

Thrive on the insights of leading scholars and help us celebrate the joy of longevity

Abundant Aging and Longevity

Join us for exclusive fast-paced presentations by top ASU researchers that expand your understanding of abundant aging and longevity. You'll enjoy the festivities that make up our OLLI at ASU community as we celebrate OLLI at ASU's 10th birthday.

Saturday, February 7, 2015
9 a.m. - noon

ASU Downtown Phoenix campus
Nursing & Health Innovation Bldg. 2
Room 110

550 N. 3rd Street, Phoenix, AZ 85004

speakers:

Alberto Ríos

Arizona Poet Laureate
"Abundant Aging"

Keynote address by Arizona Poet Laureate and ASU Regents Professor

Dr. Carol Johnston

Associate Director, School of Nutrition and Health Promotion, ASU
"The Fish Story"

Fish might protect the aging brain, yet meatless diets might as well – how can this be?

Dr. Karen Anderson

Associate Professor, Biodesign Institute, ASU
"I Spy... A Cancer"

How proteomics and molecular immunology is changing the detection and treatment of cancer.

Dr. Julie Fleury

Professor, College of Nursing and Health Innovation, ASU

Dr. Nelma Shearer

Director, Hartford Center of Gerontological Nursing Excellence, ASU

"Empowering Your Potential for Abundant Living"

A research perspective on promoting your strengths and abilities to enhance well-being and abundant living in later life.

Dr. Vincent Waldron

Professor, Communication Studies, ASU

"Forgiveness: A Key to Health and Wellness in Later Life"

New research tells us that learning to forgive promotes physical and mental well-being across the lifespan.

More about our scholars on page 31.

registration:

\$10 for OLLI at ASU members

Register now: online at www.regonline.com/olliasuspring15, or call 602.543.6440, or email lifelonglearning@asu.edu