physics

Instructor: Dr. Kjir Hendrickson (they/them) Cost \$14

1 session: Thursday, Feb. 3

11:00 a.m. - 12:30 p.m. | Zoom Classroom

Join Dr. Hendrickson (an erstwhile quantum mechanic) for a sojourn into the strange land of quantum physics. This branch of modern physics deals specifically with light and very small articles, and you will learn in this class that they behave very differently than familiar, macroscopic objects do! This is not a class in metaphysics – the philosophical examination of time and space – nor will we be dealing with quantum mechanics (the mathy, how-to side of quantum theory). Instead, we will be tourists admiring the view – no prerequisite knowledge of physics or math required!

060 | The Changing Landscape of Midlife: Historical Trends and the U.S. as an Outlier

Instructor: Dr. Frank Infurna (he/him) Cost \$14

1 session: Thursday, Feb. 3

11:00 a.m. - 12:30 p.m. | Zoom Classroom

When people think about midlife, outdated narratives typically come to mind such as the midlife crisis and empty nest syndrome. The new science of midlife tells us that midlife is a vibrant period in the lifespan filled with opportunity and societal engagement, but also challenges due to bridging younger and older generations and unprecedented financial vulnerabilities. Recent empirical evidence has documented that large segments of U.S. middle-aged adults are suffering more than in the past. This class will discuss historical changes in midlife, how this is impacting middle-aged adults' mental and physical health and discuss policy that is potentially contributing to this phenomenon.

061 | Where Healthcare Meets the Humanities: The Therapeutic Value of Poetry

Instructor: Dr. Rosemarie Dombrowski (she/her) Cost \$14

1 session: Thursday, Feb. 3

11:00 a.m. - 12:30 p.m. | Zoom Classroom

In this class, we will explore the history of poetic therapy in America and discuss the features that make poetry an ideal (and efficacious) form of augmentative therapy. We will also be addressing how poetry can potentially revolutionize the ways in which we educate future practitioners and, most importantly, the ways in which it can revolutionize patient care. Finally, we will embark on a brief therapeutic poetry exercise involving the reading and discussion of a poem and culminating in a reflective writing exercise.

062 | Diabetes Diet: Creating Your Healthy Eating Plan

Instructor: Dr. Christina Shepard (she/her) Cost \$14 1 session: Thursday, Feb. 3 1:00 – 2:30 p.m. | Zoom Classroom

Changing your eating habits can be one of the most challenging aspects of diabetes, but having diabetes shouldn't keep you from enjoying a wide variety of foods. In this lecture, Dr. Tina Shepard, Clinical Professor of Nutrition at ASU's College of Health Solutions, will share how you can count carbohydrates and plan meals to help manage diabetes. With these tips, you can still take pleasure from your meals while controlling your blood sugar.

Friday

063 | Personal Narratives for Intergenerational Justice and Climate Change Instructors: Drs. Jennifer Richter (she/her), Cost \$28

Shirley Rose (she/her) 2 sessions: Fridays, Feb. 4, 11 8:30 – 10:00 a.m. | Zoom Classroom

What are the obligations of older generations to younger ones, especially in a rapidly and unpredictably changing climate? This class will focus on introducing ideas and concrete ways of addressing climate change for those entering or already in the "third act" of their lives. You will learn concepts of intergenerational justice as related to climate change and focus on examples of intergenerational activism. The instructors will share stories of their individual and collective awareness of how climate change affects them personally and its larger effects on their communities.

Check out this Creative Giving Option!

IRA Charitable Rollover

The IRA charitable rollover, or qualified charitable distribution (QCD), is a permanent special provision allowing certain donors to make annual gifts that count toward a required minimum distribution and not be subject to income taxes on the distribution.

IRA charitable rollovers must be made by a donor age 70 1/2 or older, transferred from a traditional IRA or a Roth IRA directly to a permissible public charity (such as ASU Foundation), and cannot exceed \$100,000 per tax year.

Beginning Week of Feb. 7

Monday

064 | Early Modern Art: Dada and Surrealism

Instructor: Dr. Deborah Robin (she/her) Cost \$28 2 sessions: Mondays, Feb. 7, 14 10:30 a.m. – noon | Zoom Classroom

The Dada art movement emerged during WWI as a reaction to the absurdity and horror of war. Dada art, poetry, and performances were usually satirical and nonsensical, just like the name Dada itself. A spin-off from Dada, Surrealism uses the unconscious mind as a way to unlock the power of the imagination. The images created by the Dada and Surrealist artists can be amusing, shocking, and disturbing, but always fascinating. We will explore some of the most famous art by Marcel Duchamp, Salvador Dali, Rene Magritte, Joan Miró, Paul Klee, Giorgio de Chirico, and others. In the end you will more fully appreciate and grasp the mysterious images of these early modern artists.

065 | Building Belgrade: Architecture and the Jewish Experience

Instructor: Marcie Schoenberg Lee (she/her) Cost \$14

1 session: Monday, Feb. 7

1:00 - 2:30 p.m. | Zoom Classroom

Belgrade, located where the Sava and Danube rivers meet, is one of the oldest prehistoric inhabited cities in Europe. Through the lens of buildings from prehistoric cultures, we will explore extraordinary structures in the city and others. While exploring, we will also discuss the Jewish psyche and how the Jewish historical experience may have fueled visionary architects into innovating and elevating the art of building these extraordinary buildings.

Thursday

066 | Fortunato Film School: "Citizen Kane"

Instructor: Joe Fortunato (he/him) Cost \$28 2 sessions in the same week: Thursday, Friday, Feb. 10, 11 12:30 – 2:00 p.m. | Zoom Classroom

Want to learn how to analyze a film? Ever wondered what the big deal was about Citizen Kane? Join us for "Fortunato Film School" where ASU film professor Joe Fortunato will screen, discuss, and provide live commentary on Orson Welles' 1941 classic, "Citizen Kane" – often cited as the "greatest film of all time!" First, we will look at the background and making of the film. We will then screen the film together with live commentary provided, giving you insights into the filmmaking process, fun facts, and some guidance on how to "read" a film creatively. Think of it as a book club for film fans!

Volunteer Opportunity

OLLI at ASU is looking for volunteers!

Started in 2021, the OLLI at ASU Member Moderator program has grown into a robust community of members giving back to our program through this unique opportunity.

We are still looking for more members interested in moderating OLLI at ASU Zoom classes!

What does it entail?

Member Moderators:

- arrive in the Zoom classroom early,
- begin class with announcements (provided by us), and
- sit in on the class to assist the instructor.

Member Moderators must be able to attend all class sessions of their assigned classes.

How long does it last?

This is a short volunteer opportunity. You can choose to be a Member Moderator for just a few classes or many classes!

How do I sign up?

Email us at lifelong@asu.edu, or call us at 602.543.6440, and say you would like to become a Member Moderator.

Beginning Week of Feb. 14

Wednesday

067 | Emerging Technology Systems: Life in a Science Fiction Novel

Instructor: Dr. Braden Allenby (he/him) Cost \$28 2 sessions: Wednesdays, Feb. 16, 23 10:30 a.m. – noon | Zoom Classroom

Our world is increasingly defined by emerging technologies which, only a few years ago, were the stuff of science fiction. In this class, we will explore three emerging technologies – meat made in factories, not in cows; radical extension of human lifespan; and climate not as crisis but as designed global infrastructure – and some of their implications. In doing so, we will learn that our children already live in a world of potential far different than our own, and that a raucous 21st century may only be the doorway to an unimaginable future where both the human, physical and psychological, and the world itself become design spaces and extensions of human intentionality.

Beginning Week of Feb. 14 (cont.)

068 | Exploring the Masters of Jazz: Duke Ellington

Instructor: Dr. Jeffrey Libman (he/him) 2 sessions: Wednesdays, Feb. 16, 23 11:00 a.m. – 12:30 p.m. | Zoom Classroom **Cost \$28**

In this class, we will explore the life and music of the immortal Duke Ellington. Debatably America's most important composer, the prolific Ellington wrote somewhere in the vicinity of 1,000 pieces of music. Though he played the piano, it is often said that his instrument was his orchestra, which included highly distinctive musicians who collaborated with him for decades. This class is intended for jazz aficionados and those who would like to learn more about jazz! Instruments not required! The class will consist primarily of active listening to exemplary recordings with interspersed guided discussion.

069 | The Global Fish: Trout and the British Empire

Instructor: Dr. Tobias Harper (he/him) 1 session: Wednesday, Feb. 16 1:00 – 2:30 p.m. | Zoom Classroom Cost \$14

Through much of the British Empire, human colonization was intertwined with the spread of trout and trout fishing. From the 1850s British scientists, colonists and anglers introduced British brown trout, North American rainbow trout, and many other non-native fish species to rivers and lakes all over the British Empire, from New Zealand, to Kenya, to the highlands of India. These efforts met with a wide range of results, from near-instant success to complete failure. With the fish, the British spread cultural assumptions about the value of fish and fishing and laws regulating who was allowed to catch the new fish.

Thursday

070 | Catching the Midnight Express: The Adventures of a Travel Writer

Instructor: Dan Fellner (he/him) Cost \$14 1 session: Thursday, Feb. 17 8:30 - 10:00 a.m. | Zoom Classroom

Take a virtual trip around the world and hear about the fascinating, humorous – and sometimes harrowing – experiences of a travel writer. From eating deep-fried tarantulas in Cambodia, to evading arrest in Dubai, to clandestinely visiting the site where the iconic movie "Midnight Express" was filmed in Malta, the life of a travel writer is rarely boring. While this is not a writing class, you will learn about some exotic locations and perhaps get ideas for your next vacation.

"I love the Zoom classes. It allows me to participate and continue to engage in meaningful learning with my current schedule!"

- Liz, OLLI at ASU member

071 | "Camped Here Till the Last": Buffalo Soldiers in the American West

Instructor: Michelle Martin (she/her) Cost \$14

1 session: Thursday, Feb. 17

11:00 a.m. - 12:30 p.m. | Zoom Classroom

Join this class to trace the origin of the famed Buffalo Soldiers, African American cavalry troopers in the United States Army, and their role in the history of the American West. From the first African American military regiments of the Civil War to their service as some of the first National Park Service rangers, the Buffalo Soldiers have left an indelible imprint on the history of the American West. We will also highlight the stories of the Buffalo Soldiers and their service in Arizona Territory based on extensive archival research.

072 | The Mimbres Area of Southwest New Mexico: Two Thousand Years of Archaeological Excitement

Instructor: Dr. Karen Schollmeyer (she/her) Cost \$14 1 session: Thursday, Feb. 17

1:00 – 2:30 p.m. | Zoom Classroom

Southwest New Mexico is one of the most beautiful and archaeologically interesting parts of the U.S. Southwest. How did farming begin in this challenging environment? How did people come together and get along with their neighbors in Classic Mimbres villages, and how might the famously beautiful Mimbres black-on-white pottery they created have contributed to this? What happened after people left those villages, and why did they change their ways? This class brings together evidence from pottery, architecture, stone tools, and plant and animal remains to answer these and other questions about the ancient past in this fascinating area.

073 | Exploring The Clarence Miller Collection Instructor: Donald Larry (he/him) Cost \$14

1 session: Thursday, Feb. 17 1:30 - 3:00 p.m. | Zoom Classroom

The Clarence Miller Collection 1906 of Arizona Territory. These mages to the hyphoenix Indian School, Hopi Villages, the Nanajo Noon, and Arizona Territory. We will explore Miller's photographs and discuss insights into the histories of the Phoenix Indian School and turn-of-the-century Arizona. Further insight will be gained from interviews with a Walpi Hopi native and from vintage photography research expert Jeremy Rowe.

074 | Disgraced Monuments and Torn-Down Statues: The Ethics and Aesthetics of Public Art

Instructor: Dr. Michelle Saint (she/her)

Cost \$28

2 sessions: Fridays, Feb. 18, 25

11:00 a.m. - 12:30 p.m. | Zoom Classroom

This class explores the philosophy of public art. We will cover the ethical dimensions of creating and displaying art in public locations, along with the social and political significance of displays like monuments, memorials, murals, and statues. How does a piece of art shape social space? What does it mean to say that a piece of art speaks for us, as individuals and as a society? What do we owe to each other with regard to the art that we display? Special attention will be given to the treatment of problematic monuments or artistic displays that venerate public figures who have been deemed worthy of moral condemnation.

Beginning Week of Feb. 21

Monday

075 | Nudity and Sexuality in Art

Instructor: Dr. Deborah Robin (she/her) 3 sessions: Mondays, Feb. 21, 28, Mar. 7 10:30 a.m. – noon | Zoom Classroom Cost \$42

Historically, the western world has held two contradictory attitudes about the naked human body. For ancient Greeks, the nude was celebrated for its physical beauty; while Judeo-Christian theology viewed nakedness as a symbol of guilt and shame. Starting in the 1960's with the rise of feminism and other social changes, attitudes about nudity and sexuality evolved. This series is a chronological exploration of how artists have depicted sexuality and the human body – and how the historical and social context influenced their art. **Please note: Explicit images will be shown.**

076 | Tales of Troy: Achilles and Odysseus After Homer

Instructor: Dr. Sarah Bolmarcich (she/her) Cost \$28 2 sessions: Mondays, Feb. 21, 28 1:30 – 3:00 p.m. | Zoom Classroom

In Homer's Iliad and Odyssey, the heroes Achilles and Odysseus strove for immortal glory, "kleos aphthiton." How have they obtained that immortal glory in works besides Homer? What treatment has world art and literature given these two great Greek heroes? Their appeal clearly goes across eras and cultures. This class will look at the treatment of Achilles and Odysseus after Homer, in authors and works of art ranging from ancient Greek to Roman, to medieval, to modern.

Wednesday

077 | The Holocaust: Polish-Jewish Relations

Instructor: Dr. Anna Cichopek-Gajraj (she/her) Cost \$14 1 session: Wednesday, Feb. 23 1:00 - 2:30 p.m. | Zoom Classroom

Polish-Jewish relations became dramatically fraught during the Holocaust in which almost 6 million Jews were killed, the majority of them on Polish soil. This lecture will look at Polish Jewish relations in their historical complexity before, during, and after the Holocaust. We will discuss antisemitism and multiple social, political, economic, and cultural factors which shaped a wide range of Polish behavior during the war: from collaboration with the Nazis, hostility and hatred, murder and denunciations, through fear and indifference, to active resistance and rescue.

Member Benefits

When you become a member of OLLI at ASU, you get benefits such as discounts on local activities, access to curated events, and more. Check your confirmation email after registration for the full list!

Thursday

078 | Vultures and Condors

Instructor: Kathe Anderson (she/her)

1 session: Thursday, Feb. 24

8:30 - 10:00 a.m. | Zoom Classroom

Cost \$14

Many folks dismiss vultures as ugly birds with a bad reputation, but the vulture and condor figures prominently in mythology all around the world for reasons that may not be immediately obvious. Find out what's unusual about these amazing birds and why they are critical to our ecosystem.

079 | Spiritual Exports and Imports

Instructor: Dr. Vicki Cabot (she/her)

Cost \$14

1 session: Thursday, Feb. 24

11:00 a.m. - 12:30 p.m. | Zoom Classroom

This class explores the growth of American religious diversity as immigration from other countries has increased and new Americans have arrived carrying their religious traditions with them. We will look at the development of American Islam, Buddhism and Hinduism as well as other traditions that have expanded the ways Americans believe and practice religion.

Beginning Week of Feb. 28

Wednesday

080 | Oodles of Noodles: A History of Noodles and Their Offshoots

Instructor: Larry Canepa (he/him)
1 session: Wednesday, Mar. 2

10:30 a.m. - noon | Zoom Classroom

Cost \$14

Did Marco Polo really bring noodles to Italy? Or did the Chinese invent noodles long before? We will travel across the globe to explore oodles of noodles from the Far East to the hundreds of pasta shapes and stories from Italy and central Europe! Learn all about the spread of this universally loved food, the legendary stories behind the shapes and names and delicious ways to enjoy Asian noodles, and European and Italian pastas. We will even explore zoodles and spiralized vegetables!

Thursday

081 | So, You Want to Go to Space?

Instructor: Dr. Peter Swan (he/him) 2 sessions: Thursdays, Mar. 3, 10 10:30 a.m. – noon | Zoom Classroom

Cost \$28

Migration off-planet has begun. Commercial trips to space and into orbit demonstrate that humans are excited about the opportunity and responsibility to expand off planet. NASA and twelve other countries have agreed to go to the surface of the Moon in the near term. And now, in the last few months, multiple people "went to space" commercially – first Virgin Galactic, then Blue Origin, and then SpaceX. This amazing series of events has only happened because American commercial space transportation companies have formed, developed, and been successful. We can all go to space, let's answer the questions: when? where to? with whom? how long? and, how much?

Community Care Letters

OLLI at ASU sends out weekly emails full of activities, resources, and more - all tailored to your interests. Want to write an opening letter or share a resource? Email your findings to lifelong@asu.edu.

We are also seeking OLLI at ASU member journalists! Looking to do some research, interview people, and write think-pieces? If you have questions, email Rochelle Rippy at rochelle.rippy@asu.edu.

Beginning Week of Feb. 28 (cont.)

Friday

082 | Parkinson's Disease: An Introduction to the Fastest Growing **Neurological Condition Worldwide**

Instructor: Dr. Berta Leis (she/her)

1 session: Friday, May 6

8:30 - 10:00 a.m. | Zoom Classroom

Parkinson's disease (PD) is a chronic, progressive neurological condition that generally affects persons age 60 and older. Currently, there is no cure. However, current multidisciplinary treatments can relieve symptoms and improve quality of life. This class provides an introduction to PD, including: What are motor, cognitive, and psychological symptoms of PD? How is movement in persons with PD influenced by their cognitive or psychological state? How do PD symptoms compare to changes that occur with aging? We will discuss the pathology underlying PD and how PD is diagnosed. We will also discuss some drug and non-drug strategies that enhance movement, cognition, and quality of life.

Please note: The date for this class has changed.

083 | Caregiving and Stress

Instructor: Kathleen Waldron (she/her)

1 session: Friday, Mar. 4

11:00 a.m. - 12:30 p.m. | Zoom Classroom

Most people end up providing some kind of care for older family members and very few of them are prepared for this role. Caregiving has been laden with stressful experiences, and over time many caregivers become chronically stressed. Learn some ways to cope with caregiving stress as well as resources to help you learn more.

084 | Postmarking History: Letters as **Artifacts Cost \$14**

Instructor: Dr. Vicki Cabot (she/her)

1 session: Friday, Mar. 4

1:30 - 3:00 p.m. | Zoom Classroom

As writers and scholars embark on uncovering a paper trail, a lost postcard, a hidden love letter, or a scribbled plea for help can spark the search for an unknown or untold family story. In this class we will discover the fascinating process of piecing together history from handwritten documents across a variety of genres and historical periods to better understand the role of personal correspondence as historical artifact and how it can inspire both research and creativity.

Beginning Week of Mar. 7

Wednesday

085 | The Road to the Boeing 707

Instructor: Michael Lavelle (he/him) 3 sessions: Wednesdays, Mar. 9, 16, 23 Cost \$42

10:30 a.m. - noon | Zoom Classroom

Interested in aviation history? Join us as we trace the beginning of the Boeing 707 from the aviation industry's past engineering discoveries, starting with the early pioneers of flight and ending with Boeing's first-generation jet military bombers, tankers, and transports for both the military and commercial jet markets. Key technical innovations will be discussed, from the early aircraft constructed of wood and covered with fabric to streamlined all - metal powered aircraft culminating with today's jet transports. The series will provide a perspective of how decisions were made at Boeing as the company aggressively moved into the post-World War II jet aircraft markets.

086 | Critical Race Theory

Instructor: Jay Roth (he/him) 3 sessions: Thursdays, Mar. 10, 17, 24 11:00 a.m. - 12:30 p.m. | Zoom Classroom Cost \$42

Cost \$14

Over the past several months, there has been a lot of discussion from different perspectives and levels of knowledge, as well as a significant amount of misunderstanding, around Critical Race Theory (CRT). However, CRT has significant implications for America and for the future of our nation as a democracy. This class will examine the history of CRT from its creation in the 1970s-1980s and will provide understanding of its original purpose and its correlation with racism. This class will also focus on how and why CRT has become a flashpoint in the process for racial justice in today's society.

Thursday

Cost \$14

Cost \$14

087 | The USS Arizona and Her Last Band

Instructor: Donald Larry (he/him) 1 session: Thursday, Mar. 10 1:30 - 3:00 p.m. | Zoom Classroom

This class starts in 1914 with a biographical sketch of the USS Arizona battleship, when keel was laid and christened by a young lady from Prescott. We will explore the USS Arizona's role in European conflicts and exploits in the 1920s and 30s, including her role in the James Cagney film, "Here Comes the Navy." We will be introduced to her famous 1941 band, U.S. Navy Band No. 22, and relive the swing jazz genre before the tragic attack of Pearl Harbor in 1941. We will conclude with the commemoration of the LISS Arizona with the help of Fluis Preslav

Join a Committee

OLLI at ASU has several committees, including the Advisory Committee, Development Committee (fundraising), and Scholarship Committee (award scholarships to ASU students). Email our team at lifelong@asu.edu to join a committee, or propose a new one.

Beginning Week of Mar. 14

Monday

088 | The Long Black Veil: Women and Mourning in 19th Century America

Instructor: Michelle Martin (she/her) Cost \$14

1 session: Monday, Mar. 14

10:30 a.m. - noon | Zoom Classroom

Historian Michelle M. Martin will share the unique, complex, and sometimes puzzling world of 19th century mourning customs and how they impacted the lives of American women. Martin will explore the clothing women wore, the social restrictions they faced, and the industry that sprang up around properly mourning the dead in 19th century America and provide a different look at women's lives. (Note: This program explores the sensitive issue of death and dying in America.)

089 | Presidential Assassinations: Plots and Attempts

Instructor: Dr. Brooks D. Simpson (he/him) Cost \$42 3 sessions: Mondays, Mar. 14, 21, 28 1:00 – 2:30 p.m. | Zoom Classroom

Four American presidents have died as a result of assassination attempts, while several others have survived attempts on their lives. This class looks at the plots that led to assassination attempts; the impact of the attempt (successful or not) on the course of history (including "what ifs" where appropriate); and how Americans have discussed the impact of such events. We will look most closely at presidents and presidents-elect, although we will also discuss attempts against presidential candidates (including Theodore Roosevelt, Robert Kennedy, and George Wallace).

Thursday

090 | Memoir Writing Workshop: Your Life's Journeys, Part II

Instructor: Dr. Elizabeth McNeil (she/her) Cost \$84 6 sessions: Thursdays, Mar. 17, 24, 31, Apr. 7, 14, 21 10:00 a.m. – noon | Zoom Classroom

Though you are welcome to write about any memories, we will focus on travel in this class. Most of us treasure travel memories as deeply significant. Memoir writing can help us preserve past trips and affect how we imagine, seek, and encounter new experiences and new journeys. Each week, you will read and do exercises in Beth Kephart's "Tell the Truth. Make It Matter. A Memoir Writing Workbook" and read a short sample travel memoir from "The Best American Travel Writing 2020," edited by Robert Macfarlane (different chapters from those in the earlier spring workshop). You will develop a short memoir of your own every week for us to workshop. This class is for people at any level of writing experience.

091 | Fortunato Film School: "Casablanca"

Instructor: Joe Fortunato (he/him) Cost \$26 2 sessions in the same week: Thursday, Friday, Mar. 17,

12:30 - 2:00 p.m. | Zoom Classroom

Want to learn how to analyze a film? Ever wondered what the big deal was about "Casablanca?" Join us for "Fortunato Film School," where ASU film professor Joe Fortunato will screen, discuss, and provide live commentary on the Humphrey Bogart and Ingrid Bergman 1942 classic, "Casablanca" – often cited as "one of the most beloved films of all time!" First, we will look at the background and making of the film. We will then screen the film together with live commentary provided, giving you insights into the filmmaking process, fun facts, and some guidance on how to "read" a film creatively. Think of it as a book club for film fans!

092 | Birds and Other Wildlife of Australia

Instructor: Dr. Pierre Deviche (he/him) Cost \$28 2 sessions: Thursdays, Mar. 17, 24 1:30 – 3:00 p.m. | Zoom Classroom

With an area close to that of the contiguous United States, Australia is the oldest, driest, and on average, flattest continent. These features have promoted the evolution of unique ecosystems and associated organisms. Well-known and charismatic endemic Australian mammals include koalas, wombats, and platypuses. As a result of biogeographical conditions, many terrestrial Australian birds have evolved particular behavioral and ecological adaptations to their environment. In this class, we will illustrate the diversity of Australian wildlife, focusing on birds ranging from marine to tropical and hot desert species, and describe some of their adaptations.

093 | The Answers Lie in the Mountains Instructor: Gregory Hansen (he/him), Cost \$28

Professor Emeritus 2 sessions: Thursdays, Mar. 17, 24 1:30 – 3:00 p.m. | Zoom Classroom

Since biblical times, mountains have been cherished as places of solace and sacredness. This class offers a unique insider's glimpse into the history, basic geology, and stewardship of the Grand Canyon – highlighted by extraordinary personal accounts of living and working as an Inner-Canyon Patrol Ranger in the "Grandest of Canyons" for the National Park Service. You will experience via PowerPoint presentation the beauty, history, and mystery behind Arizona's most recognized mountains such as the Four Peaks, Mazatzals, Tempe Buttes, South Mountain, and the internationally acclaimed San Francisco Peaks.

Do you have an idea for a fun event or activity?

OLLI at ASU's vision statement is to be an exemplar of global best practices for innovative lifelong learning, by creating multiple intentional pathways for transformative connections and learning, inside and outside of its community of learners.

That means we want your ideas for events and activities! Email us to make your OLLI at ASU dreams a reality.

Beginning Week of Mar. 21

Monday

094 | Gods and Kings: Exploring Ancient Mesopotamia

Instructor: Dr. Blake Hartung (he/him) 2 sessions: Mondays, Mar. 21, 28 10:30 a.m. – noon | North Scottsdale **Cost \$28**

In this lecture series, we will travel back to Ancient Mesopotamia (modern Iraq and parts of Turkey, Iran, and Syria) – home to the world's first cities, writing systems, managed agriculture, and mathematics – as we explore how archaeology and the decipherment of ancient cuneiform tablets continues to shed light on urban societies from 5000 years ago (cities like Uruk, Ur, and Lagash). We will also seek to understand the economy, politics, and religion of these cities during the Sumerian period (ca. 3500–2000 BC), and delve into the development of the writing system that helped them leave an enduring historical legacy.

Wednesday

095 | Franz Joseph Haydn: The Musical Prankster

Instructor: Scott Youngs (he/him) 1 session: Wednesday, Mar. 23 1:00 – 2:30 p.m. | Zoom Classroom Cost \$14

Franz Joseph Haydn – known as Papa Haydn, father of the symphony, father of the string quartet, mentor to Mozart, tutor to Beethoven, and kept man. Learn how this rabble rouser of a boy chorister got tossed into the streets and began his climb from urchin, to famous composer, to royalty. Even from the remote Esterhaza estate in Hungary, wearing his daily servants livery, Haydn became one of the most famous composers of Europe. He was celebrated in London and Vienna, and produced a tremendous number of works. We will look at some of his symphonies, his chamber music, and some of his choral works as well.

Thursday

096 | Around the World: A Continuation of "Reel" Foreign Flicks Instructor: Philip Taylor (he/him) Cost \$42

Instructor: Philip Taylor (he/him) 3 sessions: Thursdays, Mar. 24, 31, Apr. 7 10:30 a.m. – noon | Zoom Classroom

Join us as we once again take you around the world to look at incredible film clips. This series will cover Argentina, the Middle East, and Spain, which also have been profoundly influenced by the cultural, social, historical, and political forces of their country, and view film clips that simply could not and would not have been made anywhere else – films that will give you a deeper insight into each country, its people, and its filmmakers.



Beginning Week of Mar. 28

Wednesday

097 | Inside Afghanistan: What Went Wrong With U.S. Policy?

Instructor: Dr. Daniel Rothenberg (he/him) Cost \$14

1 session: Wednesday, Mar. 30 10:30 a.m. – noon | Zoom Classroom

The U.S. invaded Afghanistan in 2001 and pulled out forces in 2021. During those two decades, the U.S. spent billions building up the Afghan state, supporting health, education, and other programs, and training and equipping Afghan security forces. This presentation reviews key elements of this process and addresses the issue of what went wrong, suggesting some lessons for future U.S. foreign policy. Professor Rothenberg was assistant to the UN independent expert for human rights in Afghanistan working in the country on human rights and rule of law reform issues.

098 | Aging Gracefully: Thriving and Resilience in Older Adulthood

Instructor: Kathleen Waldron (she/her) Cost \$14

1 session: Wednesday, Mar. 30

11:00 a.m. - 12:30 p.m. | Zoom Classroom

People can "grow old" in many ways. What are the characteristics of those who are thriving – who are happy with their lives, positive in their outlook, and able to bounce back from challenges and setbacks? Join this class to learn about ways you can enhance those aspects in your own life.

099 | The American West at Dark: America's First Opioid Epidemic in the Old West

Cost \$28

Instructor: Dr. Eduardo Pagán (he/him) 2 sessions: Wednesdays, Mar. 30, Apr. 6 1:00 – 2:30 p.m. | Zoom Classroom

In tracing the story of Georgie Clifford, who was convicted of murder in 1894 for overdosing a client, Professor Pagán will present new research on a little-known but widespread opioid epidemic following the Civil War. Her story will take us into the drug culture of the Old West. This class will also tell the global story of opium and its derivatives – morphine and heroin – the pharmaceutical industry, the field of pharmacy, the territorial sex trade, rehabilitation efforts of reformers, and the growing efforts of the government to control both drugs and sex in the early 20th century – a strange but true story.

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Valedictorian | \$10,000+

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Each tier of the OLLI at ASU Society receives unique benefits that build based on giving amount. To learn more about the tiers or to join, email lifelong@asu.edu or call us at 602.543.6440.

Beginning Week of Apr. 4

Wednesday

100 | "Dyin' Ain't Much of a Livin": The Rise and Fall of the Western Movies

Instructor: Philip Taylor (he/him) 3 sessions: Wednesdays, Apr. 6, 13, 20 10:30 a.m. – noon | Zoom Classroom

Western films were pivotal in creating a positive worldwide image for America at the start of the 20th century: plucky Americans – many of them immigrants – fighting for freedom and a new way of life. The Western movies constantly evolved over the next 120 years, reflecting the country's political and social climate. So why was the most recent great Western made in Denmark? It's an interesting journey.

Cost \$42

Thursday

101 | Witchcraft and Heresy in European History

Instructor: Dr. Andrew E. Barnes (he/him) Cost \$42 3 sessions: Thursdays, Apr. 7, 14, 21 8:30 – 10:00 a.m. | Zoom Classroom

Magic, which is best defined as an effort by an individual in the seen world to manipulate forces in the unseen world, is common to all human cultures. Likewise, the fear of witchcraft, magic pursued for some evil intent, is present in all human societies. In European societies, churches took upon themselves the duty to search out and destroy witches, the people who practice witchcraft. This class looks at how the Christian churches of Europe endeavored, over the course of the centuries, to suppress the practice of witchcraft. We will also look at what happened when European state governments decided to take over this duty from churches.

102 | My Neighbor's Voice

Instructors: Mary Anne Inglis (she/her), Victoria Chance (she/her)

4 sessions: Thursdays, Apr. 7, 14, 21, 28 8:30 – 10:00 a.m. | Zoom Classroom

My Neighbor's Voice has created a deck of Listening Cards in several different categories: Hello Neighbor, Political Thought, Our Society, Environment and Health, and Civic Rights and Responsibilities. In class, each participant gets a question and has three minutes to share their perspective on the topic. During that time, no one is allowed to respond, comment, or interrupt. When the time is up, the next person gets a question on a different topic and the process repeats. With participants having the freedom to speak openly about the things that matter most, we can all discover deep truths in one another's perspectives, allowing us to hear them with generosity. It is in this way that we can address community issues in a way that gives us hope and a productive way forward.

103 | The Chemistry of You

Instructor: Dr. Kjir Hendrickson (they/them) Cost \$56 4 sessions: Thursdays, Apr. 7, 14, 21, 28 noon – 1:30 p.m. | Zoom Classroom

Come explore the chemistry that takes place inside your body. Forget smelling formalin as you crouched over a fetal pig in high school biology, forget the mind-numbing memorization of cellular structures and functions; the chemistry of the human body is a trip down the rabbit hole to Wonderland, more beautiful and amazing than you could ever have imagined. As we study muscle contractions, hormones, the chemistry of pain, the information we get from the way other people smell, and more, you will gain a new appreciation for the awesome machine you walk around in.

104 | The Tai Chi Lotus Blossom Fan

Instructor: Raymond Sol (he/him) Cost \$56 4 sessions: Thursdays, Apr. 7, 14, 21, 28 noon – 1:30 p.m. | Zoom Classroom

This is a special fan exercise class using the martial art of tai chi for health and wellness. You will learn beautiful flowing movements for this masculine weapon. You are requested to bring your own 12" hand fan, as smaller fans will make it difficult to learn the moves. Emphasis will be on basic balance and flexibility skills. You will learn fan moves that will exercise both the body and mind. Students will practice all the movements, plus learn the martial arts applications for each movement. Ample time to practice will be provided. Comfortable clothes and shoes recommended.

105 | Branding Extremism: The Recruiting Strategies of Nazis and Radical Islamists

Instructor: Dr. Thomas Just (he/him)

Cost \$14

Cost \$56

1 session: Thursday, Apr. 7

1:00 - 2:30 p.m. | Zoom Classroom

In this class, students will learn about the imagery and recruiting strategies of two prominent political extremist movements – Nazism and contemporary Islamism. The class will begin with a theoretical discussion of how extremist groups work to brand their ideas and sell them to potential followers and then provide specific examples of how Nazism and Islamism have used imagery, technology, and targeted messaging to grow their influence. The class will also include a discussion of potential responses to counter these groups' efforts.

21

Check out this Creative Giving Option!

Gift Matching

Did you know you can increase your support to OLLI at ASU through company matching programs, where companies match the gifts of the donor? Nearly 1,000 companies match contributions for employees, their spouses, and retirees dollar-for-dollar!

To find out if your company has a matching gift program, please contact giftprocessing-q@asu.edu for more details. Gifts should be made to the ASU Foundation, attention: OLLI at ASU.

Beginning Week of Apr. 4 (cont.)

106 | Controversial Supreme Court Decisions

Instructor: Paul Ulrich (he/him) 4 sessions: Thursdays, Apr. 7, 14, 21, 28 1:30 – 3:00 p.m. | Zoom Classroom

The United States Supreme Court has decided many important, controversial cases. In this class, we will discuss its leading "good, bad, and ugly" decisions involving Japanese internment, school desegregation, criminal justice, individual rights and liberties, presidential power, and elections. In doing so, we will analyze the reasoning of these cases and consider the case's stance in history. Background materials will be provided electronically for review prior to each class session.

Friday

107 | The History of the Pipe Organ

Instructor: Dr. Guy Whatley (he/him) 4 sessions: Fridays, Apr. 8, 15 28 9 8:30 – 10:00 a.m. | Zoop 15 10 1...

Cost \$56

Cost \$56

The ope of a limented two and a half millennia ago in And ant Give. Although nowadays it is often associated with church music and horror movies. The pipe organ has a rich, varied history and a huge repertoire of music written for it. In this class we will explore the largest and historically the most complex instrument to play, the pipe organ.

108 | Tai Chi For Health and Wellness

Instructor: Raymond Sol (he/him) Cost \$56 4 sessions: Fridays, Apr. 8, 15, 22, 29 11:00 a.m. – 12:30 p.m. | Zoom Classroom

This class focuses on exercise using the martial art of tai chi for health and wellness. Emphasis will be on balance, flexibility, and relaxation skills. Each session includes stretching and balancing exercises. Students will learn tai chi moves that exercise body and mind and expand their tai chi moves by learning the breathing techniques for relaxation related to tai chi movements. Ample time to practice will be provided. Comfortable clothes and shoes recommended. A brief history of tai chi will also be presented.

Beginning Week of Apr. 11

Monday

109 | Women of the Sun: Arizona's Territorial Women

Instructor: Michelle Martin (she/her)

1 session: Monday, Apr. 11

10:30 a.m. – noon | Zoom Classroom

Historian Michelle M. Martin will share the wide ranging experiences of women who made Arizona Territory their home. Using primary sources, photographs, published memoirs, newspapers, and oral histories, Martin will delve into the lived experiences of Arizona's territorial women to explore how they weathered the harsh climate and living conditions in the late 19th and very early 20th century in the land of copper, citrus, cattle, climate, and cotton.

110 | The Antiquity of Irrigation in the Southwest

Instructor: Allen Dart (he/him)
1 session: Monday, Apr. 11

1:00 - 2:30 p.m. | Zoom Classroom

Before 1500 CE, Native American cultures took advantage of the long growing season in the southern Arizona desert and tackled the challenge of limited precipitation by developing the earliest and most extensive irrigation works in all of North America. Agriculture was introduced to Arizona more than 4,000 years before present, and irrigation systems were developed in our state at least 3,500 years ago — several hundred years before the earliest-known irrigation works were established in ancient Mexico. In this presentation, archaeologist Allen Dart provides an overview of ancient canal systems in the Southwest and discusses irrigation's implications for understanding social complexity.

Friday

111 | An Introduction to Fitzmaurice Voicework

Instructor: Micha Espinosa (she/her) 3 sessions: Fridays, Apr. 15, 22, 29 1:00 – 2:30 p.m. | Zoom Classroom

Cost \$42

Cost \$14

Cost \$14

Fitzmaurice Voicework is a physical approach to vocal training that combines classical voice methods with physical approaches, including yoga, bioenergetics, and Reichian bodywork. This class will provide an opportunity to discover mechanisms and exercises that encourage a flow of energy to open up breathing and untangle knots in our body, mind, and voice. Integrating physical experience and mental focus helps develop vibrant voices that communicate intention and feeling without excess effort. This class is designed to equip members with an effective vocal and physical warm-up and help members to expand their understanding of the dynamics between body, breath, and voice.

Beginning Week of Apr. 18

Monday

112 | American Prosperity Through Economic Diplomacy

Instructor: Ambassador Edward B. O'Donnell (he/him) Cost \$14

1 session: Monday, Apr. 18

10:30 a.m. - noon | Zoom Classroom

Against the backdrop of the Biden Administration's "worker-centric" trade policy, Ambassador O'Donnell will explore the impactful links between economic diplomacy, foreign trade and investment, and opportunities for U.S. workers and firms. Drawing on assignments as an Ambassador and Economic/Commercial Officer in the U.S. Foreign Service, he will highlight his career that benefitted U.S. business in Colombia, China, Germany, and Austria and will provide insights into current trade and investment issues.

Tuesday

113 | Martin Luther, Reformation, and Counter-Reformation

Instructor: Dr. Jared Day (he/him) 2 sessions: Tuesdays, Apr. 19, 26 1:00 - 2:30 p.m. | Zoom Classroom

These two lectures examine the origins of the Protestant Reformation beginning in 1517 as led by an obscure north German monk named Martin Luther. In key ways, this religious upheaval causes a decisive break with Europe's medieval past and hurtles it towards a dangerous and uncertain future.

Wednesday

114 | Anton Chekhov and Konstantin Stanislavsky: A Story of Four Plays and Method Acting

Instructor: Dr. Hilde Hoogenboom 2 sessions: Wednesdays, Apr. 20, 27 1:00 – 2:30 p.m. | Zoom Classroom

The renowned author of over 600 short stories, Anton Chekhov (1860-1904) wrote four internationally acclaimed plays. "The Seagull" (1896), "Uncle Vanya" (1897), "Three Sisters" (1901), and "The Cherry Orchard" (1903) were ahead of their time. They owed their initial success to the new Moscow Artistic Theater and the collaboration of the director/producer/writer Vladimir Nemirovich-Danchenko and the actor/director Konstantin Stanislavsky. Stanislavsky visited the U.S., where he is still known for his Method acting, made famous by Marlon Brando, Robert De Niro, and Dustin Hoffman. What made these plays original and difficult for actors and directors, who needed new approaches to theater?

Thursday

115 | Beyond Pink and Blue: An Introduction to Gender Identity and the Transgender Experience

Instructors: Decker Moss (he/him),

Cost \$28

Joelle Guymon (she/her) 2 sessions: Thursdays, Apr. 21, 28 2:30 – 4:00 p.m. | Zoom Classroom

When many of us grew up, gender seemed simple: we were either girls or boys. Now, terms like "gender identity," "transgender," and "non-binary" have us questioning what we thought we knew. In this class, we will explore the evolving concept of gender – starting with the basics of gender identity, including terminology and pronoun usage, through more complex issues like why someone transitions gender, the controversy around transgender youth and adults in sports, how to develop into an amazing ally, and more. Bring an open mind and leave with an inclusive foundation of knowledge, perfect for navigating the ever-shifting gender landscape.

Beginning Week of May 2

Tuesday

Cost \$28

Cost \$28

116 | Henry VIII and the Origins of Modern Britain

Instructor: Dr. Jared Day (he/him) 2 sessions: Tuesdays, May 3, 10 1:00 – 2:30 p.m. | Zoom Classroom Cost \$28

Cost \$42

These two lectures examine the life and times of Britain's most infamous monarch and explore how Henry's policies created a new, more centralized state leaving the king far more powerful and yet ironically still more dependent than ever on nascent democratic institutions such as Parliament.

Wednesday

117 | Managing Anxiety Through Mindfulness

Instructor: Jamie Valderrama (she/her) 3 sessions: Wednesdays, May 4, 11, 18 11:00 a.m. – 12:30 p.m. | Zoom Classroom

Today's world is one of uncertainty, and many of us feel a generalized anxiety that seems to have become a part of everyday life. In this class we will focus on evidence-based activities that help with the mitigation of anxiety. So before you get anxious about being anxious, sign up for this series where we will not only explain how anxiety impacts the body, but then go through practical exercises to responsively move through it.

Beginning Week of May 2 (cont.)

Thursday

118 | An Enduring Legacy: The History of Imperialism and Colonialism

Instructor: Jay Roth (he/him) 3 sessions: Thursdays, May 5, 12, 19 8:30 - 10:00 a.m. | Zoom Classroom Cost \$42

Imperialism became a major facet of western countries beginning in the 15th century. The goal was to enhance their economies, their stature in the world, and to fulfill their belief in their superiority over lesser cultures and religions. The latter is often hidden behind a "responsibility to Christianize and civilize" inferior people. This class will focus on three imperial powers: Great Britain, France, and the United States, and the impact and legacy of colonialism and imperialism on those countries and those they ruled, the gap between the rhetoric and the reality, and their failure to understand the rise of nationalism.

119 | Jazz and Culture in 20th Century America

Instructor: Dr. Andrew E. Barnes (he/him) 3 sessions: Thursdays, May 5, 12, 19 8:30 - 10:00 a.m. | Zoom Classroom

Cost \$42

This class talks about jazz not as an art form but as a cultural experience for the people who like listening to it. Americans and then people around the world got addicted to the musicality, the virtuosity of jazz performers. This class tells the story of how the 20th century, thanks to technological innovations like the radio and the record player, changed jazz from a street music, to a dance music, to a listening music. This class will run down the different styles of jazz that attracted listeners over the century.

120 | Retracing the Footsteps of Martha Summerhayes in the Arizona Territory

Instructor: Wayne Ranney (he/him)

Cost \$14

1 session: Thursday, May 5

10:00 - 11:30 a.m. | Zoom Classroom

Wayne Ranney recalls the harrowing adventures of a refined New England woman who lived and traveled through the wild land of the Arizona Territory from 1874 to 1878. Martha Summerhayes penned a classic book of her travels with her Army Lieutenant husband in "Vanished Arizona," still in print after nearly 115 years. Martha not only overcame her initial shock and disgust of frontier life on the wild fringes of this untamed land, she eventually came to love it! Mr. Ranney made an intimate connection to her story while, oddly enough, sailing around an iceberg in Greenland. This illustrated program will enchant and enlighten participants of the places Martha visited in Arizona.

121 From Normality to Terror: Inside Nazi Germany

Instructor: Anette Isaacs (she/her) 3 sessions: Thursdays, May 5, 12, 19 11:00 a.m. - 12:30 p.m. | Zoom Classroom **Cost \$42**

Most of today's research on Nazi Germany is focused on its system of terror that ultimately led to the death and destruction of millions of people. While we will discuss the role of governmental surveillance and brutality, we want to first and foremost explore what daily life was like for ordinary citizens in 1930s Germany. By looking at various societal paradigms, such as education, employment, cultural expression, and the role of women, we will gain insights into how the German people were oscillating between normality and terror and how the Nazis were able to turn Germany into a brutal and horrific dictatorship.

122 | "Shake-Scene": Three Great Tragedies in Three Days

Instructor: Dr. Cristiane Busato Smith (she/her) Cost \$42 3 sessions: Thursdays, May 5, 12, 19 1:00 - 2:30 p.m. | Zoom Classroom

Thanks to a pamphlet written by playwright Robert Greene, we know that Shakespeare was already a successful author by 1592. Greene sneers at a rival author, an "upstart crow" whom he calls a "Shake-scene," a clear reference to Shakespeare. From the 1590s onwards, Shakespeare's popularity on the stage only grew, and many of his plays became box office hits. "Julius Caesar" (1599), "Hamlet" (1601), and "Othello" (1603) are among Shakespeare's most celebrated works. Join us as we focus on the figure of the tragic hero to understand their popularity in our culture.

Friday

123 | Community-Driven Archives: **Empowering Historically Marginalized** Communities

Instructor: Jessica Salow (she/her) 2 sessions: Fridays, May 6, 13

Cost \$28

11:00 a.m. - 12:30 p.m. | Zoom Classroom

An archive is a time capsule and active space where past and present merge. It contains primary resources that preserve the history of several generations. An archivist appraises, arranges, describes, and preserves these important historical photographs, documents, and artifacts. In this class, individuals will learn how to be community archivists and preserve local history. Activities in this class include how to appraise archival material for historical value, how to arrange and organize archival material by subject, date, or size, how to create a finding aid for archival material, and how to analyze a photograph by identifying people, places, and dates.

Want to learn more about our **Spring 2022 instructors?**

Click here, or visit our website at lifelonglearning.asu.edu/classes to read biographies from each of our instructors.

To search within the Instructor Biographies, press Ctrl + F on PCs or Command + F on Macs and type in the instructor's last name.

OLLI at ASU Spring 2022 Calendar

	Monday	Tuesday	Wedneso	day	Thursday	Friday	
January							
	24	25	26	27		28	
	31			-ebru			
		1	2	3		4	
	7	8	9	10		11	
	14	15	16	17		18	
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	28	March					
		1	2	3		4	
	7	8	9	10		11	
	14	15	16	17		18	
	21	22	23	24		25	
	28	29	30	31			

OLLI at ASU Spring 2022 Calendar

Monday	Tuesday	Wednesday	Thursday	Friday		
April 1						
4	5	6	7	8		
11	12	13	14	15		
18	19	20	21	22		
25	26	27	28	29		
May						
May						
2	3	4	5	6		
9	10	11	12	13		
16	17	18	19	20		
Now! Use this Calendar						

New! Use this Calendar

Use this calendar to track the classes you are interested in signing up for, or to track your class schedule after you have registered. Since class fees are non-refundable in instances of double-booking (selecting classes that take place simultaneously), this can be a way to make sure your OLLI at ASU classes do not overlap.

Ready to Register?

Registration for membership and classes is open from Jan. 10 – May 6, 2022. Email our staff at lifelong@asu.edu to receive timely notifications about when registration opens.

On Jan. 10, visit **lifelonglearning.asu.edu** and select the maroon "Register" button to become a member and register for Spring 2022 classes!

Your OLLI at ASU Staff



Richard C. Knopf Director



Ginnie Miller Community Enrichment Coordinator



Rochelle Rippy Program Specialist



Tracy Grewe Business Operations Specialist



Taylor LeeCoordinator



Nora Mandel Coordinator



Jolene Gosling Coordinator



Grace Park Program Aide



Emma Terrell Program Aide

Student Member Code of Conduct

The Student Member Code of Conduct is designed to promote and protect an environment that encourages reasoned discourse, intellectual honesty, openness to constructive change, and respect for the rights of all individuals.

In keeping with this mission, OLLI at ASU staff seeks to balance the rights and needs of the individual with responsibility of the individual to meet the needs of an engaged learning community. In addition, it reviews allegations of student misconduct, determines whether a violation has occurred and, if applicable, imposes appropriate sanctions.

The overall goal is to create classroom environments that maximize the learning for all students. If, in the opinion of OLLI at ASU staff, an instructor, activity leader, class member, or any allied participant interferes with the goals of the learning community, or creates a safety concern, they may receive a written statement (warning), be removed from the class or activity, and ultimately may not be able to continue their affiliation with OLLI at ASU.

Examples may include threatening behaviors, disruptive classroom experiences, not adhering to social distancing and mask guidelines, sexual harassment, lack of clothing, monopolizing discussions, undermining the instructor's credibility, conversing with others, sharing class Zoom links with individuals who have not enrolled in the class (including individuals residing in the same household), and cell phone and electronic device utilization not germane to the class experience.

To read the full OLLI at ASU Student Member Code of Conduct, visit lifelonglearning.asu.edu/membercodeofconduct.

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OLLI at ASU Donation Form

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Please mail to the following address:

ASU Foundation (Memo Line: OLLI at ASU) ATTN: Financial Services P.O. Box 2260 Tempe, Arizona 85280-2260

\square I give permission to publish my name \square Please make my donation anonymous \square I	I'd like information about Estate/Planned Giving
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Thank you for supporting OLLI at ASU! Send this form, or donate online.



PO Box 37100, Phoenix, AZ 85069-7100



Support for OLLI at ASU

OLLI at ASU is supported through membership and class fees, donations from generous OLLI at ASU members, and The Bernard Osher Foundation.

The Bernard Osher Foundation was founded in 1977 by Bernard Osher, a respected businessman and community leader. It supports a national network of 125 Osher Lifelong Learning Institutes. Each provide a distinctive array of non-credit classes and activities specifically designed for adults ages 50+ who are interested in learning and community.



Help us continue to grow by donating today!

OLLI at ASU's goal is to raise \$87,000 between July 2021 and June 2022

asufoundation.org/osher