

Stay Curious.

2023 Spring Catalog

ASU Osher Lifelong
Learning Institute
Arizona State University

ASU

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UNIVERSITY

lifelonglearning.asu.edu | 602.543.6440

Registration

Register Online

lifelonglearning.asu.edu/registration

Questions? Contact us at 602.543.6440.

\$20 Spring Semester Membership Fee

A one-time, per-semester membership fee entitles you to register and take as many classes as you wish. Membership fees are paid each semester at the time of registration.

+ Class Fees

Fees are noted in the class descriptions. Classes cost \$14/session unless otherwise noted.

Important Notes

- Registration for membership and class fees is per person, not per household.
- Please note that OLLI at ASU does not currently record any of our classes.

Policies

Refund Policy

Membership fees are nonrefundable. Class fees are non-refundable, except in the event a class is canceled. Refunds will not be available in instances of double-booking (selecting classes that take place simultaneously).

Member Code of Conduct

As you register as an OLLI at ASU member, we appreciate your agreement to our Member Code of Conduct. To read our Code of Conduct, please see page 13.

Our Mission

The mission of OLLI at ASU is to provide learning experiences and a community where adults ages 50+ engage in non-credit, university-quality classes, member-driven programs, campus-based learning opportunities, and pathways to public service.

Meet Our Team



Jared Swerzenski
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From the Director



OLLI at ASU community,

People say timing is everything. There is no good time to leave a profession that you worked so hard in the last 22 years, but sometimes you have to know when it's time to walk away; when it's a time to cherish what it was and take on a new journey. This summer was a big year for me. I turned the big 4-0 and sometimes numbers matter. I spent more than half my life as a high school athletic director, college athletic recruiter, and in various leadership roles in college athletics and campus recreation. The run has been amazing, but it was time to impact a new community.

My name is Jared Swerzenski, and this October I accepted the position of director of Osher Lifelong Learning Institute (OLLI) at Arizona State University. The OLLI community drew me in the first time I started reading about it. Once I started learning more about it I could not stop. When I interviewed for the position in September, I felt such a deep connection to each person I met. I knew from that day that I wanted to be part of this special and amazing community. I was born and raised in Central Massachusetts. My wife, Jill, and our two kids, Claire and Elliot, moved to Arizona almost five years ago. We absolutely fell in love with the natural beauty of the state.

OLLI at ASU is built on steep tradition and excellence. The vibrance and passion of the members is something I have rarely seen in any community. I know the shoes of Richard Knopf that I have to fill is going to be nearly impossible. Richard has built OLLI at ASU into one of the premier OLLI locations in the nation. My vision will be to continue to build on what Richard and the team have created and infuse it with new, innovative ideas in hopes of expanding our membership and footprint in the greater Phoenix area. I have a deep passion for connecting people and creating partnerships. Together, we will continue to build and grow OLLI at ASU.

I am not the only one who has joined the team recently. We are now fully staffed for the first time in over two years.

Kristi Schneider joins the OLLI family with more than 20 years teaching experience as an AMI certified Montessori teacher and administrator. During that time, she developed and maintained a diverse program at the primary level. She also designed and implemented training content for continued education of lead teachers and assistants. When she sees a need in her community, she collaborates with others to find creative solutions to fulfill that need. Kristi is a friendly, outgoing, people person who enjoys family adventures, camping, and spending endless hours with her four grandchildren. Kristi said, "I am so honored and grateful to have been chosen for this position with Osher Lifelong Learning Institute. I hope to add to the team in the most positive ways possible!"

Susie Rego joins the OLLI team with a total of 30 years' experience as an Elementary Education teacher. She graduated from ASU with a Bachelor's degree in Elementary Education and also has a Master's Degree in Elementary Education from Northern Arizona University. Susie is a proud ASU alumni! She has a passion for education and lifelong learning. When she learned about OLLI and all that it offers, she knew that working for OLLI would be a wonderful next career move for her. Susie enjoys spending as much time as possible with her husband, two children, and extended family. She is also an avid reader and loves to scrapbook her family's adventures. She enjoys walking her two fur babies that she adopted in February 2020. Susie is thoroughly enjoying working with OLLI members and instructors and, in addition, is very thankful for the collaboration, support and positivity of the entire OLLI team!

In other OLLI news, I am excited to invite you to our end-of-year celebration "OLLI at ASU Night of Excellence" at the ASU Health Futures Center at the Mayo Clinic on April 12 from 5:30 to 7:30 p.m. There will be much more information to come, but please save the date because it will be a celebration you won't want to miss.

I am honored and humbled to be the next director of OLLI at ASU and welcome any conversation, suggestions, and ideas on how we can grow and excel.

To the future,

Jared Swerzenski

Jared Swerzenski
Director
Osher Lifelong Learning Institute at ASU

Spring Classes

Spring 2023 Semester
Jan. 17 – Apr. 28

Classes Beginning the Week of Jan. 17

Tuesday

001 | Nevada – Meet Your “Neighbor”
Instructor: Dr. Stephenie Slahor **Cost \$42**
3 sessions: Tuesdays, Jan. 17, 24, 31
10:30 a.m. – noon | Zoom

This three-session course takes a closer look at a state most travelers link only with Las Vegas or Reno or as a long highway to somewhere other than Nevada. But Nevada has a fascinating geology, archaeology, and ancient and modern history. It is also home to a national park and state parks that are superb in their uniqueness. You'll even learn about a Nevada site you cannot visit — the infamous “Area 51,” home to legends about aircraft, spacecraft, and visitors from other parts of the universe!

002 | Through Women’s Eyes: 20th-Century U.S. History
Instructor: Dr. Pamela Stewart **Cost \$56**
4 sessions: Tuesdays, Jan. 17, 24, 31 & Feb. 7
10:30 a.m. – noon | ASU West campus

While it may be true that “well-behaved women seldom make history,” women have nonetheless made a lot of history! This course offers an opportunity to see what U.S. history can look like from the vantage point of women, who were always present even if sometimes “photoshopped” from the conventional record. The course explores how those deemed the “fairer sex” (famous and not-so) led the way in creating for us a very different nation than the one of earlier centuries. What do we see about History-capital-H when we focus on women’s experiences? What did the women who came before you do and how might knowing more about them help us understand our world? Come find out!

003 | More of: We Gotta Get Out of This Place: Soundtrack of the Vietnam War
Instructor: Doug Bradley **Cost \$42**
3 sessions: Tuesdays, Jan. 17, 24, 31
10:30 a.m. – noon | Tempe Connections (Public Library)

(The musical journey continues from Dec. 2022.) Popular music was at the heart of the American experience in Vietnam. U.S. troops turned to music as a way of connecting to each other, the world back home, and as a way of coping with the complexities of the war they had been sent to fight. Vets’ testimonies tap into memories — individual and cultural — that capture a central, if overlooked, component of the American war in Vietnam. Rolling Stone named “We Gotta Get Out of This Place,” the book upon which the course is based, the Best Music Book of 2015.

For details about our campuses and parking, please see page 32!

004 | Women Artists: Renaissance to Surrealism
Instructor: Allen Reamer **Cost \$84**
6 sessions: Tuesdays, Jan. 17, 24, 31 & Feb. 7, 14, 21
10:30 a.m. – noon | ASU Health Futures Center

We will examine the lives and artwork of women artists. They were all famous in their lifetime. Many of these excellent artists were more famous than their contemporary male counterparts. Many were very wealthy and had more commissions than they could fulfill. All had interesting and varied lives. Few are known today. We will begin with the Renaissance and continue until we run out of time.

005 | OLLI Connect: Health Futures Center
Tuesday, Jan. 17 **FREE**
1:00 – 2:00 p.m. | ASU Health Futures Center

Join us for a friendly gathering for members to connect with their OLLI at ASU staff and fellow members. We want to welcome new members and celebrate the 2023 Spring Class offerings. We are eager to meet you, hear about your favorite OLLI experiences, why OLLI is important to you and forge new points of connection to better serve our OLLI community. Light refreshments will be served. We kindly request that you register in advance; this event is free to our members!

Wednesday

006 | Marooned on Aotearoa: Two Years at Home in New Zealand
Instructor: Donald Larry **Cost \$14**
1 session: Wednesday, Jan. 18
10:30 a.m. – noon | ASU Health Futures Center

“Marooned on Aotearoa” describes living in Auckland and traveling through New Zealand while the presenter, Don Larry, and his wife were stranded there for nearly two years by the pandemic during 2020 and 2021. There will be loads of images and maps presented, including 3D photographs taken in New Zealand and Australia, which will be viewed with 3D glasses that Don provides.

007 | Magic of Mindfulness
Instructor: Jamie Valderrama **Cost \$56**
4 sessions: Wednesdays, Jan. 18, 25 & Feb. 1, 8
10:30 a.m. – noon | ASU Downtown campus

An extension of previous courses with integrative health expert and ASU faculty Jamie Valderrama, join this class to learn about stress, mindfulness, and the research behind strategies for a happier and healthier life. This four-part series highlights physical and psychological stress responses as well as applicable mindful practices to deregulate stressful triggers in our personal and professional lives. This class is perfect for members who have not yet taken Jamie’s classes as well as returning members eager to continue learning about the complexities of mindfulness!

008 | Taking the Mystery Out of Vestibular Testing

Instructor: Dr. Erica Williams

Cost \$14

1 session: Wednesday, Jan. 18

10:30 a.m. – noon | ASU West campus

Individuals are often uneasy about being referred to an audiologist for vestibular testing when they are experiencing dizziness, vertigo, or imbalance due to not knowing what to expect. This session will explain what occurs during routine audiologic vestibular testing, some common vestibular disorders, and what some typical next steps are.

009 | Food Superstitions

Instructor: Larry Canepa Cost \$19 in-person/\$14 Zoom

1 session: Wednesday, Jan. 18

1:00 – 2:30 p.m. | ASU Health Futures Center & Zoom

Magic happens in the kitchen. And when people spend time cooking meals day after day, there were bound to be superstitious habits that developed over the years. Every culture in the world has food superstitions. These often arose from a misunderstanding of the natural world while also serving a practical purpose. After centuries of practice, these food-related tales of yore were carried down from generation to generation. And, like all superstitions, they changed over time and eventually became part of kitchen folklore. These food myths from around the world — about bad luck, particularly — will surprise, delight, and change the way you think about some of your favorite foods. Please note that there is a \$5 additional cost to cover the food materials brought by Larry for members attending in person. When you register online, please select 009P (in-person) or 009Z (Zoom) to indicate whether you will attend in person or on Zoom.

Thursday

010 | The Economics of Immigration

Instructor: Dr. Jon Haveman

Cost \$14

1 session: Thursday, Jan. 19

10:00 – 11:30 a.m. | Zoom

Immigration is a policy issue with both social and economic implications. Economics has something to say about both. This presentation sheds light on several aspects of immigration that tend to overwhelm the narrative: crime, government support programs, and jobs. It will also raise other issues that ought to be contemplated when developing appropriate immigration policy.

011 | Beginning Watercolor: The Fundamentals of Watercolor

Instructor: Allen Reamer

Cost \$42

3 sessions: Thursdays, Jan. 19, 26 & Feb. 2

10:30 – 12:30 p.m. | ASU West campus

This comprehensive course is for those who are new to watercolors, have used watercolors to a limited degree, or wish to increase their knowledge and/or improve their skills. We will spend the first part of the course learning terms, tools, tips, and techniques. We will cover general painting and specific watercolor terminology. We will learn tools through images, discussion, and detailed information about watercolor paper, paint, and pigment. Different techniques will be discussed and demonstrated before you practice. You will have the opportunity to use your knowledge and skills to produce one or more watercolor paintings.

012 | Art in Times of Crisis

Instructor: Dr. Deborah Robin

Cost \$14

1 session: Thursday, Jan. 19

10:30 a.m. – noon | ASU Health Futures Center

Artists have always responded to current events through their art, especially in times of crisis. We'll look at art created throughout history in reaction to calamities such as plagues, famine, environmental disasters, refugees, terrorism, and social unrest. Additionally, we'll see contemporary art related to the COVID-19 pandemic as well as protests for social justice and police reform. This type of art is especially challenging, because it exposes and provokes raw emotions; yet, in the end, art has the power to motivate and provide hope — vital precursors to needed change.

013 | Urban Development & Niche Tourism

Instructor: Dr. Nicholas Wise

Cost \$70

5 sessions: Thursdays, Jan. 19, 26 & Feb. 2, 9, 16

11:00 a.m. – 12:30 p.m. | ASU Downtown campus

The landscapes around us carry a range of meanings, and this class is intended to make sense of meanings behind planning approaches to highlight how we experience everyday landscapes as a tourist when we visit places. Join ASU professor and tourism expert Dr. Nicholas Wise for this five-session class that begins with some history of the urban landscape and the places we see today and how it helps us understand destination planning dynamics. Then we'll focus on three types of niche tourism and how these types of activities help us understand history, tourism planning, and policy. Sessions 2-4 will focus on dark tourism, eco-tourism, and sports tourism as popular forms of activity that planners focus on to enhance the visitor experience in destinations around the world. The last class will be a chance to reflect on your own experiences and experiential touristic activities going forward as we see and learn about new ways of visiting places. This class will be framed around the instructor's experiences with elements of destination storytelling embedded to highlight destination planning and development.

014 | Elizabeth I & the Origins of Modern England

Instructor: Dr. Jared Day

Cost \$14

1 session: Thursday, Jan. 19

12:30 – 2:00 p.m. | Zoom

The daughter of Henry VIII and Anne Boleyn, Elizabeth's life and career were marked by intrigue, war, and dramatic religious and political change, all during one of the high points of British arts, culture, and literature. Join Dr. Jared Day for an in-depth exploration of one of the most iconic figures of British history!

Connect with OLLI at ASU on social media

Follow us by "liking" our Facebook page to support us and see our updates!

To like our page on Facebook:

- Search for Osher Lifelong Learning Institute at ASU (@olliasu)
- Click "Like" below the page's cover photo

Friday

015 | Imperial Faberge: Jeweler to the Tsars

Instructor: Carol Rudie

Cost \$28

2 sessions: Fridays, Jan. 20, 27

10:30 a.m. – noon | Zoom

The greatest jewelers of all time are most closely associated with the Romanovs, the richest emperors of all time. Providing adornments for the tsarist court set fashions for the rest of the European royal families. The end of the Romanov empire might have terminated the ability to continue producing the delicate works but not the mystique. This presentation provides the background to understand their connections and the times that created the presence of such fine artwork.

016 | OLLI Connect: Downtown

Friday, Jan. 20

FREE

11:00 a.m. – noon | Downtown

Join us for a friendly gathering for members to connect with their OLLI at ASU staff and fellow members. We want to welcome new members and celebrate the 2023 Spring Class offerings. We are eager to meet you, hear about your favorite OLLI experiences, why OLLI is important to you and forge new points of connection to better serve our OLLI community. Light refreshments will be served. We kindly request that you register in advance; this event is free to our members!

Beginning Week of Jan. 23

Monday

017 | Supply Chain 101

Instructor: Dr. Hitendra Chaturvedi

Cost \$14

1 session: Monday, Jan. 23

10:00 – 11:30 a.m. | Zoom

In this class, you will learn what a supply chain is. This includes buying, moving, storing, making, servicing, and recycling. Members will also understand the functions that enable the supply chain and how the supply chain broke during the pandemic. We will examine case studies of toilet paper, chips, fuel, and baby formula.

018 | “What Did You Say?”: A Few Good Reasons to Take Hearing Loss Seriously

Instructor: Dr. Kristin Samuelson

Cost \$14

1 session: Monday, Jan. 23

10:30 a.m. – noon | ASU Health Futures Center

Did you know that hearing loss is one of the only modifiable risk factors for dementia? There are approximately 37 million Americans with hearing loss and another estimated 26 million who may have “hidden hearing loss” — a normal audiogram but difficulty hearing in noisy situations. Yet, even with today's advanced technology, only a fraction of these individuals choose to seek treatment. In this class, we will explore the myths and misinformation that surround hearing loss and hearing aids... including new legislation for over-the-counter devices! Come and learn about the importance of good, evidence-based hearing healthcare and how it can improve your quality of life.

019 | Ukraine & Russia III: Where Are We & How Did We Get Here?

Instructor: Dr. Hilde Hoogenboom

Cost \$14

1 session: Monday, Jan. 23

1:00 – 2:30 p.m. | Zoom

Part III of Dr. Hoogenboom's continuing series integrating the most recent updates on the situation. Russia shocked the world when Putin invaded Ukraine on Thursday, February 24, 2022. Few believed that Ukraine's military would last a week. Europe is undergoing its most profound transformation since the end of the Soviet Union in 1991. The NATO alliance has been reaffirmed as Germany re-arms and Sweden and Finland join; Europe is ending 50 years of importing cheap oil, gas, and coal from Russia; and 6 million Ukrainians have been welcomed by Europe in its worst refugee crisis. This talk is a briefing on the war and sanctions thus far and the history of Ukraine and Russia's relations.

020 | French & Italian Fashion: History & Current Trends

Instructor: Dr. Enrico Minardi

Cost \$28

2 sessions: Mondays, Jan. 23, 30

1:00 – 2:30 p.m. | Tempe Connections (Public Library)

What makes French and Italian fashion so distinctive, so trend-setting? Our review begins post-WWI and continues through the end of the 20th century and lands on today's current trends. Work and innovations by the most relevant fashion designers from both countries will be illustrated and explained, including the impact on society and culture. With regard to this, special attention will be given to cinema and how it popularized French and Italian fashion around the world.

021 | Self-Disclosure, Meeting New People, & Building Relationships

Instructor: Dr. Larry Edmonds

Cost \$56

4 sessions: Mondays, Jan. 23, 30 & Feb. 6, 13

1:00 – 2:30 p.m. | ASU Health Futures Center

When we first meet a new person, we begin to determine right away whether we think we might want to enter into a relationship (friendship, romantic, and even in job interviews, banking relationships, and others) with that person. But how do we do that? We generally engage in what is known as “small talk” and work to share known information about ourselves to the new acquaintance. This discussion applies an “onion” metaphor to illustrate “self-disclosure,” reciprocity, and how we determine whether to enter into those relationships or to move on without nurturing and maintaining that relationship.



Tuesday

022 | Creativity, Innovative Leadership & the Aging Brain

Instructor: Daniel Steininger, JD

Cost \$42

3 sessions: Tuesdays, Jan. 24, 31, Feb. 7

10:30 a.m. – noon | ASU Downtown campus

The speed of technological change has disrupted virtually every facet of our lives, drastically changing how we communicate, listen to music, take pictures, shop, navigate in our cars, and even how we seek healthcare. This rapidity of change — in our personal lives and in the business world — has been accelerating at a pace never before seen in the history of the world. In this class, you will join Daniel Steininger — business leader, author on innovative leadership, and professional speaker — who will aid us in tapping into the “secret sauce of creativity” and whose expertise will help you navigate this flood of changes in our lives. We will also cover the basic tools of innovation required of business leaders today — tools to help businesses survive, prosper, and avoid disruption from competitive innovation. Lastly, this class focuses on key takeaways from contemporary scientific insights highlighting neuroplasticity and how creativity can play a vital role in the “aging brain” as a buffer against loss of cognitive ability.

023 | OLLI Connect: Tempe

Tuesday, Jan. 24

FREE

12:30 – 1:30 p.m. | Tempe Connections (Public Library)

Join us for a friendly gathering for members to connect with their OLLI at ASU staff and fellow members. We want to welcome new members and celebrate the 2023 Spring Class offerings. We are eager to meet you, hear about your favorite OLLI experiences, why OLLI is important to you and forge new points of connection to better serve our OLLI community. Light refreshments will be served. We kindly request that you register in advance; this event is free to our members!

024 | A Very Short Introduction to Quantum Physics

Instructor: Dr. Kfir Hendrickson

Cost \$14

1 session: Tuesday, Jan. 24

1:00 – 2:30 p.m. | ASU Downtown campus

Join Dr. Hendrickson (an erstwhile quantum mechanic) for a sojourn into the strange land of quantum physics. This branch of modern physics deals specifically with light and very small articles, and you will learn in this class that they behave very differently than familiar, macroscopic objects do! This is not a class in metaphysics — the philosophical examination of time and space — nor will we be dealing with quantum mechanics (the mathy, how-to side of quantum theory). Instead, we will be tourists admiring the view — no prerequisite knowledge of physics or math required!

025A | Raptor ID

Instructor: Kathe Anderson

Cost \$14

1 session: Tuesday, Jan. 24

10:00 a.m. – 11:30 p.m. | ASU Health Futures Center

Come discover the raptors likely to be found in the Phoenix area! In this class, we will look at how to identify these awesome predators — both while they fly overhead, as well as when they perch on telephone poles and elsewhere. In this class, we will discuss bald eagles, ospreys, red-tailed hawks, kestrels, and more; all can be found nearby! Registration for this class is a prerequisite for joining the trail walk at Tres Rios (025B) led by Kathe where we will be identifying these raptors in the wild!

Wednesday

026 | Pitfalls of Processed Food

Instructor: Dr. Christy Alexon

Cost \$14

1 session: Wednesday, Jan. 25

10:00 – 11:30 a.m. | ASU Health Futures Center

This class will provide an overview of the “Basic Six” nutrients in food, discuss how processed food is classified, explore how different types of processed foods impact our health, and end with a discussion of tools for healthy meal planning.

Thursday

027 | The Evolution of an Icon: The History of Arizona Highways Magazine

Instructor: Win Holden

Cost \$14

1 session: Thursday, Jan. 26

10:30 a.m. – noon | Tempe Connections (Public Library)

The first issue of Arizona Highways magazine was published in April 1925. Former publisher Win Holden shares the fascinating story of how a brochure produced by the Arizona Highway Department evolved into one of the most respected and revered travel magazines in the world. The journey has been anything but uneventful. With a unique publishing model not dependent on advertising, the magazine has had to unearth new sources of revenue to sustain its operations. And, as part of the Arizona Department of Transportation, it has had to survive without state funding. Learn how this remarkable magazine has beaten the odds and is thriving in a competitive environment that has seen other respected national magazines fall by the wayside.

Friday

028 | Music & the Holocaust

Instructor: Emanuel Abramovits

Cost \$14

1 session: Friday, Jan. 27

10:30 a.m. – noon | Zoom

Join us on International Holocaust Remembrance Day and learn about the role that music played in the struggle for hope in those dark times. We will examine and explore stories about artists who died in the Holocaust, stories about others who survived, and stories about some of the instruments that have been restored.

Saturday

025B | Raptor ID – Trail Walk at Tres Rios
Instructor: Kathe Anderson **Cost \$14**
1 session: Saturday, Jan. 28
8:30 – 10:30 a.m. | Tres Rios, Laveen, AZ

You must have registered for the lecture class (025A) to register for this trail walk. During this trail walk, we will try to identify these awesome predators — both while they fly overhead, as well as when they perch on telephone poles and elsewhere. We will look for bald eagles, ospreys, red-tailed hawks, kestrels, and more; all can be found nearby! Location details and specific for the trail walk will be provided by the instructor. This trail walk is limited to 12 members so be sure to register early.

Beginning Week of Jan. 30

Monday

029 | Living Woods: Art & Crafts in the Russian North
Instructor: Carol Rudie **Cost \$14**
1 session: Monday, Jan. 30
10:30 a.m. – noon | Zoom

Given the extensive forests that form the Russian landscape, wood has surrounded architects, artists, and craftspeople for centuries. Using wood as a form and the resulting woodsman lifestyle as subject matter has produced cultural artifacts in every artistic field. Exploring the way in which life in the woods has influenced visual art opens a perspective into an important aspect of Russian lifestyle.

030 | “Casablanca”
Instructor: Joe Fortunato **Cost \$28**
2 sessions: Monday, Tuesday, Jan. 30, 31
12:30 – 2:00 p.m. | Zoom

Want to learn how to analyze a film? Ever wondered what the big deal was about “Casablanca”? Join us for “Fortunato Film School,” where ASU film Professor Joe Fortunato will screen, discuss, and provide live commentary on the Humphrey Bogart and Ingrid Bergman 1942 classic, “Casablanca” — often cited as one of the most beloved films of all time! First, we will look at the background and making of the film. We will then screen the film together with live commentary provided, giving you insights into the filmmaking process, fun facts, and guidance on how to “read” a film creatively. Think of it as a book club for film fans!

“OLLI provides me the opportunity to explore so many areas that weren’t on my radar when I was younger! Once I discovered OLLI@ASU I felt like I found a hidden treasure! When each schedule comes out, I pour over it searching for what new areas I can explore!”

- Wendy, OLLI at ASU member

Tuesday

031 | Bridge Basics II
Instructor: Vic Quiros **Cost \$42**
3 sessions: Tuesdays, Jan. 31 & Feb. 7, 14
1:00 – 3:00 p.m. | ASU Downtown campus

Bridge is the most interesting and fun card game you can play! This series is a continuation of our fall semester course, “Bridge Basics,” where students learned about taking tricks, trumps, playing as partners, and the contract. In this series, you’ll learn the fundamentals of bidding, declarer play, and defensive play in a highly interactive environment. You’re guaranteed to have a good time with your classmates and to learn a thing or two about this great game. If you’re not sure if the class is a good fit with your level of bridge experience or have some questions, please contact Vic at vic@thebridgeclassroom.com.

032 | The Appalachian Trail
Instructor: Ken Sorensen **Cost \$14**
1 session: Tuesday, Jan. 31
1:00 – 2:30 p.m. | Tempe Connections (Public Library)

The 2000+ mile Appalachian Trail is packed with history, natural beauty, and wildlife. It passes through 14 states and millions of people hike it, at least partially, every year. Join us as we look at how this magnificent hiking-only trail came to be, including the people who devoted their lives to creating and caring for it.

Wednesday

033 | Creative Reading: “The Best American Short Stories 2022”
Instructor: Barbara Nelson **Cost \$56**
4 sessions: Wednesdays, Feb. 1, 8, 15, 22
10:30 a.m. – noon | Tempe Connections (Public Library)

Join us in reading this annual anthology, an invigorating sampler of very current American literature. These twenty stories are windows to American life. They suggest both what is definitive of our contemporary culture and what transcends it. We’ll discuss their craft and effects while cultivating creative discovery of ourselves as readers. The 2022 guest editor, Pulitzer Prize winner Andrew Sean Greer [“Less: A Novel”], has selected work by well-known authors as well as some that will introduce you to new writers. This class is an excellent place to start if you are new to creative reading. Students obtain their own books in whatever format they prefer.

034 | American Indigenous Religion: Roots, Beliefs, Practices
Instructor: Dr. Vicki Cabot **Cost \$14**
1 session: Wednesday, Feb. 1
1:00 – 2:30 p.m. | Zoom

This class will look at the religion of Indigenous peoples in America. You will learn about the roots in the land, essential beliefs and practices, and the history of conflict and challenges as an American religious minority. This is a repeat of the course held in Fall 2022 that we are re-offering due to technical difficulties we encountered in fall.

Thursday

035 | Critical Race Theory

Instructor: Jay Roth

Cost \$56

4 sessions: Thursdays, Feb. 2, 9, 16, 23

10:30 a.m. – noon | ASU Health Futures Center

Over the past several months, there has been great discussion from different perspectives and levels of knowledge, as well as a significant amount of misunderstanding, around Critical Race Theory (CRT). However, CRT has significant implications for America and for the future of our nation as a democracy. This class will examine the history of CRT, starting from its creation in the 1970s-1980s, and will provide understanding of its original purpose and the correlation with racism. We will discuss anti-racism and refer to content on these topics written by Ibram Kendi and Isabel Wilkerson. This class will also focus on how and why CRT has become a flashpoint in the process for racial justice in today's society.

036 | Food: Ordinary, Amazing & Surprising

Instructor: Dr. Stephenie Slahor

Cost \$42

3 sessions: Thursdays, Feb. 2, 9, 16

10:30 a.m. – noon | Zoom

From A to Z, avocados to zucchini, food is more than sustenance and nutrition. It lures us with flavors, variety, and colors. In our three-session course, we'll explore farming, ranching, food processing, marketing, food safety, cooking, and even how to eat "tricky" foods if you happen to be dining with royalty. Because it is a Zoom course, your pet under your desk may be listening, so we'll also include some pointers about pet nutrition.

037 | Hernan Cortes, the Conquest of Mexico & the Course of Early European Colonialism

Instructor: Dr. Jared Day

Cost \$14

1 session: Thursday, Feb. 2

12:30 – 2:00 p.m. | Zoom

This lecture explores the career and extraordinary impact of one of Spain's most consequential and controversial figures during the great age of exploration. Cortes not only conquered the empire of the Incas but planted the seeds of a global Spanish empire that would last for more than 400 years.

038 | Death Upon the Shining Brow: Mamah Bouton Borthwick, Frank Lloyd Wright & Murder at Taliesin East

Instructor: Dr. Michelle Martin

Cost \$14

1 session: Thursday, Feb. 2

1:00 – 2:30 p.m. | ASU Health Futures Center

On August 15, 1914, Julian Carlton's murderous rampage shattered the tranquility of Frank Lloyd Wright's Wisconsin home, Taliesin East. In one afternoon, Wright's lover Mamah, her two children, and three of Wright's architectural fellows were murdered and the home set ablaze. Join us in class to learn more about this infamous love triangle and its sad outcome.

039 | The 14th Amendment: Defining a New Nation

Instructor: Robert McWhirter

Cost \$28

2 sessions: Thursdays, Feb. 2, 9

1:00 – 2:30 p.m. | ASU Downtown campus

America is "freedom" and "rights" — or so most of us say. If pressed, we say we have "civil rights," a ubiquitous category of entitlements going back to the Declaration of Independence, the Constitution, or even the Magna Carta. The Fourteenth Amendment (1868) gives this discussion its constitutional foundation. It expresses Thomas Jefferson's Declaration of Independence that "all men are created equal" and Lincoln's Gettysburg Address that "this country was conceived in liberty and dedicated to the proposition that all men are created equal." Join us in class and learn about the broadest and longest Civil War Amendment — the Fourteenth — and how it serves as the platform of many of today's culture wars, just as its framers intended.

Friday

040 | Founding Friendship: Thomas Jefferson & John Adams

Instructor: Dr. Heather Dudley

Cost \$42

3 sessions: Fridays, Feb. 3, 10, 17

10:00 – 11:30 a.m. | Zoom

This course will trace the arc of the friendship between Thomas Jefferson and John Adams. The southern aristocrat, self-contained, and contemplative Thomas Jefferson, and the outspoken, impulsive, and often irritating John Adams from New England were the Odd Couple of the American Revolution. They were close friends as they worked for American independence, yet once independence was won, they became bitter political enemies. The crisis of their friendship was a metaphor for the divisions in the nation that created the first two political parties and still divides us today. The essential question was (and remains): How is liberty to be protected? As old sages, they resumed their friendship through an exchange of letters where they engaged in a fascinating dialogue on where the country had been and where it was going.

041 | Tai Chi for Health & Wellness

Instructor: Raymond Sol

Cost \$56

4 sessions: Fridays, Feb. 3, 10, 17, 24

10:30 a.m. – noon | ASU Health Futures Center

This class focuses on exercise using the martial art of Tai Chi. Emphasis will be on balance, flexibility, and relaxation skills. Each session includes stretching and balancing the body. Participants will learn Tai Chi moves that exercise body and mind, while learning the breathing techniques for relaxation related to Tai Chi movements. Ample time to practice will be provided. Comfortable clothes and shoes recommended.

Beginning Week of Feb. 6

Monday

042 | Elections of 1796 & 1800

Instructor: Dr. Heather Dudley

Cost \$56

4 sessions: Mondays, Feb. 6, 13, 20, 27

10:00 – 11:30 a.m. | Zoom

We have come to expect that contests for the presidency will focus more on vitriol, personal attacks, and disinformation than on a cool-headed discussion of the issues. This is not new! The campaign of 1796 established the template for the “the politics of personal destruction.” The campaign of 1800 sank even deeper into the abyss with each side making frightening predictions about what would happen if the other candidate was elected. Underpinning the personal attacks was the message about what type of person should be president (hint: manly and Christian). These campaigns also solidified our two-party system with their opposing ideologies about what type of government was needed to protect the young republic. These two elections were the early tests of the efficacy of the electoral college system. It did not go as planned! We will look at the question of why the framers designed such an odd system, what they thought it would accomplish, and why it failed.

043 | For the Love of Birds: Beginning Birding 101

Instructor: Charles Oldham

Cost \$56

4 sessions: Monday-Thursday, Feb. 6, 7, 8, 9

10:30 a.m. – noon | Tempe Connections (Feb. 6, 7, 9)

8:00 – 10:30 a.m. | Riparian Preserve at Water Ranch, Gilbert (Feb. 8)

So what's that little bird singing its heart out atop the Saguaro? Let's figure it out! This class will focus on common Phoenix birds. Designed for beginning birders, we'll combine interactive classes with a site visit to a local “hotspot.” Topics include bird field identification (by sight, voice, behavior, and habitat), binoculars 101, Arizona “hotspots,” and field guides. Charles “Carlos” Oldham will share his birding enthusiasm and a bit of expertise in this fun and popular class. Students must provide their own transportation and binoculars for the site visit.

044 | Internet Video Streaming & Learning From Anywhere

Instructor: Kevin Sebesta

Cost \$28

2 sessions: Mondays, Feb. 6, 13

1:00 – 2:30 p.m. | Tempe Connections (Public Library)

Vast amounts of educational and informative internet videos are at your fingertips. And many internet video services are free or relatively low cost. This class takes you step-by-step into the amazing world of internet videos that are available for viewing on all types of devices and from any location.

Tuesday

045 | Rhythm & Jews: Jews in Jazz, Blues, Rock & Popular Culture

Instructor: Emanuel Abramovits

Cost \$56

4 sessions: Tuesdays, Feb. 7, 14, 21, 28

10:30 a.m. – noon | Zoom

Join us for this four session class about the varied contributions of Jews to popular culture in the realms of jazz, blues, pop, and even rock & roll. We will also be exploring their contributions to record labels, booking agencies, producers, and the myriad, fertile connections shared with other minorities all of which transformed the entertainment industry in America and the world.

046 | Relic Theft

Instructor: Hannah Barker

Cost \$14

1 session: Tuesday, Feb. 7

1:00 – 2:30 p.m. | ASU Health Futures Center

In 828, Venice replaced its patron saint, St. Theodore, with a new and more prestigious patron, St. Mark. This involved stealing St. Mark's body from its prior resting place in the Cathedral of St. Mark in Alexandria. Why did the Venetians do it? How did they get away with it? How did they justify it? In this class, we will examine the phenomenon of relic theft in the early Middle Ages.

047 | History of the French Language

Instructor: Dr. Markus Cruse

Cost \$28

2 sessions: Tuesdays, Feb. 7, 14

1:00 – 2:30 p.m. | ASU West campus

French is one of the most widely spoken and influential languages in the world. These two presentations will describe the French language's evolution from antiquity to the present, discuss the key historical events that have shaped its form and use, and reflect upon its future. Particular attention will be paid to the French language's influence on the development of English. These will be accessible talks, and no prior knowledge of French is needed.

048 | Chemistry (etc.) of You, Part II

Instructor: Dr. Kfir Hendrickson

Cost \$56

4 sessions: Tuesdays, Feb. 7, 14, 21, 28

1:00 – 2:30 p.m. | Tempe Connections (Public Library)

Humans are fascinating animals! For instance, our unusual physiology suits us to being particularly capable of running long distances, but also means we're especially sweaty animals. Our particular throat anatomy allows us to talk, but also makes us uniquely prone to choking relative to other animals. We are, as animals go, a particularly itchy one, for reasons that fascinate scientists. This course will explore these and other chemical, anatomical, physiological, and psychological quirks that make us — human animals one and all — such interesting creatures.

Wednesday

049 | Landscape Photography

Instructor: Eli Vega

Cost \$42

3 sessions: Wednesdays, Feb. 8, 15, 22

10:00 – 11:30 a.m. | Zoom

In this highly interactive course, you will learn about the CDE model for landscapes — equipment needed, types of lenses, flare prevention, filters, timing, lighting, getting vibrant colors, photographing in winter snow, right brain photography techniques, dynamic range, HDR photography, and much more. To get the most out of this course, we encourage you to have either previously taken Beginning Digital Photography or have a solid understanding of camera and photography basics.

050 | Monet's Flowers

Instructor: Allen Reamer

Cost \$56

4 sessions: Wednesdays, Feb. 8, 15, 22 & Mar. 1

10:30 – 12:30 p.m. | ASU West campus

You too can paint flowers in the style and technique of Claude Monet — one of the founders of Impressionism. We will go over the principles of Impressionism as it relates to his flower painting. You will learn how Monet painted fields of flowers, vases of flowers, and waterlilies — his color schemes, pigments paint application, brushwork, composition, and Impressionistic principles. You will have the opportunity to produce one or more paintings of fields of flowers, vases of flowers, and waterlilies. If you wish, the instructor will critique but not criticize your artwork. The instructor will help you but will not work on your painting. This course is for both new and experienced painters. You may use oil, acrylic, water soluble oil, pastel, gouache, or watercolor.

051 | American Indigenous Religion II: Conflict & Change

Instructor: Dr. Vicki Cabot

Cost \$14

1 session: Wednesday, Feb. 8

1:00 – 2:30 p.m. | Zoom

In this class, we look further at American Indigenous religion — tracing its history in the United States, from the country's founding through its territorial expansion and population growth and the federal policy that sought to limit tribal rights. We will also discuss the tribal movement to protect and preserve its culture and religion in response.

052 | Sacred Food, Sacred Places

Instructor: Larry Canepa

Cost \$19 in-person/\$14 Zoom

1 session: Wednesday, Feb. 8

1:00 – 2:30 p.m. | ASU Health Futures Center & Zoom

Food is a necessary part of life, so it becomes linked to all aspects of it. Spiritual experiences come in many forms, from the religious and intellectual, to those centered in art and nature. In some cultures, a single ingredient may represent luck, fertility or love. Cultures across the globe assign deep meaning to everyday food items. Whether you're curious as to the significance of certain foods or want to inject more meaning into your life, journey with me to discover the sacred places and sacred foods of the world. When you register online, please select 052P (in-person) or 052Z (Zoom) to indicate whether you will attend in person or on Zoom. Please note that there is a \$5 additional cost per session to cover food materials brought by Chef Larry for members attending in person.

053 | How Effective Are Our Current Sex Offender Laws?

Instructor: Dr. Rebecca Loftus

Cost \$28

2 sessions: Wednesdays, Feb. 8, 15

1:00 – 2:30 p.m. | ASU West campus

Sex offenders are among the most loathed criminal population, and as a society we have passed more laws dealing with them than almost any other category of offender. But how effective are these laws? This presentation will discuss the rationale and efficacy of laws and policies such as sex offender registration and notification, residency restrictions, civil commitment, and even the death penalty. Alternate programs with promising results will also be covered.

Thursday

054 | OLLI Connect: West

Thursday, Feb. 9

FREE

11:30 – 12:30 p.m. | ASU West campus

Join us for a friendly gathering for members to connect with their OLLI at ASU staff and fellow members. We want to welcome new members and celebrate the 2023 Spring Class offerings. We are eager to meet you, hear about your favorite OLLI experiences, why OLLI is important to you and forge new points of connection to better serve our OLLI community. Light refreshments will be served. We kindly request that you register in advance; this event is free to our members!

055 | Race to the Moon: Tortoise, Hare, NASA & China

Instructor: Dr. Peter Swan

Cost \$28

2 sessions: Thursdays, Feb. 9, 16

1:00 – 2:30 p.m. | ASU Health Futures Center

Exploration of the moon and development of habitable facilities is high on the list of goals for NASA. In addition, the Chinese moon program is laid out for their Taikonauts to be on the surface as researchers to understand our closest neighbor. While these national programs are progressing, the commercial imperative is pushing two other programs toward lunar operations. Mr. Bezos has often displayed his "Blue Lander;" while Mr. Musk just won a commercial contract to deliver astronauts to the moon's surface from the Lunar Gateway. Confusion abounds over all four programs as they seem like "start-ups" with both history and promise. We will address each of these programs.

056 | The French Revolution & Its Aftermath

Instructor: Dr. Markus Cruse

Cost \$14

1 session: Thursday, Feb. 9

1:00 – 2:30 p.m. | ASU West campus

This course will discuss the most important causes behind and moments in the French Revolution and the revolution's repercussions throughout the nineteenth century in France. We will focus on representative images and monuments and pay particular attention to the ways in which the revolution and the

Beginning Week of Feb. 13

Tuesday

057 | Diving Into Family History & Genealogical Research

Instructor: Dr. Eduardo Pagán

Cost \$28

2 sessions: Tuesdays, Feb. 14, 21

1:00 – 2:30 p.m. | ASU Health Futures Center

This course will be a hands-on introduction to genealogical research, with the goal of at least completing a four-generation chart. We will explore the different databases that are available online, from sites like Ancestry.com and FamilySearch.org to U.S. Census information and historic newspapers. Bringing laptops or other internet-enabled devices is encouraged!

Wednesday

058 | How Will Water Shape Arizona's Future?

Instructor: Sarah Porter, JD

Cost \$14

1 session: Wednesday, Feb. 15

10:30 a.m. – noon | ASU Downtown campus

Water is key to Arizona's future. Conditions on the Colorado River are worsening at an alarming rate, with reservoir levels dropping to record lows. Meanwhile, new demand for groundwater is leading to declining water tables in some parts of the state. How will changes in water supply alter Arizona's communities and economy? Will the lack of water affect rural and urban communities and industries in the same way? How should water equity and access be determined? What can we do to save water? Can Arizona water users acquire new supplies? Join us for a timely conversation about the state's current water challenges and what comes next.

Thursday

059 | The Basics of New Age Technology

Instructor: Dr. Hitendra Chaturvedi

Cost \$14

1 session: Thursday, Feb. 16

10:30 a.m. – noon | Tempe Connections (Public Library)

What is artificial intelligence and machine learning? What are big data, blockchain, and IoT devices? What about chatbots, and what is Robotic Process Automation? Robots are changing the way we do things. How will all this impact us? This presentation provides the answers in terms we can all understand.

Want to learn more about our Spring 2023 instructors?

Visit our website at lifelonglearning.asu.edu/classes-instructors to read biographies from each of our instructors.

To search within the Instructor Biographies, press Ctrl + F on PCs or Command + F on Macs and type in the instructor's last name.

060 | Great Discoveries II

Instructor: Dr. Kjr Hendrickson

Cost \$56

4 sessions: Thursdays, Feb. 16, 23 & Mar. 2, 9

2:00 – 3:30 p.m. | ASU West campus

Science often teaches factoids unmoored from context, but we learn best through hearing stories. Separately, scientific discoveries don't occur in a vacuum; they're a product of individuals and societies on many levels. For example, did you know that the first scientist to accurately measure Earth's age was also the crusader ultimately responsible for the removal of leaded gasoline from the U.S. market? Or that one of the most important discoveries of the 19th century was the result of a "failed" experiment? This class explores the stories behind the science in order to deepen understanding of the relationship among science, scientific discovery, and the human experience.

Beginning Week of Feb. 20

Thursday

061 | Conceptual Art & Music: Is It Really Art?

Instructor: Dr. Deborah Robin

Cost \$28

2 sessions: Thursdays, Feb. 23 & Mar. 2

10:30 a.m. – noon | Zoom

After the camera was invented, visual artists questioned the value of creating traditional art. Thus, a number of modern art "isms" were born. By the 1960's social upheaval, some visual artists and musicians started their own artistic revolution. Work was created based on an IDEA; the idea was more important than the finished product. At first the public dismissed "conceptual" art as a hoax — but is it? This art is still with us and gaining popularity. We'll see and hear examples by well-known conceptual artists. Learning their "concepts" will help you appreciate their art — even if you don't love it.

Friday

062 | George Washington

Instructor: Ken Sorensen

Cost \$14

1 session: Friday, Feb. 24

10:00 – 11:30 a.m. | ASU West campus

George Washington was a great man by all accounts. Perhaps the strongest tribute to him was given by his friend General Henry "Light Horse Harry" Lee. General Lee said that Washington was: "First in war, first in peace, and first in the hearts of his countrymen." And yet, there were some interesting peculiarities to the man as well. One particularly interesting habit Washington maintained was that he would not shake hands. It was best to never assume a familiarity with this giant leader among men. He had such an innate dignity about him. He had a calm reserve and he didn't fluster easily. He was deliberate in all of his actions. He was thoughtful and always mindful of being fair to everyone he dealt with. He was very aware that he was the living example of the concept of precedent in all that he did as a president. What a great first executive.

Beginning Week of Feb. 27

Monday

063 | Even More Obscene, Immoral, Indecent & Offensive: American Film Censorship in Action

Instructor: Dr. Kevin Sandler

Cost \$56

4 sessions: Mondays, Feb. 27 & Mar. 6, 20, 27
10:00 – 11:30 a.m. | Tempe Connections (Public Library)

This class will investigate film censorship in the United States by examining a series of controversial Hollywood movies that challenged the boundaries of entertainment, taste, morality, and obscenity from the 1930s to the 1950s. Looking at a whole new set of movies not previously covered, we will focus on the role that cultural, industrial, political, and social forces played in shaping narrative and aesthetic representations of violence, sex, sexuality, class, race, and religion. Films to be screened include those starring Marlene Dietrich, James Stewart, and Miriam Hopkins.

064 | “Rebel Without a Cause”

Instructor: Joe Fortunato

Cost \$28

2 sessions: Monday, Tuesday, Feb. 27, 28
12:30 – 2:00 p.m. | Zoom

Ever wondered what the big deal was about James Dean? Join us for “Fortunato Film School,” where ASU film professor Joe Fortunato will screen, discuss, and provide live commentary on 1955 classic, “Rebel Without a Cause” — the film that made James Dean a legend! First, we will look at the making of the film. We will then screen the film together with live commentary provided, giving you insights into the filmmaking process, fun facts, and guidance on how to “read” a film creatively.

Tuesday

065 | How Antisemitism Fuels Extremism & Conspiracy Theories

Instructor: Dr. Thomas Just

Cost \$14

1 session: Tuesday, Feb. 28
1:00 – 2:30 p.m. | ASU West campus

In this session, we will examine the development of the world's oldest conspiracy theory: antisemitism. The session will begin by examining the historical development of antisemitism from antiquity to the present day. From accusations of blood libel to economic scapegoating to Holocaust denial, the class will provide students with a better understanding of religious, economic, racial, and political forms of antisemitism that persist around the world. The session will conclude with a discussion of some possible strategies to counter the problem.

066 | Memory and History: Remembering the Holocaust II

Instructor: Dr. Vicki Cabot

Cost \$14

1 session: Tuesday, February 28
2:00 – 3:30 p.m. | Zoom

The imperative to never forget, how do we make it real? This class will look at the role of art and architecture in remembering, through museums, memorials and monuments. It will highlight structures around the world and discuss different ways of preserving memory.

Wednesday

067 | Beginning Conversational Spanish

Instructor: Susan Roemer

Cost \$28

2 sessions: Wednesdays, Mar. 1, 8
1:00 – 2:30 p.m. | ASU West campus

In this class, you will learn how English and Spanish are alike in many ways but also different. You will also learn basic conversation, such as what to say as a greeting in public and what to say when eating out.

Thursday

068 | Westward Women: 19th Century Women in the American West

Instructor: Dr. Michelle Martin

Cost \$14

1 session: Thursday, Mar. 2
1:00 – 2:30 p.m. | ASU Health Futures Center

In this class, Dr. Martin shares the varied lives and stories of women in the nineteenth century who made the American West their home. From military spouses and suffragists, serial killers and missionaries to Indigenous and African American women, Dr. Martin highlights their incredible lives and contributions to the history of the West.

Friday

069 | Abraham Lincoln

Instructor: Ken Sorensen

Cost \$14

1 session: Friday, Mar. 3
10:00 – 11:30 a.m. | ASU West campus & Zoom

From the humblest of beginnings, Abraham Lincoln rose to the pinnacle of achievement; not only in politics but also in the hearts of Americans. Elected at a time when the country was literally ripping in two, it was the challenge of his administration to preserve the union. Did you know that he was NOT the main speaker at Gettysburg and died one and a half years later convinced that the Gettysburg Address was his biggest failure? Full of humility and conviction in the same breath, this two-part lecture series explores the life of one of the greatest men to live. When you register online, please select 069P (in-person) or 069Z (Zoom) to indicate whether you will attend in person or on Zoom.

Member Code of Conduct

We look forward to welcoming each and every one of you to our community.

One way we work towards building our community is by following the code of conduct outlined in ASU Policy Number 5-308: The aim of education is the intellectual, social, and ethical development of the individual. The process is ideally conducted in an environment that encourages reasoned discourse, intellectual honesty, openness to constructive change, and respect for the rights of all individuals. A respect for the rights of others in the university community is necessary for the fulfillment of such goals. The Student Code of Conduct is designed to promote this environment at each of the state universities. OLLI at ASU members are subject to the Student Code of Conduct, established by the Arizona Board of Regents (see students.asu.edu/srr/policies), and the University's Technology Access Policy (see uto.asu.edu/security-policies/policy).

Beginning Week of Mar. 6

Monday

070 | Galileo Galilei: Concise Observer
Instructor: Ken Sorensen **Cost \$14**
1 session: Monday, Mar. 6
1:00 – 2:30 p.m. | Tempe Connections (Public Library)

Commonly known as only “Galileo,” this brilliant Italian scientist is the father of the “scientific method.” He moved forward the concept of concise observation. As an astronomer, he rejected the Geocentric concept and proved that Copernicus was indeed right in his mathematical projection that the Sun is the center of the universe. Galileo found himself in direct conflict with the unyielding power of his beloved Catholic church. Join us to hear about his fate!

Tuesday

071 | When Empires Fall
Instructor: Dr. Sarah Bolmarcich **Cost \$42**
3 sessions: Tuesdays, Mar. 7, 14, 21
10:30 a.m. – noon | Tempe Connections (Public Library)

Throughout history, it has always been certain that empires will rise — they have all over the world — and it is now certain that empires will fall. This class looks at several big questions, including: What is an empire? Why do empires rise? Why do empires fall? We will take a comparative approach, looking at three great empires of the world — the Roman Empire, the Ottoman Empire, and the British Empire — and examining their history in brief, as well as the questions listed above.

NEW - Coffee & Round Table Discussion Class

125 | Desert Potpourri
Instructor: Dr. Kjir Hendrickson **Cost \$42**
3 sessions: Tuesdays, Mar. 7, 14, 21
10:30 a.m. – noon | ASU Downtown campus

This course covers some aspects of plant chemistry, including some of the specific adaptations of desert plants. We'll also look at considerations for successful home gardening in the valley, including the science of animal-based pollination and ways to support and encourage local pollinators. Finally, we'll look at the science of some local venomous creatures that you might find in your backyard or on a local hike.

Continue the conversation with a post-class discussion and coffee on **March 21 from 12:00–12:30 p.m.** led by Dr. Hendrickson. Any questions, thoughts, or points of conversation you have are all welcome — this is an exciting opportunity to connect with one of OLLI at ASU's most beloved instructors!

072 | “The Wizard of Oz” as an Allegory of the 1896 Presidential Election

Instructor: Dr. Terry McAteer **Cost \$14**
1 session: Tuesday, Mar. 7
1:00 – 2:30 p.m. | ASU Downtown campus

Frank Baum's 1898 classic, “The Wizard of Oz,” is an allegory about the 1896 presidential election, which pitted William McKinley against William Jennings Bryan. This class will challenge your childhood love for Oz as we explore the very real underpinnings and historical context for the Tin Man, Scarecrow, Lion, Wizard, and even the flying monkeys. Be prepared to be blown away! In this class, Dr. McAteer will also emphasize the historical importance of the election — one of the most consequential in American history.

073 | A Portrait of the Artists as Young Men

Instructor: Dr. Bettina Muehlenbeck **Cost \$28**
2 sessions: Tuesdays, Mar. 7, 14
1:00 – 2:30 p.m. | Zoom

Join us as we look at the intriguing connections and cultural exchange between Victorian music, musicians, and composers of Britain and of the Continent during the first half of the nineteenth century. Special emphasis will be given to the travels and tales of William Sterndale Bennett (1816-75), Felix Mendelssohn Bartholdy (1809-47), and Robert Schumann (1810-56), as they unfold in the artists' letters, diaries, and music. Much of the presented material in these relationships has not been published and will be shared for the first time.

Wednesday

074 | Catching the Midnight Express: The Adventures of a Travel Writer

Instructor: Dan Fellner **Cost \$14**
1 session: Wednesday, Mar. 8
10:00 – 11:30 a.m. | ASU West campus

Take a virtual trip around the world and hear about the fascinating, humorous — and sometimes harrowing — experiences of a travel writer. From eating deep-fried tarantulas in Cambodia, to evading arrest in Dubai, to clandestinely visiting the site where the iconic movie “Midnight Express” was filmed in Malta, the life of a travel writer is rarely boring. The instructor has visited 120 countries, all 50 U.S. states, and published more than 100 travel articles in magazines and newspapers, including USA Today, The Arizona Republic and The Jerusalem Post. While this isn't a writing class, you'll learn about some exotic locations and perhaps get ideas for your next vacation.

075 | The Aztecs & the Mayans

Instructor: Barry Schoenfeld **Cost \$56**
4 sessions: Wednesdays, Mar. 8, 15, 22, 29
10:00 – 11:30 a.m. | Zoom

Ancient America was home to many sophisticated civilizations who left behind mysterious ruins such as Chichen Itza, Teotihuacan, Serpent Mound, Tikal, Machu Picchu, and the Nazca Lines. They created some of the first languages, math systems, astronomy understanding, and agricultural systems that still hold today. In this interactive course, using graphics and videos, we will explore the origins, customs, languages, and achievements of the most influential groups to settle and transform Mesoamerica from 1300 BCE up until the Spanish conquistadors arrived in the New World in the 1500s.

076 | Rembrandt & Vermeer

Instructor: Allen Reamer

Cost \$56

4 sessions: Wednesdays, Mar. 8, 15, 22, 29
2:00 – 3:30 p.m. | ASU Downtown campus

Rembrandt and Vermeer are both well-known painters. They painted during the golden age of Dutch art. They were different in their painting styles, technique, output, color schemes, and feeling. One told stories with his paintings; the other depicted the character of the individuals. Their personal lives were also different, except at the end. In this course, we cover the society they lived in, their fascinating lives, and their great works of art.

Thursday

077 | A Peek & Primer on Asian Religions

Instructor: Dr. Keith Crudup

Cost \$70

5 sessions: Thursdays, Mar. 9, 16, 23, 30 & Apr. 6
1:00 – 2:30 p.m. | Tempe Connections (Public Library)

It has been said that Hinduism has 330 million gods. But is Hinduism really polytheistic, or rather pluralistic? How can Buddhism have a noble truth stating that life is suffering? Is Buddhism a negative religion without an all-good creative God, or rather a religious tradition that adroitly addresses significant problems of the human condition? This class on two of the great Asian religious traditions will address these larger questions and other basic teachings and practices. We may also peek into two more very distinct traditions. Why has it been said in China that one is Taoist at home and Confucian at work?

Friday

078 | Tai Chi for Health & Wellness

Instructor: Raymond Sol

Cost \$42

3 sessions: Fridays, Mar. 10, 17, 24
10:30 a.m. – noon | ASU West campus

This class focuses on exercise using the martial art of Tai Chi. Emphasis will be on balance, flexibility, and relaxation skills. Each session includes stretching and balancing the body. Participants will learn Tai Chi moves that exercise body and mind, while learning the breathing techniques for relaxation related to Tai Chi movements. Ample time to practice will be provided. Comfortable clothes and shoes recommended.



Beginning Week of Mar. 13

Monday

079 | A Primer on Trade & Globalization

Instructor: Dr. Jon Haveman

Cost \$14

1 session: Monday, Mar. 13
10:30 a.m. – noon | Zoom

What is “globalization,” and what are the pros and cons of international trade? We discuss the history and motivations for trade, then compare the gains and potential costs. We look at real-world examples of trade policy (some encourage, some discourage), trade agreements (like EU and NAFTA), and the impact of tariffs, foreign direct investment, and offshoring.

080 | The Power of One in Steven Spielberg Films

Instructor: Bernard “Butch” Epps

Cost \$56

4 sessions: Mondays, Mar. 13, 20, 27 & Apr. 3
1:00 – 2:30 p.m. | Zoom

In Steven Spielberg’s “Schindler’s List” (1993), a character quotes the Hebrew Talmud which proves to be of central importance in the film: “He who saves a single life saves the world entire.” Interestingly, Steven Spielberg has explored this idea in a subsequent number of notable directorial efforts, such as “Saving Private Ryan” (1997), “Munich” (2005), and “Bridge of Spies” (2015) — each with its own particular spin. Through instructor analysis with PowerPoint and class discussion, we will explore the practical implications and deep philosophical questions that arise as we apply this idea to the latter three respective films in the first three weeks, culminating with “Schindler’s List” in our fourth session. Note: The list of films according to screening order with available rental streaming sources will be provided one week before the first class. Registered members are encouraged to watch the assigned weekly movie ahead of time prior to each class meeting.

Tuesday

081 | They Never Surrendered: The Bronco Apache and Apache Arts and Culture

Instructors: Massai Leon & Gregory Hansen

Cost \$28

2 sessions: Tuesdays, Mar. 14, 21
1:00 – 2:30 p.m. | ASU Downtown campus

By 1881, Crazy Horse, Chief Joseph, and Sitting Bull had all come in and vowed they would fight no more forever. In 1886, in a place called Skeleton Canyon in southwestern New Mexico, the great Apache leader Geronimo finally entered the picture. History books have hypothesized that this formally ended the U.S. Indian Wars. But what if that’s not the entire story? What if there was a band of Apache known as the “Broncos” who holed up in and mounted raids out of the Sierra Madre Mountains of Northern Mexico up to as late as 1958? Join instructors Massai Leon (Bedonkohe “Bronco” Apache) and Gregory Hansen (Southern Ponca) for this historic two-part series delving into the histories and traditional stories of the Bronco Apache: as told by a direct descendant of the Bronco Band! The second session will also specifically feature Apache art and craftwork accompanied by traditional Nde stories and songs.

085 | Expedition Cruising in Alaska

Instructor: Dan Fellner

Cost \$14

1 session: Tuesday, Mar. 14

10:30 a.m. – noon | ASU Health Futures Center

Looking for a cool summer getaway? Perhaps you've already cruised to Alaska but want a more authentic and less crowded experience. Expedition cruising takes you to places where the big ships can't go. It's a chance to get up-close to tidewater glaciers, remote fjords, and to see Alaska's abundant wildlife in its natural habitat. The instructor is a veteran travel writer who has written about Alaska and other cruise destinations all over the world.

086 | The King Was a Mensch: Tracing Elvis Presley's Jewish Roots

Instructor: Dan Fellner

Cost \$14

1 session: Tuesday, Mar. 14

1:00 – 2:30 p.m. | ASU Health Futures Center

Locked away in a crate for several decades until its recent public unveiling, a grave marker in Memphis revealed a little-known fact about one of America's most iconic figures. Yes, Elvis Presley, the King of Rock & Roll, had Jewish roots. This highly visual presentation by travel writer Dan Fellner will take you to Elvis' birthplace in Tupelo, Mississippi, and to the Graceland mansion in Memphis, to uncover the secrets of Elvis' surprising connection to Judaism. It's a fascinating glimpse into Presley's life and the multiculturalism that inspired his music.

Wednesday

082 | Is China Creating a New World Order?

Instructor: Dr. Braden Allenby

Cost \$28

2 sessions: Wednesdays, Mar. 15, 22

10:30 a.m. – noon | Tempe Connections (Public Library)

In recent years, American strategic assessments have refocused from global terrorism to a "rising China" as the primary challenge to American dominance. Meanwhile, China has been gaining confidence, believing that Americans are fading as the dominant world power and the time is ripe for a "New World Order" — led by China — to emerge. How this competition between contrasting cultures and ideologies continues to evolve is globally important: chances of violence are high, emerging technologies may favor different governance models than in the past, and the worlds each country would create in the future look completely different. In this class, we will explore whether a new world order is realistic and who might benefit if it does evolve.

083 | Birds & Bugs of the Desert

Instructor: Kurt Leuschner

Cost \$28

2 sessions: Wednesdays, Mar. 15, 22

1:00 – 2:30 p.m. | Zoom

Have you ever wondered about the birds and bugs that frequent a typical desert backyard? These two areas happen to be the specialty of Professor Leuschner. In part one, we will discuss birds and in part two — bugs, hoping to answer all of your questions about identification, interesting behaviors, conservation status, and enhancing your yards to attract more wonderful wildlife.

084 | Intermediate Conversational Spanish

Instructor: Susan Roemer

Cost \$28

2 sessions: Wednesdays, Mar. 15, 22

1:00 – 2:30 | ASU West campus

In this class, you will read and discuss two special poems paired side by side in English and Spanish. Then you will use multiple-choice questions to analyze them. You'll come to understand what the poet means when she says, "There's something about poetry that touches my soul. It is a language of its own with feeling and passion. It's a present you can give."

NEW - Coffee & Round Table Discussion Class

087 | A Geological Narrative of Arizona & the Southwest

Instructor: Dr. Steven Semken

Cost \$70

5 sessions: Thursdays, Mar. 16, 23, 30 & Apr. 6, 13

9:30 – 11:00 a.m. | Tempe Connections (Public Library)

In this class, we will apply basic principles of earth science to investigate the rocks and landscapes of Arizona and the Southwest in order to decipher the stories they encode and to interpret the geologic history, scenery, resources, dynamic processes of change, and natural hazards of the complex and fascinating desert and mountain region we inhabit and love.

Continue the conversation with a post-class discussion and coffee on **March 16 from 11:00 – 11:30** led by Dr. Semken. Any questions, thoughts, or points of conversation you have are all welcome — this is an exciting opportunity to connect with one of OLLI at ASU's most beloved instructors!

Beginning Week of Mar. 20

Monday

NEW - An OLLI Evening Workshop Series

088 | The Old World: Classic Wine Regions of Europe

Instructor: Shawn Richcreek

Cost \$84

6 sessions: Mondays, Mar. 20, 27 & Apr. 3, 10, 17, 24

7:00 – 9:00 p.m. | Zoom

Fantastic wine is being made all over the world today — from California to Canada and from New York to New Zealand. However, most of wine's culture, tradition, production techniques, laws, and quality standards all developed in Europe over the last two thousand years. In order to fully appreciate all that is wonderful in the modern world of wine, it helps to have a basic understanding of the classic wine regions of the old world. Join Certified Sommelier and Certified Specialist of Spirits Shawn Richcreek for this incredible evening class where we will cover the wines, grapes, and growing regions of France, Italy, Spain, Portugal, and Germany in a fun and entertaining way. A list of recommended wines to purchase to enjoy during class will be provided by the instructor.

Tuesday

089 | When Music Goes Wrong

Instructor: Scott Youngs

Cost \$14

1 session: Tuesday, Mar. 21

10:30 a.m. – noon | Zoom

We'll start with a few premiers that the composers did not enjoy and then move on to the "modern" music that created much consternation and an exodus from the concert hall in our time. After some explanation of that period in our orchestral history, we'll move on to much more recent works that did not "go wrong." Having overcome a period of music that did not communicate, we find that today's composers are giving us truly wonderful new works that do engage and that do move us. These new works give us a reason to return to the concert hall!

090 | The Golden Age of British Painting

Instructor: Allen Reamer

Cost \$28

2 sessions: Tuesdays, Mar. 21, 28

12:30 – 2:30 p.m. | Zoom

Eighteenth century England was the golden age of British painting. Six remarkable painters emerged and legacies have endured. Four were portrait painters: Joshua Reynolds, Henry Raeburn, Thomas Lawrence, and George Romney. Another, Thomas Gainsbourg, was a landscape painter. The sixth, a seascape painter: J.M.W. Turner. We will examine the art they created and learn a bit about their lives.

Wednesday

091 | The Jewish Women's Poetry Series

Instructor: Melissa Leto

Cost \$56

4 sessions | Wednesdays, Mar. 22, 29 & Apr. 5, 12

2:30 – 4:00 p.m. | Zoom

Whether the poetry of a rabbi's daughter or the granddaughter of four Holocaust survivors, a trailblazing feminist, or a woman on the edge of time: the imprint of Judaism in poetry merits a spotlight. This course examines Jewish culture, values, and mythologies within the work of notable poets Marilyn Hacker, Nomi Stone, Adrienne Rich, Marge Piercy, and Jessica Greenbaum. Inspired by their revered integrations of history and ritual, we will work to generate our own poetry.

LEG | Current Affairs Discussion Group

Contact: Jim Stephens

FREE

The Current Affairs Discussion Group meets the third Saturday of each month from 10:00 to 11:30 a.m. via Zoom. The group is facilitated, not lectured, by Jim Stephens, PhD. The sessions offer a learning and listening opportunity for all. Discussion topics are drawn from Great Decisions (GD) 2022 and 2023. Great Decisions 2022 is available from the Foreign Policy Association (www.fpa.org/great_decisions) online or by calling 800-477-5836. The cost for the booklet is \$35. Additional discussion topics and references for topics are encouraged. Occasional videos will be used. Discussion group members are expected to have researched the discussion topic and bring cogent thoughts and questions to the session. Alternative views are encouraged.

To join and for additional information, please contact Jim at stephens.jim.a@gmail.com.

Thursday

092 | Arizona "In Full Blast"

Instructor: Donald Larry

Cost \$14

1 session: Thursday, Mar. 23

10:30 a.m. – noon | ASU Health Futures Center

In this class, we will explore the brass band movement in Arizona from 1865 to 1920. We'll examine vintage photographs of Arizona's early bands, town bands, ethnic bands, and ladies' bands, and their interrelationships. We will discuss individuals such as Achille LaGuardia, Fiorello's father and bandmaster at Ft. Whipple in Prescott, where Fiorello grew up, and others. New research findings on early Phoenix and Tempe bands will be revealed. Included will be a tabletop display of vintage brass instruments.

093 | Coping With Stress for Enhanced Mental & Physical Health & Longevity

Instructor: Dr. Bruce Rabin

Cost \$56

4 sessions: Thursdays, Mar. 23, 30 & Apr. 6, 13

10:30 a.m. – noon | ASU Health Futures Center

This class is intended for healthy individuals who will benefit from increased stress-coping skills, and also for individuals with diseases where stress coping can promote an enhanced sense of wellbeing and possibly influence the course of disease. Examples of diseases that may benefit from enhanced stress coping skills include hypertension, depression, asthma, arthritis, cancer, atherosclerotic heart disease, chronic pain, sleep disturbances, psoriasis, chronic fatigue syndrome, multiple sclerosis, lupus, fibromyalgia, and inflammatory bowel disease.

094 | 'And If I Perish': Women on the Frontlines of Revolt, Revolution & War

Instructor: Dr. Pamela Stewart

Cost \$56

4 sessions: Thursdays, Mar. 23, 30 & Apr. 6, 13

10:30 a.m. – noon | ASU West campus

While many view women's presence in war as an exception, not the rule, history tends to prove otherwise. Rarely the subject of formal conscription, women have nonetheless entered war by choice, circumstance, or proximity. Siege warfare, shelling in contested landscapes, barricade erection in city streets — as well as enlistment — have all meant women's frontline presence. Supply and support have kept armies on the move, yet women's presence in those arenas tends to be understood as something different than when men do the same jobs. Come learn more about women's willingness to occupy military space over many centuries — and why knowing that matters.

095 | Vietnam's Forgotten Victims: Civilian Medical Care 1965-1975

Instructor: Dr. Richard Carlson

Cost \$14

1 session: Thursday, Mar. 23

1:00 – 2:30 p.m. | ASU Health Futures Center

The Vietnamese government, USAID, U.S. military, and allied medical teams struggled to treat endemic diseases and the ravages of war in primitive Province hospitals — facilities constructed by the French in the early 1900s. Despite huge obstacles, many lives were saved by allied 'angels amid the enemy,' although at least one million VN civilians, mostly women and children, perished. We review the challenges and limited successes of these efforts, including the AMA's Volunteer Physicians for Vietnam program.

Beginning Week of Mar. 27

Tuesday

096 | The Two Elizabeths: How Jewels & Fashion Defined Their Monarchies

Instructor: Jan Krulick-Belin **Cost \$28**
2 sessions: Tuesdays, Mar. 28 & Apr. 4
10:30 a.m. – noon | ASU Health Futures Center

Although these two iconic British queens' reigns are separated by 400 years, both understood the ability of jewels and fashion to help create an image of power, legitimacy, and dynasty. This two-part class will explore how Elizabeth I and the late Elizabeth II carefully controlled and shaped their unique public personas through their clothing and gems.

097 | An Introduction to the History of the African Continent

Instructor: Dr. Andrew Barnes **Cost \$70**
5 sessions: Tuesdays, Mar. 28 & Apr. 4, 11, 18, 25
1:00 – 2:30 p.m. | Tempe Connections (Public Library)

This course is a broad outline of the peoples of the African continent and their histories. The course is structured chronologically, with African history discussed in five different eras going back to ancient times in the Nile River Valley up to Africa's engagement with present-day global civilization.

Wednesday

098 | British Cathedrals & Churches for Travelers

Instructor: Allen Reamer **Cost \$28**
2 sessions: Wednesdays, Mar. 29 & Apr. 5
10:30 – 12:30 p.m. | Tempe Connections (Public Library)

Even if you are just an armchair traveler for now, this lecture will increase your knowledge and enjoyment of English church architecture. We will look at and discuss Anglo-Saxon, Norman, Early English Gothic, Decorated Gothic, Perpendicular Gothic and Neoclassic church architecture. Our travels will include English cathedrals both in and outside of London, plus some early churches to give you an in-depth overview of English ecclesiastical architecture.

099 | Literary Travel Writing Approaches: Take Your Travel Writing Places

Instructor: Renee Rivers **Cost \$56**
4 sessions: Wednesdays, Mar. 29 & Apr. 5, 12, 19
1:00 – 2:30 p.m. | ASU West campus

Come experience writing about place and personal narratives as they relate to contemporary, diverse, literary travel writing. You will engage in close readings of contemporary, place-based memoirs and literature of travel to understand how to meld personal narratives and travel writing. Exercises will focus on writing craft, memory, writing about the self, senses, place, invention, imagination, journaling, close reading, and travel writing issues, including but not limited to: avoiding cultural stereotypes and clichés, approaching a place with a traveler's perspective, and showing versus telling the traveler's story.

Thursday

100A | Birds of Phoenix: The Desert Dozen

Instructor: Kathe Anderson **Cost \$14**
1 session: Thursday, Mar. 30
10:30 a.m. – noon | ASU Health Futures Center

In this class, we will focus on a dozen of the common species of birds found in the desert/urban interface, including quail, grackles, house sparrows and house finches, mockingbirds, and mourning doves. This class is one way to start birding and building identification skills, as well as appreciating each species as we cover uncommon facts about these common birds. Registration for this class is a prerequisite to joining the trail walk at Gilbert Water Ranch (100B) led by Kathe where we will be identifying these desert birds in the wild!

101 | Dangerous Liaisons: A Love Affair With Venoms

Instructor: Dr. Richard Carlson **Cost \$14**
1 session: Thursday, Mar. 30
1:00 – 2:30 p.m. | ASU Health Futures Center

Venomous creatures have been worshipped, feared, and studied for millennia. We will distinguish venoms from poisons, the wide scope and distribution of venomous animals and their venom apparatuses, composition of venoms and their effects, together with a review of venoms in history, religion, and mythology. Finally, we discuss rattlesnakes of Arizona, how to avoid a bite, together with first aid measures and definitive management.



Friday

100B | Birds of Phoenix: The Desert Dozen – Trail Walk at Papago Park

Instructor: Kathe Anderson **Cost \$14**
1 session: Friday, Mar. 31
7:30 – 9:30 a.m. | Papago Park, Phoenix

You must have registered for the lecture class (100A) to register for this trail walk. Join us for a trail walk as we focus on a dozen of the common species of birds found in the desert/urban interface, including quail, grackles, house sparrows and house finches, mockingbirds, and mourning doves. This trail walk is another way to start birding and building basic identification skills, as well as appreciating each species. Location details and specific for the trail walk will be provided by the instructor. This trail walk is limited to 12 members so be sure to register early.

102 | Babe Ruth

Instructor: Ken Sorensen

Cost \$14

1 session: Friday, Mar. 31

10:00 – 11:30 a.m. | **ASU West campus & Zoom**

Babe Ruth had such a rugged youth that he was sent to a Baltimore orphanage and reform school to be raised. It became obvious that he was talented in baseball. Brother Mathias became the driving factor and got him an opportunity with the Boston Red Sox. His career with them was impressive, but he was sold to New York, and that changed baseball history. His Hall of Fame plaque says: "The greatest drawing card in the history of Baseball." Come and hear why that was true. When you register online, please select 102P (in-person) or 102Z (Zoom) to indicate whether you will attend in-person or on Zoom.

OLLI Saturday Series Presents:

103 | Never Forget: The Germans and the Holocaust

Instructor: Anette Isaacs

Cost \$56

4 sessions: Saturdays, Apr. 1, 8, 15, 22

10:00 – 11:30 a.m. | **Zoom**

2023 marks the 90th anniversary of Adolf Hitler seizing power in Germany. Even today, almost 80 years after the end of World War II, generations of Germans are still grappling with their country's and, in many cases, their own family's horrible legacy of the Nazi dictatorship. Join German historian Anette Isaacs for a fascinating discussion of how her native country has attempted to cope with the guilt of having caused the Holocaust and reconcile this history.

Beginning Week of Apr. 3

Monday

104 | Environmental Ethics in the Anthropocene

Instructor: Dr. Christopher Rojas

Cost \$14

1 session: Monday, Apr. 3

10:30 a.m. – noon | **Tempe Connections (Public Library)**

Environmental ethics challenge us to confront profound and difficult questions about our relationship to the natural (and built) environment. Questions include the moral status of nature and the relative value of nonhuman individuals, populations, and ecosystems. It also addresses the relationship between environmental values vs other human interests (e.g., economic growth). Do we, as the planet's most dominant species, have the responsibility to shrink our local, regional, and global ecological footprint? Despite the strong suggestions of environmentalists, this shrinkage has not succeeded and forces environmental ethicists to either reformulate or perhaps be lost to irrelevancy.

105 | South Phoenix: An Origin Story

Instructor: Mary Hope Lee

Cost \$56

4 sessions: Mondays, Apr. 3, 10, 17, 24

10:30 a.m. – noon | **ASU Downtown campus & Arizona Room at Burton Barr, Phoenix Public Library**

Description: South Phoenix and the people who live there have played a significant and complex role in the history and development of the city of Phoenix. But South Phoenix has always been defined by others. Participants will learn the how and why, and the consequences, of this othering. The course will include a guest speaker who lives and works in South Phoenix and a trip to the Arizona Room at the Burton Barr branch of the Phoenix Public Library for the last session.



106 | Lotus Lantern Craft Workshop: Virtual Craft Class With KSCPP

Instructor: Younhee Shin

Cost \$14

1 session: Monday, Apr. 3

10:30 a.m. – noon | **ASU West & Health Futures Center**

Join OLLI and the Korean Spirit and Culture Promotion Project (KSCPP) for this workshop where you will learn step by step how to make a lovely lotus flower lantern.

This class will take place in person at the West campus and Health Futures so that members in different parts of the valley can participate. The instructor will be leading the craft workshop remotely via Zoom and we will project the video on our large screens in our classrooms at each respective location. As a part of class, you will also learn about Korea's unique history and culture. A short documentary film will be played toward the end of the class.

107 | The Golden Age of Broadway Musicals: 1950-1969

Instructor: Barry Schoenfeld

Cost \$56

4 sessions: Mondays, Apr. 3, 10, 17, 24

11:30 a.m. – 1:00 p.m. | **Zoom**

Starting in the 1950s, Broadway musicals were a central feature of American popular culture. Every season saw new stage musicals send songs to the top of the pop charts. Public demand, a booming economy, and abundant creative talent kept Broadway hopping. Join your guide, Barry Schoenfeld (who started attending Broadway musicals in the 60s), for a deep exploration of the very best of Broadway — "Call Me Madam," "Brigadoon," "Guys & Dolls," "The King & I," "Irma la Douce," "West Side Story," "Hair," and "Man of La Mancha" — all packed into just four weeks bursting with music!

108 | Food, Music & Memory

Instructor: Dr. Larry Edmonds

Cost \$56

4 sessions: Mondays, Apr. 3, 10, 17, 24

1:00 – 2:30 p.m. | ASU Health Futures Center

At one time or another, most of us have tasted a food item, smelled something cooking/baking, or heard music that has transported us to a past experience. The sound of a “Pomp and Circumstance” march harkens many of us back to a graduation from high school or college. Or perhaps your mother also used to bake a mayonnaise cake for family occasions and now you associate the divine taste of the Hershey Cocoa powder frosting (ignoring the mayonnaise) with those great family memories. In this class, we will ponder these connections and examine their relationships. Join ASU Professor Emeritus Larry Edmonds for this exciting exploration of how food and music are deeply entangled and intertwined with our memories.

109 | The Ju/'hoansi Bushmen of Southern Africa: From the Hunter-Gatherer Past to the Modern World

Instructor: Dr. Polly Wiessner

Cost \$42

3 sessions: Mondays, Apr. 3, 10, 17

1:00 – 2:30 p.m. | Tempe Connections (Public Library)

For at least 95% of our evolutionary history, humans lived by hunting and gathering. We will explore how the people of one hunting and gathering society, the Ju/'hoansi Bushmen (known to some from the film “The Gods Must be Crazy”), managed to survive in the highly variable environment of the Kalahari desert in southern Africa. We will trace how the Bushmen are gradually adapting to the rapid cultural change taking place today by switching to a mixed economy to counteract the loss of land and climate change. The impact of recent adoption of money on social networks, relationships, and quality of life will be documented. Past and present lifestyles will be illustrated in the films of John Marshall, the work of other anthropologists, and Dr. Wiessner's 45-year research in the area.

LEG | Understanding Modern U.S. Culture

Contact: Carol Kubota

FREE

The purpose of this Learning Enrichment Group (LEG) is to begin to uncover and understand the variety of cultural dynamics and dimensions in the U.S.

This LEG meets on the first and third Thursdays each month starting at 3:00 p.m. on Zoom. We will engage with thought-provoking content to assist us in understanding and appreciating the cultural groups that live in the towns, cities, and neighborhoods we call home.

We can begin to improve our understanding of culture through exposure to different learning styles, increasing our tolerance of those who are perceived to be different, and participating in opportunities that inclusively connect and unite, as individuals and as a collective. This LEG seeks to appreciate and celebrate how cultural dynamics can enhance our quality of life and increase the overall well-being of the communities we know and love.

If you are interested in joining or have any questions, please contact Carol at 2ndlifetravel@gmail.com.

Tuesday

110 | The Crown Jewels of Natural America – National Parks & the Backcountry Ranger

Instructor: Gregory Hansen

Cost \$28

2 sessions: Tuesdays, Apr. 4, 11

1:00 – 2:30 p.m. | Zoom

America's national park system is recognized around the world as the ultimate in natural resource protection. This two-part series covers the fascinating histories and stewardship of our most popular national parks: Yosemite, Yellowstone, Mesa Verde, and (of course) the Grand Canyon. In the second class, we get down into the dirt with the instructor sharing thrilling first-hand experiences as a backcountry ranger and manager for the National Park Service and U.S. Forest Service via real-life recollections of life-threatening animal encounters, cantankerous human confrontations, and perilous search-and-rescue missions.

Thursday

111 | Whale of a Tale: Biology, Religion & Literature of Cetaceans

Instructor: Dr. Richard Carlson

Cost \$14

1 session: Thursday, Apr. 6

1:00 – 2:30 p.m. | ASU Health Futures Center

We examine the mythology and religious significance of whales, as well as their effects on history and economy, as we explore the biology of these largest creatures on earth. Depictions of whales span centuries and have been featured in literature, TV, and movies. The current status of their endangerment will be reviewed.

112 | Chemistry in the Real World III

Instructor: Dr. Kijir Hendrickson

Cost \$56

4 sessions: Thursdays, Apr. 6, 13, 20, 27

1:00 – 2:30 p.m. | Zoom

A continuation of Dr. Hendrickson's class in the fall (prior registration not a prerequisite to joining this class). Chemistry is both fascinating and intimately relevant to daily life: it's what happens all around us and inside us, every day. This class will examine aspects of human body chemistry, starting with fad diets (and why most diets fail). We'll move on to cellular energy generation and the chemistry of exercise. Finally, we'll look at what scientists are learning about the role of microbes in human health and whether (and how) we are unintentionally creating diseases and \$40 superbugs through antibiotic overuse.

113 | Ophelia and the Arts

Instructor: Dr. Cristiane Smith

Cost \$14

1 session: Thursday, Apr. 6

2:00 – 3:30 p.m. | Zoom

Despite Ophelia's invisibility in mainstream criticism until the 1980s, the Shakespearean character has gained remarkable visibility in our culture. The 19th century gives Ophelia prominence in conduct manuals, family editions of Shakespeare's works, theatrical productions of “Hamlet,” music, and the visual arts, a phenomenon that still thrives in our days. In this class, join international Shakespeare expert Dr. Cristiane Smith in her exploration of the “Ophelia myth” in the arts alongside her recently published book on the subject.

Beginning Week of Apr. 10

Monday

114 | Ukraine & Russia IV: Where Are We & How Did We Get Here?

Instructor: Dr. Hilde Hoogenboom

Cost \$14

1 session: Monday, Apr. 10

1:00 – 2:30 p.m. | Zoom

Part IV and the final installment of Dr. Hoogenboom's ongoing OLLI series integrating the most recent updates on the situation. Russia shocked the world when Putin invaded Ukraine on Thursday, February 24, 2022. Few believed that Ukraine's military would last a week. Europe is undergoing its most profound transformation since the end of the Soviet Union in 1991. The NATO alliance has been reaffirmed as Germany re-arms and Sweden and Finland join; Europe is ending 50 years of importing cheap oil, gas, and coal from Russia; and 6 million Ukrainians have been welcomed by Europe in its worst refugee crisis. This talk is a briefing on the war and sanctions thus far and the history of Ukraine and Russia's relations.

Tuesday

115 | Adding Healthy Foods to Our Diet: The Anti, Pre & DASH

Instructor: Kathleen Dixon Cost \$57 in-person/\$42 Zoom

3 sessions: Tuesdays, Apr. 11, 18, 25

10:30 a.m. – noon | ASU Health Futures Center & Zoom

Join ASU Clinical Professor Kathleen Dixon for this class where we will be debunking myths surrounding antioxidants and identifying ways to increase the antioxidant content of your diet, identifying and discussing the role of prebiotics and probiotics for a healthy gut microbiome, and exploring how to incorporate the principles of the DASH diet into your lifestyle. Come ready to help prepare vegetables in ways that may be new to you. Please note that there is a \$5 additional cost per session to cover food materials brought by Kathleen for members attending in person. When you register online, please select 115P (in-person) or 115Z (Zoom) to indicate whether you will attend in person or on Zoom.

116 | Damn the Constitution, Full Speed Ahead

Instructor: Steven Cooper

Cost \$28

2 sessions: Tuesdays, Apr. 11, 18

10:30 a.m. – noon | ASU West Campus

This class will focus on how several U.S. presidents have ignored or circumvented the U.S. Constitution during times of war and/or have authorized the use of military action without seeking a declaration of war from Congress. We will also explore how and why the other branches of government have, for the most part, acquiesced to the actions of the presidents, particularly in restricting constitutionally protected rights.

117 | Women Western Artists in a Man's World

Instructor: Dr. Eduardo Pagán

Cost \$28

2 sessions: Tuesdays, Apr. 11, 18

1:00 – 2:30 p.m. | ASU Health Futures Center

This course will include an introduction to Western art and an on-sight guided tour of the Desert Caballeros Western Museum's 2023 Cowgirl Up exhibition. The museum is in Wickenburg, AZ and there will be an additional cost to enter. This is a nationally known art exhibition of original art, and it is the only one that features all women artists and their work.

Thursday

118 | The Rise of Polarization of America

Instructor: Jay Roth

Cost \$42

3 sessions: Thursdays, Apr. 13, 20, 27

10:30 a.m. – noon | ASU Health Futures Center

From the founding of America, there have always been different perspectives regarding democracy and how it would be defined and implemented. Each generation struggled with issues including slavery, race, voting rights and immigration. But over the last century, the extent and depth of the nation's polarization has dramatically increased creating significant tensions and acrimony across the political spectrum. In this class, we will explore the roots and components of the divisiveness we are experiencing and options and opportunities going forward.

Beginning Week of Apr. 17

Monday

119 | British Empire in World War II

Instructor: Dr. Tobias Harper

Cost \$14

1 session: Monday, Apr. 17

10:30 a.m. – noon | ASU Health Futures Center

A classic image of Britain in 1940 after the fall of France is that it "stood alone" against the Nazis until the entry of the Soviet Union and the USA the following year. Yet this is a myth: in 1940 Britain ruled over one of the largest empires in history, which included almost a quarter of the world's population. This class examines the ways in which the British Empire was central to the causes, strategy, conduct, and economics of the war, and how the war contributed to the end of empire.

120 | Fire-Inspired: The Story of Beethoven's Ninth Symphony

Instructor: Dr. David Schildkret

Cost \$28

2 sessions: Mondays, Apr. 17, 24

10:30 a.m. – noon | Tempe Connections (Public Library)

The history around Beethoven's Ninth Symphony begins with the composer's first attempts to set Schiller's "An die Freude" (literally "To Joy," commonly called "Ode to Joy") to music around 1790. We will explore Schiller's text and the philosophical movements that gave rise to it, Beethoven's lifelong interest in creating a suitable musical setting, and the remarkable design of the symphony that Beethoven finally created around it near the end of his life. The ASU Symphony Orchestra and choirs will perform the symphony on April 28 at 7:30 p.m. in Gammage Auditorium.

Wednesday

121 | The COVID-19 Test Most of Us Need Now

Instructor: Dr. Douglas Lake

Cost \$14

1 session: Wednesday, Apr. 19

10:30 a.m. – noon | ASU Health Futures Center

This class will provide an explanation of how RNA vaccines work and the immunologic responses to COVID-19 vaccines, both antibodies and T cells. Dr. Lake will clarify natural vs. vaccine-induced immunity to COVID-19. You will learn about the differences in protective immunity to viral strains, such as Delta and Omicron, and we will discuss the development of a test that measures levels of protective antibodies. This class also includes a tour of the lab at the ASU Health Futures Center. Closed-toed shoes must be worn for this class to enter the lab.

Thursday

122 | Natalie & Sandy Forsyth's Army Life in the American West

Instructor: Dr. Michelle Martin

Cost \$14

1 session: Thursday, Apr. 20

10:30 a.m. – noon | Tempe Connections (Public Library)

Natalie Sedgwick Beaumont grew up with the U.S. Army in the American West. When she met Lt. Col. George (Sandy) Forsyth at Fort Bowie little could she know her life would be linked to momentous events in the West. Join Dr. Michelle Martin as she shares the Forsyth's incredible story and the history of the Indigenous peoples they encountered in the 19th century.

Beginning Week of Apr. 24

Monday

123 | An Introduction to Intellectual Property Using 20th Century Examples

Instructor: Dr. Michael Donovan

Cost \$14

1 session: Monday, Apr. 24

10:30 a.m. – noon | ASU Health Futures Center

Intellectual property law is an ever-changing, sword-and-shield aspect of modern life, especially for U.S. businesses. The early 20th and 21st centuries saw tremendous legal issues arise in the context of intellectual property. We will look at some of the more interesting disputes that arose in the fields of patent law, trademark law, and copyright law. This lecture will provide you with an overview of these three areas that make up intellectual property law, and we will then dive into some interesting examples from the last century.

Thursday

124 | Lavinia in Titus Andronicus: Interpreting Her "Map of Woe"

Instructor: Dr. Cristiane Smith

Cost \$14

1 session: Thursday, Apr. 27

2:00 – 3:30 p.m. | Zoom

In Titus Andronicus, Shakespeare memorably associates Lavinia's horrific plight with other rape victims in classical literature. Not able to tell her story, Lavinia turns to Philomel in Ovid's Metamorphoses. The direct relationship between Lavinia and Philomel brings to mind other rape narratives, as well as Shakespeare's poem "The Rape of Lucrece." Join international Shakespeare expert Dr. Cristiane Smith in this class to explore the intertextuality between Lavinia and other characters.

~ SAVE THE DATE ~

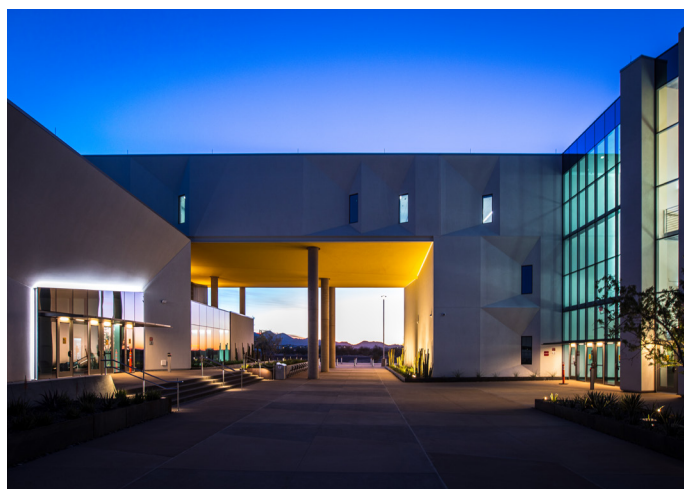
"OLLI at ASU Night of Excellence"

Wed. April 12, 5:30 - 7:30 p.m.

* Osher Lifelong Learning Institute and Arizona State University/Mayo Clinic Health Futures Center are partnering to broaden and accelerate the learning among the 50+ community throughout the Valley. This year we celebrate this partnership with a ribbon-cutting ceremony.

* We celebrate our OLLI at ASU donors and their financial support. Your gifts ensure the long-term sustainability of enriching educational and social programming that touches the lives of all our members.

* We celebrate the gift from CDH Charitable Foundation and the partnership with Arizona School of Art. We will exhibit the projects that were a result of bi-directional co-learning opportunities created by our scholarship recipients that were comprised of our OLLI members and ASU students.



NEW Workshop Series: Presented by the 2022-2023 OLLI at ASU Intergenerational Learning Service Scholars

A **free** series of intergenerational, creative workshops led by ASU student scholars from the School of Art **exclusively for OLLI at ASU members**



Each workshop series will be held in two parts. Classes are interactive and intergenerational. No previous experience required! Registration is free for members.

126 | Exploring Macroscopic Landscapes

Scholar: Sarah Marie Brazeal

2 sessions: Monday, Tuesday, Mar. 6 & 7

Time TBD | ASU Tempe Campus, School of Art

Explore the in-between space of 2-D and 3-D artwork. Using the dry point printmaking process, this workshop will delve into macroscopic landscapes and teach participants how to render their ideas via texture and line. Participants will learn the full printmaking process as they formulate and execute prints collaboratively and individually.

127 | Sustainable Creative Practices: Natural Dyeing and Paper Baskets

Scholar: Rebecca Pipkin

2 sessions: Fridays, Mar. 17, 24

10:00 a.m. – noon | ASU Tempe Campus, School of Art

This workshop invites participants to engage with sustainable materials by utilizing plants to generate dyes for both fabric & paper. Naturally dyed paper fibers will be shaped into paper baskets, while dyed fabric will be transformed into both individual & collective projects that consider sustainable opportunities in art making!

128 | Place, Plants & Prints: Connecting to the Sonoran Landscape Through Monotype Printmaking

Scholar: Amy Simons

2 sessions: Saturdays, Apr. 1, 8

1:00 – 3:30 p.m. | ASU Tempe Campus, School of Art

In this workshop we will explore our visual connection to the Sonoran Desert landscape through monotype printmaking using found plant stencils. Participants will be invited to work both individually and collaboratively, exploring color, form and connection to place while creating one-of-a-kind prints.



The **Osher Lifelong Learning Institute at ASU (OLLI at ASU) Intergenerational Learning Service Scholarship** is an annual award given to three currently-enrolled ASU students to build innovative programs and connect traditional ASU students with the passions and aspirations of lifelong learners. Based on their creativity, passion for innovative pedagogy with lifelong learners, and ability to build community-driven projects, recipients will design, teach, and facilitate a community-driven, artistic project that features intergenerational learning (people of all ages learning together and from each other) for OLLI members and currently-enrolled ASU students.

This year's awardees are: **Amy Simons, Rebecca Pipkin, and Sarah Marie Brazeal**. For the 2022-2023 scholarship cohort, an additional scholarship has been awarded to **Remi Koebel** for their project on intergenerational learning and community-building narratives. These projects and the work of these scholars will be showcased and celebrated at our end-of-year celebration, "OLLI at ASU Night of Excellence," on Wednesday, April 12.



Introducing 129 & 130 | All That Jazz & Spring Has Sprung

A new 2-part series in partnership with the Salt River Brass Band **exclusively for OLLI at ASU members**

Join directors of Salt River Brass Band, Julie Desbordes (music director of the Philharmonia Orchestra at Arizona State University) and Stephen Meyer (director of band at Northern Arizona University) for interactive, in-depth classes on conducting, jazz, and the brass band tradition. The cost of a class includes a **discounted ticket** to **either** of the upcoming Salt River Brass Band concerts.

128 | An Introduction to Conducting

Instructor: Julie Desbordes **Cost \$35**

1 session: Tuesday, Feb. 21

10:30 a.m. – noon | Tempe Connections (Public Library)

Join Julie Desbordes, music director of the Philharmonia Orchestra at Arizona State University and of the Salt River Brass, as she presents an introduction to the practical study of conducting and rehearsal techniques, primarily focused on preparing us to understand what happens on the podium and how to communicate with musicians efficiently. We will learn how to develop body awareness and control of gestures in order to create a gestural vocabulary that effectively communicates musical ideas non-verbally. We will examine complementary skills such as score study, programming, public speaking, and leadership skills. This class includes a ticket to either of Salt River Brass Band's upcoming concerts held at Mesa Arts Center.

129 | An Introduction to Jazz and the Brass Band Tradition

Instructor: Stephen Meyer **Cost \$35**

1 session: Monday, Mar. 27

10:30 a.m. – noon | ASU Health Futures Center

Join Stephen Meyer, president of the Board of Directors of the Salt River Brass and director of band at Northern Arizona University, as you explore the world of jazz music and learn about the history of the brass band. Participants will listen to a variety of standard jazz and brass works and even have the opportunity to compose their own piece. This class includes a ticket to either of Salt River Brass Band's upcoming concerts held at Mesa Arts Center.



February Concert: All That Jazz

Sunday, Feb. 26, 2023 | 3:00 p.m.

Mesa Arts Center | 5601 N. 16th St., Phoenix

The Salt River Band transforms the Mesa Arts Center into your very own Jazz club! Feet will be tapping and fingers snapping through the music of Duke Ellington, Glenn Miller, George Gershwin, Chuck Mangione, and more. Featuring ASU's director of jazz, Mike Kocour, on piano, University of Idaho's Dan Bukvich on drums, Chris Ross on bass, and our very own trumpeter Joe Burgstaller (formerly of Canadian Brass).

April Concert: Spring Has Sprung

Sunday, Apr. 2, 2023 | 3:00 p.m.

Mesa Arts Center | 5601 N. 16th St., Phoenix

Join us for our spring celebration! You'll feel like you're picnicking in the park on a beautiful Arizona air-conditioned day listening to our refreshing program. "Candide Overture," "Over the Rainbow," "American in Paris," and the "Firebird" are some of the many classics on this program that includes music of Igor Stravinsky, Leonard Bernstein, and George Gershwin.

Directions to Mesa Arts Center

For parking, please use the Mesa Arts Center's First Avenue lot or the Sirrine Street garage. Additional street parking may be available. For more information, visit the Mesa Arts Center website online.

Closest light rail stop: Center & Main St. directly across from Mesa Arts Center

Closest park & rides: Mesa Dr. & Main St. (East of Mesa Arts Center) and Main St. & Sycamore (West of Mesa Arts Center)

MSC Spring Series 131 | Sonoran Desert 101

A 5-part OLLI at ASU member exclusive series in partnership with the McDowell Sonoran Conservancy

Mondays, Feb. 6, 13, 20, 27 & Mar. 6 | Cost \$70

In this five-session series you will experience an overview of the unique ecology, geology, and human history of the Sonoran Desert — focusing on the interdependent relationship of everything that lives in that place.

Part 1: Presentation – An Introduction to the Sonoran Desert & Its Geology

Instructor: Mike Nolan

Feb. 6, 9:00 – 10:30 a.m. | ASU Health Futures Center

You will discover what makes the Sonoran Desert unique and the way in which geology is a fundamental influence on all that exists in this region. We will explore the amazing story about the world in which the rocks that make up the landscape of the Sonoran Desert were formed. Learn about the massive forces that formed the McDowells and the central Arizona region and how the land we see today changed over geologic time.

Part 2: Field Study – Geology and Ecology of the Sonoran Desert

Instructor: Mike Nolan & Dan Gruber

Feb. 13, 9:00 – 11:00 a.m. | Gateway Trailhead, 18333 N. Thompson Peak Pkwy, Scottsdale 85255

Take a hike of less than two miles over moderate terrain in the McDowell Sonoran Preserve to illustrate a few of the geologic principles introduced in the previous lecture as you view the actual ancient rocks that occur in our desert. As an introduction to ecology, participants will spend time viewing the landscape and talk about some of the general kinds of adaptations that plants and animals have made to live in the desert environment. Bring water and snacks for the trail. No dogs. Please arrive 15 minutes before the start of the walk.



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Part 3: Presentation – Ecology: The Interconnectedness of All That Exists

Instructor: Dan Gruber

Feb. 20, 9:00 – 10:30 a.m. | ASU Health Futures Center

Everything in the desert is connected and always changing. We'll explore how the environment — the mountains, the rocks, the climate, the washes, and more — affects the plants and animals that live here, how living things in turn change the environment, and how climate change and increasing development may impact what we see here.

Part 4: Field Study – Ecology and Human Adaptation to Desert Environment

Instructor: Dan Gruber, Franco Farina & Chris Crum

Feb. 27, 9:00 – 11:00 a.m. | Gateway Trailhead, 18333 N. Thompson Peak Pkwy, Scottsdale 85255

In a hike of less than two miles over moderate terrain, you will have the opportunity to view the plants talked about in the previous presentation and observe the details of the structure that allows them to thrive in the harsh desert environment. We will explore the unique habitats created by animals that allow them to live in the desert and begin discussion of the history of another species that lives in the desert — humans. Bring water and snacks for the trail. No dogs. Please arrive 15 minutes before the start of the walk.

Part 5: Presentation – A History of Human Adaptation to the Sonoran Desert

Instructor: Franco Farina & Chris Crum

Mar. 6, 9:00 – 10:30 a.m. | ASU Health Futures Center

In an overview of the human history of the McDowell region, you will discover how the archaic hunter gatherers, Hohokam, and other early Native cultures used the resources of the area to survive and thrive, and how, in turn, they changed the environment. We will also discuss the impact of the newcomers from Europe, the ranchers, and military that settled in the region. Finally, we will look at the complex relationship between modern civilization and nature and the current conservation movement.



132 | “Giselle” with Ballet Arizona

Join this OLLI at ASU **member exclusive event** with Ballet Arizona to learn how hard work and determination shape the creation of high-quality dance in Arizona. Together we will explore different facets of the creative and artistic processes that happen behind the scenes to create the finished works presented onstage.

PART I: Perseverance – The Essence of Ballet

Wednesday, Feb. 1, 2023

10:30 a.m.

Ballet Arizona Studios | 2835 E. Washington St., Phoenix

Description: Join us for a look behind the seemingly perfect world of a ballet dancer. See the latest evolution of this 400 year old art form and witness the sweat, joy, and frustration of the in-studio rehearsal. Afterward, engage in discussion with our community engagement manager and one of our professional dancers or artists. Please plan to arrive at the studios at 10:15 a.m. to allow ample time for preparations and seating.

PART II: Performance – When Work Becomes Art

Saturday, Feb. 11, 2023

Curtain at 2:00 p.m.

Madison Center for the Arts | 5601 N. 16th St., Phoenix

Reconnect with our dancers a week later and see the fruits of their perseverance and determination when they perform live at Madison Center for the Arts in Phoenix. Watch as Ballet Arizona presents “Giselle.” Post-performance, join us for a chat with one of our artists and a brief backstage tour of the theater. Please plan to arrive at the theatre by 1:30 p.m. to allow ample

BALLET ARIZONA

IB ANDERSEN ARTISTIC DIRECTOR

DEADLINE TO REGISTER: Monday, Jan. 30, 2023

Instructor: Claire Schmaltz

Series Cost: \$75 (Includes Part I and Part II, and OLLI at ASU member's theatre ticket. Tickets are non-exchangeable and are valid for this performance only. No refunds.)

Eligibility: Exclusively for OLLI at ASU members

Capacity: Limited to 50 OLLI at ASU members

Register: Online at lifelonglearning.asu.edu/registration or call OLLI at ASU at 602.543.6440. Register early, as seats fill quickly.

OLLI Trip: 29th Annual Sedona International Film Festival

Register for our **Member Exclusive**, behind-the-scenes film festival experience, led by ASU Faculty Dr. Kevin Sandler

Join Dr. Kevin Sandler, associate professor of film and media studies at ASU for this exclusive OLLI at ASU member experience.

The Sedona International Film Festival is a nine-day event that features premieres of more than 160 independent films from around the world, Q&A discussions with filmmakers, free workshops, seminars, and panel discussions, and much more. The festival features several successful tracks of films running during the festival: the Children/Family Film Series, the Classics Series, the Native American Film Series, the Sedona Green Sustainable Film Series, the World Cinema Showcase, and the "Docs that Make a Difference" Series.



Dates | Thursday, Feb. 23 – Sunday, Feb. 26

Price | \$172.00 per person

The **member event pricing** for Feb. 23 through Feb. 26 includes a stipend paid to Dr. Sandler for his planning, expertise, facilitation, and behind-the-scenes access. OLLI will not receive proceeds from this experience. Price includes:

- A registration fee with OLLI to cover the stipend paid to Dr. Sandler — \$172.00 per person; non-refundable registration fee will be paid at time of registration with OLLI
- Morning breakfast discussion led by Dr. Sandler in private meeting room
- Advanced selection of movies before general public
- Exclusive overview of the festival from the festival team
- Opportunity to meet filmmakers one-on-one at festival headquarters
- **Discounted group pricing** at Hampton Inn Sedona just a few blocks from the Harkins Sedona 6 and the Mary D. Fisher Theatre

Not included in the price are:

- Hotel reservation (\$219/Night Standard 2 Queen Bed Room: total for 3 nights with tax \$748; \$229/Night Standard King: total for 3 nights \$780)
- Group dinner on Thursday evening
- Discounted price of \$12 instead of \$18 per ticket per movie
- Access to one festival party
- Transportation to Sedona

Given that bus service is limited at the festival, attendees should drive or carpool up to Sedona in order to attend films and other festival events.



To **register**, or if you have any questions, please contact OLLI at ASU business operations manager Tracy Grewe at tmgrewe@asu.edu or 602.496.0210.

Belize Immersive Learning Experience with OLLI at ASU



Dates | April 29–May 5, 2023
Length | 7 days/6 nights (+ optional island extension)
Lodging | 3-star hotels

Trip Highlights include:

- Exploring the rich culture & rainforest landscapes of Belize's Cayo District
- Finding purpose through authentic engagement with local cultures
- Connecting with pioneering organizations protecting the environment, promoting education, and providing public health resources to local communities
- Engaging with local children & teachers at a village school
- Learning how to cook the most famous Belizean dishes with a local chef
- Uncovering the beauty of Belize alongside fellow OLLI members & ASU faculty
- Taking an optional post-trip extension to the tropical white sand beaches of the Belize cays



Join OLLI Corps in Spring, a **member exclusive experience led by ASU faculty Dr. Claire McWilliams!**

This impactful 7-day journey across Belize will introduce you to innovative solutions to global problems in health, environment, and education. Promote cross-cultural collaboration and visit projects that are inspired by the work of the Peace Corps alongside ASU faculty and fellow OLLI members. Explore the beautiful landscapes of tropical Belize while engaging in travel as a force for good.



Registration Deadline:
January 31

Email OLLI at ASU Program Coordinator Nate Sawyer at nsawyer5@asu.edu for a detailed itinerary and to reserve your spot!



Special Thanks To Our OLLI Giving Society

We gratefully acknowledge contributions made to OLLI at ASU between July 1, 2021 and June 30, 2022 from the members of the OLLI Giving Society who made annual donations totaling \$500 or more.

Aaron Carreon Ainsa and
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William and Nancy Wolter

OLLI at ASU relies on the generosity of our members to keep the program thriving and affordable. Membership fees and endowment interest are our greatest sources of revenue, but they still don't cover our full operating costs. Making a financial gift is one way to appreciate the impact OLLI has had on your life. Your gift will help ensure the long-term sustainability of the enriching educational and social programming that touches the lives of our more than 1,000 members (and growing!).

Please consider a gift to OLLI at a level that is comfortable for you. Your support matters and is greatly appreciated. You can **Give Today** by making a donation of any amount, joining our OLLI Giving Society, or supporting our program monthly. You can also **Give for Tomorrow** through your will, trust, or retirement account. To learn more about your giving options, please contact Torrie Young at Torrie.Young@asufoundation.org or 928-701-3975.



OLLI at ASU Donation Form

Name _____
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Phone (____) ____-____ Email _____

Please make checks payable to the ASU
FOUNDATION and mail to:

Sarah Thoftne, Development, Watts College 411
N. Central Ave., Suite 750, MC: 3520, Phoenix, AZ
85004-0685

☐ I give permission to publish my name ☐ Please make my donation anonymous ☐ I'd like information about Estate/Planned Giving

Thank you for supporting OLLI at ASU!

All funds will be deposited with the ASU Foundation for A New American University, a nonprofit organization that exists to support Arizona State University (ASU). Gifts in support of ASU are subject to foundation policies and fees. Your gift may be considered a charitable contribution. Please consult your tax advisor regarding the deductibility of charitable contributions. 70003708 CMCM94617

Donate online at: ASUFoundation.org/osher

Spring Classes by Location

Classes listed in chronological order

ASU West Campus

- 002 | Through Women's Eyes: 20th-Century U.S. History
- 008 | Taking the Mystery Out of Vestibular Testing
- 011 | Beginning Watercolor: The Fundamentals of Watercolor
- 047 | History of the French Language
- 050 | Monet's Flowers
- 053 | How Effective Are Our Current Sex Offender Laws?
- 054 | OLLI Connect: West Campus
- 056 | The French Revolution & Its Aftermath
- 060 | Great Discoveries II
- 062 | George Washington
- 065 | How Antisemitism Fuels Extremism & Conspiracy Theories
- 067 | Beginning Conversational Spanish
- 069 | Abraham Lincoln (Hybrid)
- 074 | Catching the Midnight Express: Adventures of a Travel Writer
- 078 | Tai Chi for Health & Wellness
- 084 | Intermediate Conversational Spanish
- 094 | Women on the Frontlines of Revolt, Revolution & War
- 099 | Literary Travel Writing Approaches
- 102 | Babe Ruth (Hybrid)
- 106 | Lotus Lantern Craft Workshop With KSCPP (also HFC)
- 116 | Damn the Constitution, Full Speed Ahead

ASU Downtown Campus

- 007 | Magic of Mindfulness
- 013 | Urban Development & Niche Tourism
- 016 | OLLI Connect: Downtown
- 022 | Creativity, Innovative Leadership & the Aging Brain
- 024 | A Very Short Introduction to Quantum Physics
- 031 | Bridge Basics II
- 132 | Ballet Arizona: "Giselle"
- 039 | The 14th Amendment: Defining a New Nation
- 058 | How Will Water Shape Arizona's Future?
- 072 | "The Wizard of Oz" & the 1896 Presidential Election
- 125 | Desert Potpourri
- 076 | Rembrandt & Vermeer
- 081 | The Bronco Apache & Apache Arts & Culture
- 133 | Writing for Health & Well-Being
- 105 | South Phoenix: An Origin Story
- 134 | A Celebration of Poets Laureate for National Poetry Month

Tempe Connections

- 003 | Soundtrack of the Vietnam War
- 020 | French & Italian Fashion: History & Current Trends
- 023 | OLLI Connect: Tempe Connections
- 027 | History of Arizona Highways Magazine
- 032 | The Appalachian Trail
- 033 | The Best American Short Stories 2022
- 043 | For the Love of Birds: Beginning Birding 101
- 044 | Internet Video Streaming & Learning Anywhere
- 048 | Chemistry (etc.) of You, Part II
- 059 | The Basics of New Age Technology
- 129 | An Introduction to Conducting
- 063 | American Film Censorship in Action
- 070 | Galileo Galilei: Concise Observer
- 071 | When Empires Fall
- 077 | A Peek & Primer on Asian Religions
- 082 | Is China Creating a New World Order?
- 087 | A Geological Narrative of Arizona & the Southwest
- 097 | Intro to the History of the African Continent
- 098 | British Cathedrals & Churches for Travelers
- 104 | Environmental Ethics in the Anthropocene
- 109 | The Ju/'hoansi Bushmen of Southern Africa
- 120 | Fire-Inspired: Beethoven's Ninth Symphony
- 122 | Army Life in the American West

Don't miss these FLASH CLASSES with the inaugural Poet Laureate of Phoenix

133 | Writing for Health & Well-Being

Instructor: Dr. Rosemarie Dombrowski & AJ Baumel
2 sessions: Wednesdays, Mar. 15, 22 **Cost \$28**
noon – 1:30 p.m. | ASU Downtown campus

In this class, we'll examine an array of studies that support both the physiological and emotional benefits of reflective or "therapeutic writing," which is being more widely recognized as a "complementary therapy" alongside art and music therapy. We'll also experience the benefits of therapeutic writing through the reading, discussion, and writing of short poems and flash memoir.

134 | A Celebration of Poets

Laureate for National Poetry Month

Instructor: Dr. Rosemarie Dombrowski & AJ Baumel
2 sessions: Wednesdays, Apr. 12, 19 **Cost \$28**
noon – 1:30 p.m. | ASU Downtown campus

In this two-part lecture and discussion series, RD, the Poet Laureate of Phoenix, and AJ, a former student of the current Poet Laureate of the United States, will discuss the history and role of poets laureate in the U.S. They will also introduce students to the diverse work of six iconic U. S. laureates: Robert Pinsky, Billy Collins, Donald Hall, Rita Dove, Joy Harjo, and Ada Limón.

ASU Health Futures Center

004 | Women Artists: Renaissance to Surrealism
 005 | OLLI Connect: ASU Health Futures Center
 006 | Marooned on Aotearoa: Two Years in New Zealand
 009 | Food Superstitions (Hybrid)
 012 | Art in Times of Crisis
 018 | Reasons to Take Hearing Loss Seriously
 021 | Self-Disclosure, Meeting New People & Building Relationships
 025 | Raptor ID
 026 | Pitfalls of Processed Food
 035 | Critical Race Theory
 038 | Frank Lloyd Wright & Murder at Taliesin East
 041 | Tai Chi for Health & Wellness
 046 | Relic Theft
 052 | Sacred Places, Sacred Food (Hybrid)
 055 | Race to the Moon: Tortoise, Hare, NASA & China
 057 | Diving Into Family History & Genealogical Research
 068 | 19th Century Women in the American West
 085 | Expedition Cruising in Alaska
 086 | Tracing Elvis Presley's Jewish Roots
 092 | Arizona "In Full Blast"
 093 | Coping With Stress: Mental & Physical Health
 095 | Vietnam's Forgotten Victims: Civilian Medical Care
 130 | An Introduction to Jazz & the Brass Band Tradition
 096 | The Two Elizabeths: Jewels & Fashion
 100 | Birds of Phoenix: The Desert Dozen
 101 | Dangerous Liaisons: A Love Affair With Venoms
 108 | Food, Music & Memory
 111 | Whales: Biology, Religion & Literature of Cetaceans
 115 | Adding Healthy Foods to Our Diet (Hybrid)
 117 | Women Western Artists in a Man's World
 118 | The Rise of Polarization of America
 119 | British Empire in World War II
 121 | The COVID-19 Test Most of Us Need Now
 123 | Intro to Intellectual Property: 20th Century Examples

Zoom

001 | Nevada – Meet Your “Neighbor”
 009 | Food Superstitions (Hybrid)
 010 | The Economics of Immigration
 014 | Elizabeth I & the Origins of Modern England
 015 | Imperial Faberge: Jeweler to the Tsars
 017 | Supply Chain 101
 019 | Ukraine & Russia III
 028 | Music & the Holocaust
 029 | Living Woods: Art & Crafts in the Russian North
 030 | “Casablanca”
 034 | American Indigenous Religion: Roots, Beliefs, Practices
 036 | Food: Ordinary, Amazing & Surprising
 037 | Hernan Cortes & Early European Colonialism
 040 | Founding Friendship: Thomas Jefferson & John Adams
 042 | Elections of 1796 & 1800
 045 | Jews in Jazz, Blues, Rock & Popular Culture
 049 | Landscape Photography
 051 | American Indigenous Religion II: Conflict & Change
 052 | Sacred Places, Sacred Food (Hybrid)
 061 | Conceptual Art & Music: Is It Really Art?
 064 | “Rebel Without a Cause”
 066 | Memory & History: Remembering the Holocaust II
 069 | Abraham Lincoln (Hybrid)
 073 | A Portrait of the Artists as Young Men
 075 | The Aztecs & the Mayans
 079 | A Primer on Trade & Globalization
 080 | The Power of One in Steven Spielberg Films
 083 | Birds & Bugs of the Desert
 088 | The Old World: Classic Wine Regions of Europe
 091 | The Jewish Women's Poetry Series
 102 | Babe Ruth (Hybrid)
 103 | Never Forget: The Germans & the Holocaust
 107 | The Golden Age of Broadway Musicals: 1950-1969
 110 | The Crown Jewels of Natural America: National Parks
 112 | Chemistry in the Real World III
 113 | Ophelia & the Arts
 114 | Ukraine & Russia IV
 115 | Adding Healthy Foods to Our Diet (Hybrid)
 124 | Lavinia: Interpreting Her “Map of Woe”

PO Box 37100, Phoenix, AZ 85069-7100



CC0096001

Campus Parking

W ASU West campus 4701 West Thunderbird Rd., Glendale 85306

Parking

Due to a "pay-by-plate" parking system at the ASU West campus, all visitors are required to pay for their parking upon arrival in Lot 12, North Zone. OLLI will provide a coupon code to use at the parking kiosk in your reminder email to cover 2 hours of parking. Please do not pull through or back into a parking space. The parking monitors need to be able to see your license plate.

To use the parking system, park your car in any open space in Lot 12, North Zone and walk to a parking kiosk. Press the keypad to activate the screen, enter your license plate number, select "purchase ticket," select the number of hours, select that you have a coupon code, and enter the code provided in your email. The kiosk will provide you a receipt. Please bring to class and give to the coordinator.

F ASU Health Futures Center 6161 East Mayo Blvd., Phoenix 85054

Parking

Due to a "pay-by-plate" parking system at the ASU Health Futures Center, all visitors are required to pay for their parking upon arrival. OLLI will provide a **coupon code** to use at the parking kiosk in your reminder email to cover the cost of parking. To use the parking system, park your car in any open space and walk to a parking kiosk. Press the keypad to activate the screen, enter your license plate number, select "purchase ticket," select **ALL DAY**, select that you have a coupon code, and enter the code provided in your email. The kiosk will provide you a receipt. Please bring it to class and give it to the coordinator.

D ASU Downtown Phoenix campus 502 East Monroe St., Phoenix 85004

Parking

We offer our members **discounted** parking in Heritage Square Garage. A parking validator "chaser ticket" will be given to you upon arrival to class. Please put in your original parking ticket and then follow that by inputting the validator "chaser ticket." Our classroom building is directly across the street from Heritage Square Garage.

Public Transportation

We encourage you to use the Valley Metro light rail or bus. Rail and bus stops are within walking distance of most classrooms. Visit valleymetro.org to plan your ride to campus.

T Tempe Connections at the Tempe Public Library 3500 South Rural Rd., Tempe 85282

Parking

There is free covered parking surrounding the Tempe Public Library.

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